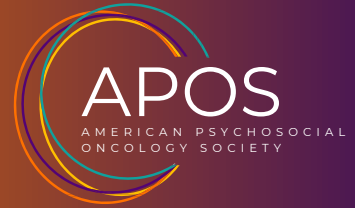


# APOS 2026

23rd Annual Conference

March 18 - 20, 2026 | New Orleans Marriott

New Orleans



Harmony of Healing: Elevating Patient, Family, & Community Voices in Psychosocial Oncology

Dear **[Supervisor]**,

I am requesting your approval to attend the American Psychosocial Oncology Society (APOS) 2026 Annual Conference, which will take place in New Orleans, Louisiana, from March 18–20, 2026. Attending this conference will be an excellent opportunity for me to strengthen my professional network and learn from experts across the country who are advancing psychosocial oncology through research, clinical practice, and innovative models of care.

The APOS Annual Conference is recognized as the premier multidisciplinary meeting dedicated to improving the lives of cancer patients and survivors by integrating evidence-based psychosocial care into oncology practice. For example, past conferences have featured groundbreaking sessions on health equity, integrated models of distress screening, and novel interventions to address caregiver burden. Many organizations have successfully adapted these learnings into their own programs to enhance patient outcomes and streamline care delivery. By attending, I will be able to gather practical strategies and actionable insights that can directly benefit **[your organization]**.

In addition, APOS prioritizes mentorship, early-career development, and interdisciplinary collaboration. This creates a unique environment to build relationships with clinicians, researchers, and program leaders who are passionate about transforming cancer care. Exposure to these perspectives will not only expand my professional growth but also position me to bring fresh, innovative ideas back to our team.

I have assessed the expenses tied to my attendance. The primary costs include the registration fee, travel, and hotel accommodations at the New Orleans Marriott (the host hotel), which I've outlined below:

## Expense Cost

Registration Fee: [INSERT COST]

Travel: [INSERT COST]

Hotel: [INSERT COST]

Additional Expenses: [INSERT COST]

**Approximate Total: [CALCULATE TOTAL COST]**

Thank you for considering this opportunity for me to gain practical insights from subject matter experts and colleagues nationwide. I am confident that my attendance will allow me to share valuable learnings with our team and support ongoing process and quality improvements at [your organization].

Sincerely,

**[Your Name]**



5034 Thoroughbred Lane  
Brentwood, TN 37027



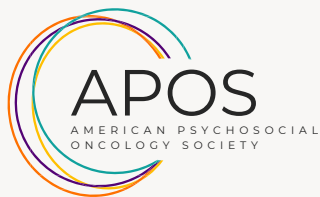
apos-society.org



info@apos-society.org



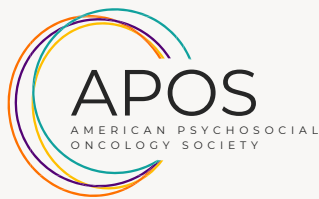
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Tuesday

MARCH 17, 2026

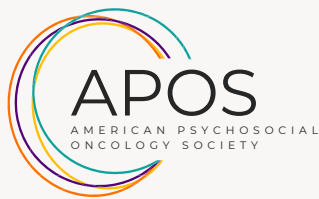
TIME	SESSION	LOCATION
10:00 AM - 6:00 PM	Registration	Mardi Gras Foyer
12:00 PM - 4:00 PM	Pre-Conference Workshop: Your Self-Care Toolbox	Mardi Gras Ballroom, A-D
12:00 PM - 4:00 PM	Pre-Conference Workshop: The Clinical Care and Development of Programs	Mardi Gras Ballroom, F-H
12:00 PM - 4:00 PM	Pre Conference Workshop: Cancer and Cognition	Balcony I-K



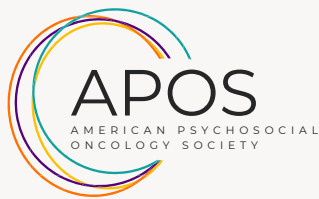
Wednesday

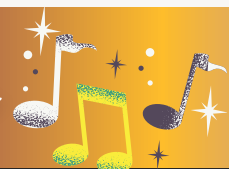
MARCH 18, 2026

TIME	SESSION	LOCATION
7:00 AM - 6:00 PM	Registration	Mardi Gras Foyer
7:00 AM - 7:45 AM	Wellness Walk hosted by Integrative SIG	Outdoors
7:15 AM - 8:00 AM	Exhibits/Coffee/Networking/Buddy Meet Up	Mardi Gras Foyer
8:00 AM - 8:30 AM	Welcome, Opening Remarks, and Awards	Mardi Gras A-D
8:30 AM - 9:00 AM	Jimmie Holland Lifetime Achievement Award	Mardi Gras A-D
9:00 AM - 10:00 AM	Opening Plenary	Mardi Gras A-D
10:15 AM - 11:45 AM	Symposium: Money Matters: Co-Creating Financial Interventions with Patients, Families, Clinicians, and Communities to Increase Reach	Balcony L-N
10:15 AM - 11:45 AM	Symposium: A Career Amidst Death and Dying: Developing Sustainable Practice for Navigating Patient Death in Cancer Care	Mardi Gras F-H
10:15 AM - 11:45 AM	Invited Symposium TBD	Mardi Gras A-D
10:15 AM - 11:45 AM	Podium Session	Balcony I-K
11:45 AM - 1:00 PM	Boxed Lunch/Exhibits/Therapy Dogs	Mardi Gras Foyer
1:00 PM - 2:00 PM	Health Equity Scholars Plenary	Mardi Gras A-D
2:15 PM - 3:45 PM	Symposium: Prevention, Assessment, and Management of Behavioral Emergencies in Oncology	Mardi Gras F-H
2:15 PM - 3:45 PM	Symposium: Acceptance and Commitment Therapy in Early and Late-Stage Cancer Survivors and their Caregivers: Key Study Outcomes and Gender Considerations	Balcony L-N
2:15 PM - 3:45 PM	Invited Symposia: Elevating and Advancing Psychosocial Interventions from Concept to Clinic	Mardi Gras A-D
2:15 PM - 3:45 PM	Podium Session	Balcony I-K
3:45 PM - 5:00 PM	Poster Session & Coffee	Mardi Gras E
6:00 PM - 8:00 PM	Welcome Reception	Riverview



TIME	SESSION	LOCATION
7:00 AM - 6:00 PM	Registration	Mardi Gras Foyer
7:30 AM - 8:30 AM	Coffee & Decompression/Self Compassion Session	TBD
7:30 AM - 8:30 AM	Yoga	TBD
8:30 AM - 9:30 AM	Plenary Session	Mardi Gras A-D
9:45 AM - 11:15 AM	Symposium: Unique Needs of LGBTQ+ AYA Cancer Patients	Balcony L-N
9:45 AM - 11:15 AM	Symposium: Scaling Psycho-Oncology: Collaborative Care in Action	Mardi Gras F-H
9:45 AM - 11:15 AM	Invited Symposium	Mardi Gras A-D
9:45 AM - 11:15 AM	Podium Session	Balcony I-K
11:15 AM - 12:30 PM	Exhibits + Networking Lunch	Mardi Gras Foyer + Mardi Gras E
12:30 PM - 2:00 PM	Symposium: Framing the Scope of a Psycho-Oncology Service: Real World Challenges and Opportunities	Balcony L-N
12:30 PM - 2:00 PM	Symposium: Project Soar: Understanding Survivorship in Black American Women Diagnosed with Breast Cancer	Mardi Gras F-H
12:30 PM - 2:00 PM	Symposium: Caregiving Across the Lifespan: Exploring Unique Developmental Needs and Experiences	Mardi Gras A-D
12:30 PM - 2:00 PM	Podium Session	Balcony I-K
2:05 PM - 3:15 PM	Best of the Best Posters	Mardi Gras A-D
2:05 PM - 3:15 PM	Podium Session	Mardi Gras F-H
2:05 PM - 3:15 PM	Podium Session	Balcony L-N
2:05 PM - 3:15 PM	Symposium: "Mourning Rounds" - Remembrance as a Self-Care Strategy for Teams	Balcony I-K
3:30 PM - 5:00 PM	Symposium: A Life Interrupted Again	Balcony L-N
3:30 PM - 5:00 PM	Symposium: Adapting Interventions and Training in the Diverse Real World of Psycho-Oncology: Lessons Learned and Future Directions	Mardi Gras F-H
3:30 PM - 5:00 PM	Invited Symposium TBD	Mardi Gras A-D
3:30 PM - 5:00 PM	Podium Session	Balcony I-K
5:00 PM - 5:45 PM	SIG Meetings	TBD
5:45 PM - 6:30 PM	<b>Invitation Only:</b> Mentor-Mentee + Health Equity Scholars + First Time Attendees + Board Members + Fellows Reception	Pool Deck
6:30 PM - 7:30 PM	Dine Arounds	Around the city



Friday   
MARCH 20, 2026

TIME	SESSION	LOCATION
7:15 AM - 8:00 AM	SIG Meetings	TBD
7:30 AM - 8:30 AM	Coffee + Networking + Buddy Meet Up	Mardi Gras Foyer
8:30 AM - 10:00 AM	Symposium: Development of Single-Session and Brief Interventions to Expand Access to Psychosocial Oncology	Balcony L-N
8:30 AM - 10:00 AM	Symposium: Beyond the Diagnosis: Long-Term Mental Health Trajectories and Social Determinants among Cancer Survivors across the Lifespan	Mardi Gras F-H
8:30 AM - 10:00 AM	Symposium: Psychological Safety as a Program Development Foundation — A Means to Impactful Results	Mardi Gras A-D
8:30 AM - 10:00 AM	Podium Session	Balcony I-K
10:15 AM - 11:45 AM	Symposium: Restoring Harmony - Navigating Ethical, Legal, and Practical Considerations of Treating Cancer Over a Patient's Objection Across the Lifespan	Mardi Gras F-H
10:15 AM - 11:45 AM	Symposium: Turning Data into Impact: Advanced Strategies for Research Dissemination	Balcony L-N
10:15 AM - 11:45 AM	Invited Symposium: Considerations and Innovations in Aging-Friendly Cancer Care: Updates from the APOS Cancer and Aging SIG	Mardi Gras A-D
10:15 AM - 11:45 AM	Podium Session	Balcony I-K
12:00 PM - 1:00 PM	The Human Crisis of Cancer Closing (Call to Action) + Lunch	Mardi Gras A-D
1:00 PM - 1:15 PM	Closing Remarks	Mardi Gras A-D