



Post-Doctoral Fellowship: Clinical Health Psychology

Department of Psychiatry

Ochsner Health, Northshore

Table of Contents

General Information and Setting	3
Post-Doctoral Fellowship Program	4
Fellowship Training Areas	5
Supervision, Didactics & Professional Development	6
Term, Salary & Benefits	7
Application & Eligibility	8
Employee Expectations and Conduct	9

General Information and Setting

Ochsner Health is Louisiana's largest non-profit, academic, multi-specialty, healthcare delivery system with 30 owned, managed and affiliated hospitals and 60+ healthcare centers. Ochsner employs over 26,000 employees, with more than 1,100 physicians in over 90 medical specialties and subspecialties and performs over 600 clinical research studies.

Training for this fellowship will take place within the medical facilities at Ochsner Northshore in St. Tammany Parish. The primary training sites for this fellowship are Ochsner Health Center, 1000 Ochsner Blvd, Covington, LA 70433 and St. Tammany Cancer Center – A Campus of Ochsner Medical Center, 900 Ochsner Blvd, Covington, LA 70433.

Post-Doctoral Fellowship Program

The Department of psychiatry is offering a Psychology Post-Doctoral Fellowship Program in Adult Clinical Health Psychology. This Post-Doctoral Fellowship Program emphasizes advanced evidence-based education and clinical training to prepare psychology fellows to work independently in their own specialty area(s). The program offers specialized training structured in two specialized fields of practice: (1) Primary Care Behavioral Health Integration and (2) Psychosocial Oncology. With two specialty training areas, fellows will have opportunity to engage in two unique training experiences within the field of clinical health psychology. During the training year, fellows will spend 50% of their time dedicated to PCBHI and 50% of their time dedicated to Psychosocial Oncology.

The mission of the Clinical Health Psychology fellowship program is to provide diverse clinical experiences to develop advanced competencies in the specialty areas of primary care behavioral health integration and psychosocial oncology and to help trainees explore and refine their own independent professional identity in preparation for the autonomous practice of psychology. Our program provides a firm foundation for emerging psychologists pursuing careers in academic medical centers, hospital settings, and multidisciplinary treatment teams. We seek to develop fellows with advanced competencies in clinical health psychology, including diagnosis and assessment, psychotherapeutic intervention, professional consultation, scholarly inquiry/integration of science and practice, individual and cultural diversity, supervision, and ethics/professionalism.

The caseload of fellows is informed by their educational needs and training goals. Ochsner Health uses a relative value unit (RVU) system for tracking provider productivity. This also provides a guideline for the number of direct patient care hours that will be expected. For fellows, the goal will be a minimum of 20-25 hours per week of direct patient care. The clinical supervisor will work with each fellow on developing a weekly schedule template that allows for accomplishment of this goal, taking into consideration the types of services each fellow will be providing and the value to which those services equate in terms of RVUs.

The Post-Doctoral Fellowship Program in Clinical Health Psychology is designed to fulfill the requirements for licensure as a psychologist by the Louisiana State Board of Examiners of Psychologists (LSBEP) and may also fulfill the requirements needed for licensure in other jurisdictions.

Post-Doctoral Fellowship Program positions will be 12-months, anticipated from September 2021 to September 2022. Each position will provide supervision for approximately 2,000 hours of clinical work.

Fellow Specialty Training Areas

Primary Care Behavioral Health Integration

For this major training area, supervision may be provided by Teresa M. Christian, Psy.D.

Primary Care Behavioral Health Integration providers at Ochsner Health, Northshore are embedded into primary care and work as consulting members of the primary care team. Fellows are provided training in evidence-based practices and education regarding primary care behavioral health integration. Services are provided to patients referred by Ochsner primary care providers generally for short-term, solution-focused behavioral health treatment. Common referrals included but are not limited to adjustment and/or coping with medical conditions, chronic illness management, sleep management, pain management, adherence to medical regimens as well as anxiety and depression

Psychosocial Oncology

For this major training area, supervision may be provided by Nicholas Tworek, Psy.D.

Psychosocial Oncology at St. Tammany Cancer Center serves patients and their caregivers throughout cancer treatment. Our services are provided to adults/older adults throughout the continuum of cancer care, including diagnosis, treatment, survivorship, and palliative care/hospice. Fellows are provided with evidence-based training to aid in the management of difficulties frequently associated with cancer care. Common presenting problems include adjustment to illness, treatment anxiety and sleep disturbance, grief, adaptation to survivorship, chronic illness management, and end of life care. Services for more general psychiatric conditions or pre-existing mental health needs, such as anxiety and depression, are provided as well.

Supervision, Didactics, and Professional Development

Supervision

Fellows are supervised by multiple faculty members throughout the fellowship year. Both clinical and professional development supervision occur during individual meetings with the identified supervisor(s) on a regular basis, the equivalent of no less than 2 hours of individual supervision per week. At times, group supervision may supplement individual supervision. Some training experiences also involve in the moment supervision during sessions with patients. All faculty involved in the training program have medical staff appointments at Ochsner Health System and are dedicated to fostering growth into a licensed psychologist with a unique professional identity.

Didactics

Didactics and other learning experiences aimed to compliment direct clinical training are included in the fellowship. Some are mandatory, while other learning opportunities are strongly encouraged. Required didactics for fellows include a monthly seminar covering post-doctoral and professional practice, multicultural and diversity issues, and advanced ethics and monthly seminar covering clinical skills relevant to clinical health psychology. An additional required training is Psychiatry Grand Rounds (on the first Thursday of the month).

Fellows can expect to participate in additional program-specific didactics, meetings, or multidisciplinary rounds. Some examples include: Psychiatry Staff Meeting, General Tumor Board, Breast Cancer Tumor Board, and Cancer Committee.

Professional Development

Ochsner Health System also hosts conferences and training opportunities of interest to psychologists working in integrated care settings, and attendance at such events can be organized in conjunction with the fellow's clinical supervisor. A benefit of the fellowship position is a \$1,500.00 stipend and 10 paid days to be used to attend conferences, workshops, and/or other trainings in order to advance professional knowledge and skills. Decisions about when and how to use these funds and time can be made in conjunction with clinical and professional development supervisors.

Term, Salary, and Benefits

The Clinical Health Psychology Post-Doctoral Fellowship Program positions will be 12-months, anticipated from September 2021 to September 2022. Each position will provide 2,000 hours of work.

The salary for the fellowship program is \$50,000.00 for the 12-month term, paid bi-weekly. Included in the position are eight paid holidays (New Year's Day, Martin Luther King Jr. Day, Mardi Gras, Good Friday, Independence Day, Labor Day, Thanksgiving, Christmas Day); 160 hours of paid vacation that can be used in four- or eight-hour increments; and 10 days of paid leave for continuing education activities. Additional benefits include optional medical insurance, dental insurance, and vision insurance; employer paid life and AD&D insurance; employer paid long- and short-term disability insurance benefits; business travel insurance; paid vacation; paid leave for continuing education; and a \$1,500.00 stipend to reimburse continuing education expenses for hotel, travel, registration fees, and meals.

Fellows are also provided with an office and/or workspace (may be shared), assessment and/or treatment spaces (may be shared), an individual computer and iPad and access to printer, scanner, fax machine, and secure document shredding. Each computer is connected to the Ochsner system, with access to electronic medical records and access to the University of Queensland Medical Library with its vast catalog of electronic journals and Pub-Med. Fellows benefit from the administrative support provided by the section's administrative assistants, medical assistant support, and business manager, as well as the hospital's information services, scheduling, admissions, and billing/coding department personnel.

Eligibility and Application

In order to be considered for a position with the Post-Doctoral Fellowship in Clinical Health Psychology Program at Ochsner Health, the following conditions must be met or achieved by the start of the fellowship:

- Completion of all doctoral requirements, so that at the time the fellow's degree is conferred, all necessary licensure conditions are met, as outlined in the Louisiana Administrative Code, title 46, part LXIII.
- Eligible for provisional licensure from the Louisiana State Board of Examiners of Psychologists (LSBEP); application for provisional license must be completed by the fellow immediately after receipt of their doctoral degree and it will be the responsibility of the fellow to follow-up with LSBEP regularly to check on the status of their provisional license to ensure its timely completion. See <http://www.lsbep.org/wp-content/uploads/Prov-Flow-Chart-Updated-5-4-17-1.pdf>, <http://www.lsbep.org/wp-content/uploads/STEPS-TOWARD-LICENSURE-PROVISIONAL-3-2018.pdf>, and <http://www.lsbep.org/forms/>. Fees associated with provisional licensure and EPPP will be the responsibility of the fellow.
- Submission of a completed application to include:
 - o A current CV
 - o A completed and signed Request for Information (RFI) form
 - o Three (3) letters of recommendation, with at least one (1) letter coming from someone who is familiar with the applicant's clinical work during internship and at least one (1) letter coming from someone affiliated with the applicant's doctoral training program.
 - Applicants should email all application materials to Barbara Brown: barbara.brown@ochsner.org
- Participate in interviews with select program and administrative staff
- Meet the definition for Psychology-Associate Staff, Category I, as outlined by the Credentialing Verification Office (CVO) at Ochsner Health, who will be responsible for verifying your credentials after the position has been accepted but before the fellow can begin work. Category I refers to, "Psychologists with these privileges have had formal training experience, and ability in their stated field of Clinical Psychology but have not yet fulfilled every requirement for state licensure by the Louisiana State Board of Examiners of Psychologists. They function under direct supervision of a licensed staff psychologist."
- Attend department orientation, institution orientation, and Epic training
- A reliable personal cell phone to be used as needed to communicate with supervisors and scheduling staff during working hours

Employee Expectations and Conduct

Clinical Health Psychology Post-Doctoral Fellow will be considered a full-time Ochsner employee. We are committed to facilitating a healthy and safe educational experience through the lens of Ochsner core values. As outlined in the employee handbook, Ochsner employees are expected to follow Ochsner policy and procedures as well as meet workplace safety and quality guidelines as well as behavioral and professional standards. Violation of an Ochsner Policy or failure to meet these, expectations, guidelines or standards may result in progressive discipline up to and including termination.