

Francis (Frank) Keefe – APOS Webinar Bio  
Novel Behavioral Interventions in Palliative Care

Dr. Keefe is a Professor in the Department of Psychiatry and Behavioral Sciences, Professor in Anesthesiology, and Professor of Medicine. Dr. Keefe is Director of the Duke Pain Prevention and Treatment Research Program, an active NIH funded clinical research program concerned with the behavioral assessment and treatment of patients having acute and persistent pain. Dr. Keefe played a key role in the development of clinical pain services and pain research programs at Duke Medical Center. For 20 years he directed the Pain Management Program and was a leader in the development of Duke Medical Center's multidisciplinary pain programs (both out-patient and in-patient.) Dr. Keefe has developed and refined a number of treatment protocols for persistent pain conditions (e.g. cancer) including spouse and partner-assisted pain coping skills training interventions. He has conducted a number of randomized clinical trials testing the efficacy of these and other behavioral interventions (e.g. aerobic exercise protocols, yoga based interventions, mindfulness-based interventions, forgiveness-based interventions, loving kindness meditation, and emotional disclosure). Dr. Keefe has published over 400 papers on topics ranging from pain during mammography to the assessment and treatment of cancer pain at end of life. Dr. Keefe has a longstanding interest in mentoring students and early career professionals and serves as Director of the PCRC Clinical Trials Intensives.