



# APOS

american psychosocial oncology society

16<sup>th</sup> Annual Conference

*February 28 – March 2, 2019*

Sheraton Atlanta Hotel



WE'RE ALL IN THIS TOGETHER: BRINGING TOGETHER DIVERSE PERSPECTIVES,  
PROFESSIONALS, AND PROGRAMS

# IMPORTANT *Information*



**Badges:** Your name badge admits you to attend Conference activities for which you are registered. ***You must wear your name badge at all times while you are in the conference area,*** to identify yourself as an APOS attendee.



**The APOS Registration Desk** is located at the **Georgia Foyer**. The Registration Desk is open during these hours:

- Wednesday, February 27, 2019: 8:00 AM – 5:00 PM
- Thursday, February 28, 2019: 7:00 AM – 6:00 PM
- Friday, March 1, 2019: 7:00 AM – 5:00 PM
- Saturday, March 2, 2019: 7:30 AM – 1:00 PM



**The APOS Speaker Ready Room** is open on the below dates and times for presenters to upload slides. The meeting organizers ask that all speakers upload their slides 4 hours prior to their scheduled presentation time. The Speaker Ready Room is in the **Georgia 1**.

- Wednesday, February 27, 2019: 12:00 PM – 5:00 PM
- Thursday, February 28, 2019: 7:00 AM – 5:00 PM
- Friday, March 1, 2019: 7:00 AM – 5:00 PM
- Saturday, March 2, 2019: 7:30 AM – 11:00 AM



If you would like to join APOS, you can log onto our website at [www.apos-society.org](http://www.apos-society.org) and register online. You may also contact the APOS office at 615-432-0090 for more information.

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# APOS

american psychosocial oncology society

*Advancing the science and practice of psychosocial care for people affected by cancer.*

## WE'VE GONE SOCIAL!

Did you know that APOS is more than an annual conference? Although our conference is the most prominent extension of us, the society offers wonderful things all year long! From webinars to relevant articles, we're your go to place for all things psychosocial oncology. APOS is not just a membership-based society, it's a community and one that you're a valuable part of. Stay in the know, be part of the conversation and let's stay connected!



We're on Facebook. Let's be friends!



You tweet. We tweet. Follow along!



Want to REALLY be connected? Link in!



Visit our website often for recent news!



Be sure to tweet about the APOS Conference while you're here!

## #APOS2019





# APOS

american psychosocial oncology society

*Advancing the science and practice of psychosocial oncology.*

## *Save The Date*



# March 11–13, 2020

APOS 17<sup>th</sup> Annual Conference



## **2020 Vision: Defining a New Era of Human-Centered Cancer Care**

Portland Marriott Downtown Waterfront | Portland, Oregon



# THANKS TO OUR SPONSORS!



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**APOS**

*Future Fund*

Advancing our field. Building our legacy. Broadening our reach.

The vision of the American Psychosocial Oncology Society is a nation in which all people affected by cancer have access to quality psychosocial care to optimize health outcomes. We are working to fulfill this vision every day. *We invite you to join us on the journey.*

**[WWW.APOS-SOCIETY.ORG/ABOUT-US/MAKE-A-DONATION](http://WWW.APOS-SOCIETY.ORG/ABOUT-US/MAKE-A-DONATION)**

VIEW OUR



STRATEGIC PLAN



**APOS IS GOING PLACES!**



# The 2<sup>nd</sup> Annual ONE DAY CONFERENCE



## APOS

american psychosocial oncology society

*Advancing the science and practice of psychosocial oncology.*

This one-day conference, taking place at  
New York University, will focus on

“An Extra Layer of Support:  
Psychosocial Oncology’s Role in  
Palliative Care”

*Register Today!*

**Friday, October 4, 2019 | 8:00 AM – 4:30 PM ET**

**[APOSAOSW.SOCIETYCONFERENCE.COM](http://APOSAOSW.SOCIETYCONFERENCE.COM)**



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**BUILT TO BEAT CANCER**



# CONFERENCE SCHEDULE:

## Wednesday, February 27

### Registration

8:00 AM - 5 PM | Georgia Foyer

### Speaker Ready Room

7:30 AM - 5 PM | Georgia 1

### Psychosocial Oncology Institute

9 AM - 12 PM | Georgia 10,11,12

### Workshops

1 - 5 PM

- *Acceptance & Commitment Therapy* | Georgia 10,11,12
- *What's Sex Got to Do With It? Assessing and Addressing Sex, Gender and Relationships in Psychosocial Oncology* | Georgia 2,3
- *Problem-Solving Therapy & Behavioral Activation* | Georgia 7,8,9



## Thursday Schedule

### Registration

7:00 AM - 6 PM | Georgia Foyer

### Speaker Ready Room

7 AM - 5 PM | Georgia 1

### APOS Development and Strategic Partnerships Committee Meeting

7 AM - 8:30 AM | Georgia 4,5

### APOS Research Committee Meeting

7 AM - 8:30 AM | Capitol South/Center

### SIG Meeting: Bereavement

7 AM - 8:30 AM | Georgia 2,3

### SIG Meeting: eHealth

*Please join us for the eHealth SIG meeting. We invite brief informal presentations of your work in eHealth and connected health initiatives. We will be discussing future SIG initiatives.*

7 AM - 8:30 AM | Georgia 7,8,9

### Morning Coffee

8:00 - 8:30 AM | Georgia Foyer

## **Presidential Welcome**

8:30 AM - 9 AM | Capitol South/Center

## **Opening Plenary: Richard Wender, MD**

9 AM - 10 AM | Capitol South/Center

## **Thursday Morning Symposia/Podium Session**

10:15 AM - 11:45 AM

- *Microaggressions and Unconscious Bias: Impact on patients and Clinicians in Oncology* | Capitol South/Center
- *Financial Toxicity in Pediatric Cancer: Prevalence, Risk-Factors, and Consequences* | Georgia 10,11,12
- *Caring for Cancer Survivors and Their Informal Caregivers: Studies from the Arizona SHINE Group* | Georgia 7,8,9
- *Podium Session: Symptom Management & Reporting* | Georgia 2,3

## **Lunch on Your Own**

11:45 AM - 1 PM

## **APOS Membership Committee Meeting**

11:45 AM - 1 PM | Georgia 4,5

## **SIG Meeting: Cancer Caregivers**

*This is the annual in-person meeting of the Caregivers SIG. The goal of this meeting is to increase networking opportunities for Caregiver SIG members and to update key resources for psychosocial oncology providers who serve caregivers of cancer patients.*

12:00 PM - 1 PM | Georgia 10,11,12

## **SIG Meeting: Integrative Health**

12:00 PM - 1 PM | Georgia 2,3

## **Awards Ceremony & Holland Award Winner Presentation**

1 PM - 2 PM | Capitol South/Center

## **Best of the Best Oral Presentations**

2PM - 3PM | Capitol South/Center

- *Caregivers' Fear of Cancer Recurrence Promotes Their Cancer Screening Behaviors*
- *Breaking Down Virtual and Physical Walls: Multi-Site Interdisciplinary Collaboration to Enhance the Care of Adolescents and Young Adults with Cancer*
- *Benefit Finding in Cancer Gets Under the Skin: Effects of Benefit Finding on Circulatory Bio-Markers in Colorectal Cancer Patients*
- *A Qualitative Exploration of Career Decision-Making and Career Trajectories for Psychosocial Oncology Professionals*
- *Evaluating Think Well: An Evidence-Based Program Addressing Cognitive Changes in Alabama Breast Cancer Survivors*
- *Brining Psychiatry and Oncology Together: A Multidisciplinary Case Conference for Teaching Residents*
- *Communication Between Palliative Care Clinicians and Patients with Metastatic Cancer About End-Of-Life Care Transitions: A Qualitative Study of Real-Time Clinical Visits*
- *Creation of an AYA Social Group Within an Academic Medical Center: Lessons Learned and Obstacles to Overcome*



## **Networking Poster Session I and Exhibits**

*Light snacks will be served in the Georgia Foyer.*

3 PM - 4 PM | Capitol North

## **Thursday Afternoon Symposia/Podium Sessions**

4 PM - 5:30 PM

- *Bullying, Burnout, and Boundaries: Navigating the Ethical Challenges of Interdisciplinary Teamwork* | Georgia 10,11,12
- *The Prevalence and Management of Cognitive Effects of Cancer and Cancer Therapy* | Georgia 7,8,9
- *Implications of Immunotherapy for the Psychosocial Care of People with Cancer: A Joint ASCO-APOS Symposium* | Capitol South/Center
- *Podium Session: Spotlight on Survivors* | Georgia 2,3

## **“Scary Lucy” Short Film Screening**

5:30 PM - 6 PM | Capitol South/Center

## **Opening Reception**

6 PM – 7:30 PM | Garden Courtyard (*Hotel Pool Area*)

# *Friday, March 1*

## **Registration**

7:00 AM - 5 PM | Georgia Foyer

## **Speaker Ready Room**

7:00 AM - 5 PM | Georgia 1

## **APOS Annual Business Meeting of Members**

7:30 AM – 8:30 AM | Capitol South/Center

## **Plenary Session: Anna Maria Napoles**

8:30 AM - 9:30 AM | Capitol South/Center

## **Friday Morning Symposia/Podium Session**

9:45 AM - 11:15 AM

- *From Point of Care to Point of Need: Technology Advances in Psycho-Oncology Research and Care Delivery* | Capitol South/Center
- *Aspire to Inspire: Quality Mentorship Across the Professional Lifespan* | Georgia 10,11,12
- *Psychosocial Support in Hemo/Onc Fellows Training Programs: Models of Integration* | Georgia 7,8,9
- *Podium Session: Perspectives on Prevention & Education* | Georgia 2,3

## **Meet the Funders with Paul Jacobsen, PhD**

*This session will provide attendees with information about current funding opportunities at NCI and other funding organizations related to psychosocial oncology research.*

11:30 AM – 12:30 PM | Georgia 7,8,9

## **Noon Time Knowledge**

*Join us for round-table discussions. You can sign up for a round table at the bulletin board located in the Georgia Foyer.*

11:30 AM – 12:30 PM | Georgia 4,5

## **HealthWell Presentation: Copayment Assistance-Addressing an Unmet Need for Patients with a Cancer-Related Behavioral Health Diagnosis**

11:30 AM – 12:30 PM | Georgia 10,11,12

### **Friday Afternoon Symposia/Podium Session**

12:45 PM - 2:15 PM

- *Clinical Case Studies Centered Around Grief* | Capitol South/Center
- *Building a Collaborative to Advance Equity in Cancer Care for People with Mental Illness: Integrating Diverse Perspectives* | Georgia 10,11,12
- *Improving Integration of Psychosocial Care Into Routine Cancer Care: The Untapped Potential of Implementation Science* | Georgia 7,8,9
- *Podium Session: Multi-Disciplinary Perspectives on Training and Professional Development Needs* | Georgia 2,3

### **Networking Poster Session II and Exhibits**

*Light hors d'oeuvres will be served in the Georgia Foyer.*

2:15 PM – 3:15 PM | Capitol North

### **Friday Evening Symposia/Podium Session**

3:15 PM – 4:45 PM

- *Strategies and Challenges in Managing Patients with Serious Illness and Substance Use Disorder* | Georgia 7,8,9
- *Pediatric Psychosocial Standards of Care: A Review and Discussion of In-Progress Research Projects on Implementation of the Standards* | Georgia 10,11,12
- *Psychosocial Oncology Issues for Sexual and Gender Minority Cancer Patients* | Capitol South/Center
- *Podium Session: Supporting Unique Patient Populations* | Georgia 2,3

### **APOS Professional Education Committee Meeting**

*Interested in Joining the Professional Education Committee? Join us today for an introductory meeting!*

4:45 AM – 5:45 PM | Please reference invitation for location.

### **SIG Meeting: Pediatric**

*Greetings to APOS Pediatric SIG members! We are a growing group of interdisciplinary professionals committed to advancing the practice and science of psychosocial care for children living with cancer and their family members. This SIG aims to promote:* • Awareness of pediatric oncology clinical and research resources • International networking and collaboration • Best practices for incorporating psychosocial care into practice in clinics, hospital-based programs and private practice. *We will be thrilled to have you in our Pediatric Special Interest Group!*

4:50 AM – 5:50 PM | Georgia 10,11,12

### **SIG Meeting: Health Equity and Cultural Diversity**

*Come join us as we determine goals and activities for the health equity special interest group! For anyone concerned about health equity, you are invited to grab a boxed lunch and join us for a working meeting. Looking forward to seeing you and to hearing your ideas!*

4:45 AM – 5:45 PM | Georgia 7,8,9

### **SIG Meeting: Psychiatric Oncology**

4:45 AM – 5:45 PM | Capital South/Center

## **Fellows Reception**

*This is an invitation only event.*

6 PM - 7:30 PM | Georgia 4

# *Saturday, March 2*

## **Registration**

7:30 AM - 1 PM | Georgia Foyer

## **Morning Coffee**

8 AM – 8:30 AM | Georgia Foyer

## **Speaker Ready Room**

7:30 AM - 10 AM | Georgia 1

## **Saturday Morning Symposia**

8:30 AM - 10 AM

- *Clinical Case Studies in Sexuality* | Capitol South/Center
- *Adherence in Cancer Care: Phases of Intervention, Development and Testing* | Georgia 7,8,9
- *Innovative Translational Research Approaches to Enhance Cancer Caregivers' Health* | Georgia 10,11,12
- *Podium Session: Loneliness, Irritability, and Hope: Psychosocial Consequences of Cancer* | Georgia 2,3

## **Saturday Mid-Morning Symposia/Podium Session**

10:30 AM - 12 PM

- *The Diagnosis and Care of Substance use Disorders in Cancer Patients* | Capitol South/Center
- *Developing and Refining Conceptual Frameworks for Patient-Centered, Health-Related Quality of Life Domains Among Adolescents and Young Adults With Cancer* | Georgia 7,8,9
- *Multi-Disciplinary Head and Neck Cancer Care—Truly a Full Contact Team Sport* | Georgia 10,11,12
- *Podium Session: Updates on Distress Screening and Distress Management* | Georgia 2,3

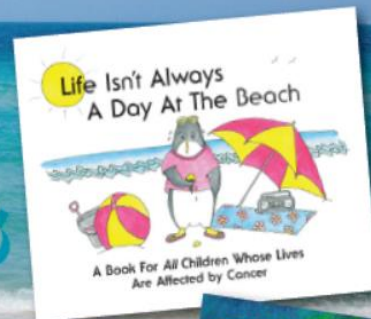
## **Closing Plenary: Barbara Jones**

*Reimagining Life With Cancer: Leading With Capability Comfort and Calm*

12:15 PM – 1:15 PM | Capitol South/Center



# A Cancer Diagnosis Impacts Children & Teens



**Whether they, their sibling, parent or grandparent has cancer, These Books Can Help.**



- Our resources are user-friendly and therapeutic in nature using techniques that facilitate communication and understanding within a family system.
- The books are uniquely designed to be used by all children and teens affected by a cancer diagnosis: Pediatric/AYA patients and their siblings, and any youth whose parent has cancer.
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american psychosocial oncology society

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# Learning Objectives

## **“We’re All in This Together: Bringing Together Diverse Perspectives, Professionals, and Programs”**

In this annual meeting, APOS aims to increase adoption and reach of the standard of psychosocial care in oncology through the following objectives:

- 1. Translate scientific findings into quality whole-patient psychosocial cancer care models via collaboration among researchers, practitioners, and advocacy groups, with special attention to evidence-informed practice related to race, ethnicity, religion, culture, language, disability, socioeconomic status, sexual orientation, gender identity and/or expression.**
- 2. Describe evidence-based interdisciplinary models of cancer care to improve access to quality psychosocial oncology services for all patients and caregivers. Special attention will be given to programs that integrate research and clinical perspectives from a variety of professional and programmatic perspectives throughout the lifespan.**
- 3. Demonstrate how psychosocial oncology professionals can best be included in quality cancer care programs throughout their professional trajectory from student through advanced professional and how professionals can find meaning and sustainability in their careers.**
- 4. Integrate clinical case material from diverse and interdisciplinary perspectives to highlight “best practices” for providing integrated cancer care.**



# Continuing education

**Meeting Evaluation:** All meeting attendees are urged to complete an evaluation of the meeting. Attendees who are requesting CE credit for the meeting are required to complete the evaluation. This form is available online only. You may complete the evaluation on-line at <http://www.apos-society.org>, the evaluation will be available following the close of Saturday's sessions. All evaluations must be completed by April 3, 2019.

**Continuing Education and Disclosures:** Attendees will be eligible to receive the credit hours listed below for attending the 16<sup>th</sup> APOS Annual Conference, February 27-March 2, 2019. To obtain CE credits for the conference, you must complete the post-conference meeting evaluation. All disclosures are available at the APOS Registration Desk and online at [www.apos-society.org](http://www.apos-society.org).

There will be a \$50.00 charge for registrants to obtain CE credits. CE instructions will be available at the meeting registration desk and on the APOS website ([www.apos-society.org](http://www.apos-society.org)). Upon completion of the post-conference evaluation, your CE certificate will be emailed to your email on file with APOS. If you need to receive APA or ASWB credits, you will also have to complete the Education Hours before receiving your certificate.

## Satisfactory completion

Participants must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. Once you have completed the online evaluation, you can print your certificate and one is emailed to you. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

## Physicians and Nurses

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and the American Psychosocial Oncology Society (APOS). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 18.50 *AMA PRA Category 1 Credits™* for physicians and 18.50 contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

## Social Workers

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive 18.50 clinical continuing education credits.

## Psychologists

This course is co-sponsored by Amedco and APOS. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 18.50 hours.





# APOS BOARD OF DIRECTORS



**President**  
**February 2018- February 2019**  
*Teresa Deshields, PhD*



**President-Elect**  
**February 2018- February 2019**  
*Victoria Kennedy, LCSW*  
Cullari Communications Global



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Moffitt Cancer Center



**Secretary**  
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**Director of Membership**  
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University of Alabama at Birmingham



**Invited Director, Annual Conference Chair**  
**February 2018 - February 2019**  
*Nicole Taylor, PhD*  
University of Denver



**Invited Director, American Cancer Society (ACS) Liaison, February 2018 – February 2019**  
*Rachel Cannady*  
American Cancer Society, Inc.



**Invited Director, Federal Liaison**  
**February 2017 – February 2019**  
*Lori Wiener PhD, DCSW, FAPOS*  
National Cancer Institute



**Invited Director, Association of Oncology Social Work (AOSW) Liaison, February 2017 – February 2019**  
*Tara J. Schapmire, PhD, MSSW, CSW, OSW-C, FNAP*  
University of Louisville



**Director of Development and Strategic Partnerships**  
**June 2018-February 2020**  
*Tammy Schuler, PhD*  
Association for Behavioral and Cognitive Therapies



**Invited Director, John Wiley & Sons Psycho-Oncology Journal Liaison**  
**October 2018-February 2020**  
*William Pirl, MD, MPH*

# Thank You!

## APOS 2019 PROGRAM COMMITTEE

### 2019 Conference Chair

**Nicole Taylor, PhD**

*University of Denver*

### Subcommittee Chairs

**Teresa Deshields, PhD**

**Lora Thompson, PhD**

*H. Lee Moffitt Cancer Center*

**Amanda Kracen, PhD**

*Webster University*

**Katherine Halloway, RN**

*Baptist Health Louisville*

**Yasmin Asvat, PhD**

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**Bryan Miller, LCSW**

*Atlanta Cancer Care affiliated with Northside Hospital*

**Cheryl Krauter, MA**

*Private Practice Psychotherapist, Writer, Speaker*

**Carly Paterson, MPH, PhD, RN**

*Patient-Centered Outcomes Research Institute*

**Tammy Schuler, PhD**

*Association for Behavioral and Cognitive Therapies*

**Hannah Katz, MA**

*University of Kansas Medical Center*

**Hillary Howrey, PhD**

*Helen F. Graham Cancer Center*



## 2019 Holland Distinguished Leadership Award: Annette Stanton, PhD



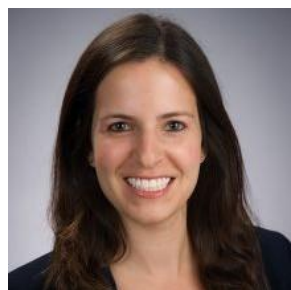
**Annette L. Stanton, Ph.D.**, is Professor of Psychology and Psychiatry/Biobehavioral Sciences at the University of California, Los Angeles, senior research scientist at the UCLA Cousins Center for Psychoneuroimmunology, and a member of the Center for Cancer Prevention and Control Research in the Jonsson Comprehensive Cancer Center. Within the Department of Psychology, she chairs the health psychology area.

Through her research, Dr. Stanton identifies factors that promote or impede psychological and physical health in adults and couples undergoing chronically stressful experiences, with a focus on the experience of cancers of the breast, eye, pancreas, lung, and prostate. She then translates her findings

into action by developing and testing approaches to enhance psychological and physical health over the course of the cancer trajectory. Dr. Stanton has served as President of the Society for Health Psychology of the American Psychological Association. Her research has been recognized by awards from that society, the International Society of Behavioral Medicine, and the Society of Behavioral Medicine's Cancer Special Interest Group.

Professor Stanton also has received a number of awards for undergraduate teaching and graduate mentoring. Current funding for Dr. Stanton's research is provided by the National Cancer Institute, the Breast Cancer Research Foundation, the California Breast Cancer Research Program, the Hirshberg Foundation for Pancreatic Cancer Research, and the American Lung Association.

## 2019 Mattie Miracle Early Investigator Award: Kimberly Canter, PhD



**Kimberly Canter, Ph.D.**, is a researcher and psychologist in the Nemours Center for Healthcare Delivery Science, based in Wilmington, DE. Dr. Canter is a licensed clinical psychologist and also holds an appointment as an Assistant Professor of Pediatrics at Thomas Jefferson University. She received her doctorate in Clinical Child Psychology from the University of Kansas in 2015. Dr. Canter completed a residency in pediatric psychology at the Nemours/Alfred I. duPont Hospital for Children in 2015 and went on to complete a two-year research postdoctoral fellowship in the Nemours Center for Healthcare Delivery Science.

Dr. Canter works to develop and implement evidence-based psychosocial interventions to decrease traumatic medical stress and enhance coping skills for children with chronic illnesses and their families. She has a particular interest in eHealth interventions and has developed an online psychosocial intervention for parents of children with cancer, called eSCCIP (the Electronic Surviving Cancer Competently Intervention Program). Dr. Canter is an author/co-author of more than 15 peer-reviewed scientific articles and serves as a reviewer for a number of journals in her field. She is an active member of several professional organizations, including the American Psychosocial Oncology Society.



***Funded Proposal: Community Implementation of a Psychosocial eHealth Intervention for Parents of Children with Cancer***





## 2019 Outstanding Clinical Care Award: *Karen Fasciano, PsyD*



**Karen Fasciano, PsyD** is a clinical psychologist who has worked in Oncology for over 24 years. She began her clinical care working in pediatric oncology and specifically addressing the educational needs of pediatric patients' post-treatment. She then transitioned to community work for many years as the Associate Program Director of the Boston Wellness Community. Since 2007, Dr. Fasciano has worked in adult medical oncology with a special focus on young adult patients and is the Director of the Young Adult Program at the Dana-Farber /Brigham and Women's Cancer Center.

Dr. Fasciano has created a body of innovative clinical interventions to improve emotional care for young adults coping with cancer including an interactive educational website, conversation aids, educational workshops/videos and the use of technology platforms to enhance clinical care. Involving patients in the process of improving the quality of Psychosocial Care for young adults has been an important initiative for Dr. Fasciano. Most recently, she and her team have been working on a smart phone application to help cope with cancer. Dr. Fasciano consults with other national and international cancer centers around the development of new clinical programs for young adults. In addition, Dr. Fasciano has contributed research publications on young adults coping with cancer.

She has co-chaired the International Psychosocial Oncology Society annual conference and been a member of the board of the American Psychosocial Oncology Society. She is a senior psychologist at Dana-Farber Cancer Institute, Associate Psychologist in the Department of Psychiatry at Brigham and Women's Hospital, as well as, Assistant Professor at Harvard Medical School.

She has also contributed to the development of returning research results to participants who agree to have their child registered on clinical trials through the Children's Oncology Group. Her work has included the development of a website feedback mechanism for families.

## 2019 New Investigator Award: *Betina Yanez, PhD*



**Betina Yanez, PhD**, is an Assistant Professor in the Department of Medical Social Sciences and a member of the Robert H. Lurie Comprehensive Cancer Center at the Northwestern University Feinberg School of Medicine. Broadly, Dr. Yanez's focus is in the area of cancer control and survivorship. Her work bridges behavioral medicine, health equity, and precision medicine to research improvements in the patient-centered and clinical outcomes of individuals diagnosed with cancer.

Her research program is characterized by work focused on three major public health problems facing cancer patients and survivors: (a) adherence to cancer treatments; (b) outcomes among racial/ethnic minority cancer survivors; and (c) reach and scalability of evidence-based interventions for oncology patients that can be delivered via technology platforms. An emerging area of her work involves patient-centered precision oncology. Her ongoing work in this area aims to develop a patient-centered intervention that is feasible, scalable and embedded within a healthcare delivery system for patients receiving individualized cancer treatment based on genomic profiling.



**2019 Outstanding Education and Training Award:**  
***Nancy Cincotta, LCSW, MSW, MPhil, ACSW***



**Nancy Cincotta, LCSW, MSW, MPhil**, is a nationally known expert regarding issues that children living with cancer, siblings, parents, and other family members experience. She is currently the Psychosocial Director at Camp Sunshine at Sebago Lake in Casco, Maine, which serves 750 families annually. Camp Sunshine provides illness-specific retreat programming for the families of children with life-threatening illnesses and families who are bereaved.

She also serves as a Psychosocial Consultant with hospital, academic and non-profit organizations in New York and New Jersey, and works nationally and internationally with several organizations that support individuals with inherited bone marrow failure syndromes, having been instrumental in the creation of a unique model which incorporates psychosocial programming with medical education to support, empower and enable parents and children.

Ms. Cincotta worked at the Mount Sinai Medical Center (New York) in the Department of Social Work within the Department of Pediatrics for over 30 years, both as a clinician and a supervisor. She is on the faculty of the Icahn School of Medicine at Mount Sinai and teaches in the Genetics Counseling Masters Degree program. She serves as a mentor with the Zelda Foster Program at New York University and as a student advisor the Smith College Palliative and End-of-Life Certificate Program, she is an Adjunct at the Columbia University School of Social Work, and serves as a psychosocial consultant at Friends of Karen (New York).

Ms. Cincotta earned a Masters in Science in Social Work and a Masters in Philosophy from the Columbia University School of Social Work. Prior to which she began her career as a Child Life Specialist. Her current research interests include the evolution of hope, the impact of the death of a child on families, and the sibling journey.

Ms. Cincotta has over 45 relevant publications, co-authored *Radiotherapy Days*, and *I'd Rather be Swimming* to help children understand cancer and its treatment and has the honor of having given several hundred presentations nationally and internationally. Ms. Cincotta has been very active in oncology and end-of-life professional networks and is a past president of the Association of Pediatric Oncology Social Workers, receiving received their Lifetime Contribution Award in 2016.

# Welcome

APOS Fellows Class of 2019

## DONALD L. ROSENSTEIN, MD



**Donald L. Rosenstein, MD** is Professor of Psychiatry and Medicine at the University of North Carolina where he is Director of the Comprehensive Cancer Support Program and Vice-Chair of the Division of Hospital Psychiatry. Dr. Rosenstein earned his undergraduate degree in psychology from Wesleyan University, his medical degree from Northwestern University School of Medicine, and completed his residency training in psychiatry at Yale University. He is the former Clinical Director of the National Institute of Mental Health (NIMH) and Past-President of both the Academy of Consultation Liaison Psychiatry and the American Psychosocial Oncology Society (APOS).

**Donald L. Rosenstein, MD**

*Director, Cancer Support*

**University of North Carolina  
Comprehensive Cancer  
Support Program**



# Welcome

APOS Fellows Class of 2019

## VICTORIA KENNEDY, LCSW



**Victoria Kennedy, LCSW**

***Executive Director, Oncology and  
Patient Engagement***

**Cullari Communications Global**

**Vicki Kennedy, LCSW** is the Executive Director of Oncology Strategy and Patient Engagement for Cullari Communications Global. Ms. Kennedy is leading expert in precision advocacy engagement in oncology. Her extensive clinical and research background in psychosocial oncology including screening and management of cancer-related distress for patients and caregivers, shared decision-making, cancer survivorship and patient empowerment provides a foundation for transformational health care strategies that address value, improved quality of life and enhanced health outcomes.

Prior to coming to CCG, Vicki served as Vice President of Program Development & Delivery for the Cancer Support Community (CSC) in Washington, DC, where she was responsible for development, delivery and quality assurance of CSC clinical programs worldwide reaching over 1 million people impacted by cancer each year. An oncology social worker for the past 35 years, Ms. Kennedy has dedicated her career to ensuring that people touched by cancer have awareness of and access to evidence-based psychosocial care. Vicki is a past-president of Association of Oncology Social Work and currently serves as President-Elect for American Psychosocial Oncology Society. She also serves on the Editorial Board for the Journal of Oncology Practice Management and a reviewer for the Journal of Psychosocial Oncology. A leading speaker for patient advocacy, engagement and survivorship, Ms. Kennedy was awarded the Association of Oncology Social Work's *Quality of Life in Cancer Care Award* highlighting oncology social work's commitment to improving the lives of people with cancer. In 2018, Ms. Kennedy was inducted into the AOSW Fellowship program recognizing and honoring individuals who have made outstanding contributions to the science and practice of psychosocial oncology.

# BUSINESS & BREAKFAST



## APOS ANNUAL BUSINESS MEETING OF THE MEMBERS

**Friday, March 1, 2019 | 7:30 AM - 8:30 AM EST**

Sheraton Atlanta Hotel

165 Courtland St NE, Atlanta, GA 30303

Time	Topic	Presenter
7:30 AM	Call to Order, Welcome and APOS 2018 Year at a Glance	Teresa Deshields
7:38 AM	Introduction of 2019 APOS Fellows:	Brad Zebrack
7:42 AM	Treasurer's Report:	Kristine Donovan
	Committee and SIG Group Updates	
7:47 AM	a) Membership	Yasemin Turkman
7:50 AM	b) Research	Lynne Padgett
7:53 AM	c) Communications	Allison Applebaum
7:56 AM	d) Director of Development & Strategic Partnerships	Tammy Schuler
7:59 AM	e) Professional Education	Sharla Wells-Di Gregorio
8:02 AM	f) Mentoring	Joel Marcus
8:05 AM	g) 2019 Program	Nicole Taylor
8:08 AM	h) SIGs Update	Elizabeth Archer-Nanda
8:11 AM	APOS Leadership, Incoming and Outcoming	Teresa Deshields & Donald Rosenstein
8:25 AM	Closing Comments and Adjournment	Vicki Kennedy

# *In Loving Memory*



**Ellen Levine, MPH, PhD**

“Ellen Levine passed away on January 12, 2019. She was the co-chair and founder of the APOS Spirituality Special Interest group and served on the APOS Board of Directors, APOS Annual Conference Committee, and the APOS Fellows Committee. She contributed to the field of Psychosocial Oncology in countless, groundbreaking ways through her research, clinical work, teaching, supervision, leadership, and mentorship. Perhaps most meaningfully, she was a deeply kind, unassuming, accepting, encouraging, wise, and intuitive person. Ellen took me under her wing as an early career professional and provided inspiration, support, and friendship. I suspect I echo the sentiments of many when I say that I hope to emulate her in all things, personal and professional, and that I will really miss her.”

**Alissa Banyasz, Ph.D.**

APOS Spirituality SIG Co-Chair

*We have all been touched greatly by your life  
and will miss you dearly...*



# Ranked #2

Rush University Medical Center is ranked #2 among leading academic medical centers across the nation. And we've been in the top five every year since 2013.

Rush is an academic health system whose mission is to improve the health of the people and the diverse communities it serves through the integration of outstanding patient care, education, research and community partnerships.

As both a leading health care provider and major employer, Rush is committed to having a team of providers who are reflective of the communities, patients and region we serve, and who have an understanding of the many forms diversity takes.

Explore how you can join our highly collaborative team of faculty and physicians. The Rush Cancer Center is recruiting for a number of positions, including:

- Psychologists
- Psychiatrists
- Palliative Medicine Providers
- Social Workers
- Chaplains

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For more information, visit [joinrush.org](http://joinrush.org) or email [faculty\\_recruitment@rush.edu](mailto:faculty_recruitment@rush.edu).



Excellence is just the beginning.



# APOS

american psychosocial oncology society

## MENTORING PROGRAM

### Strategic Matching to Provide:

Training • Motivation • Advice • Success • Goals •  
Support • Coaching • Direction • Connections

#### Accepting Mentors & Mentees:

[apos-society.org/early-career/apos-mentoring-program](https://apos-society.org/early-career/apos-mentoring-program)





The APOS Webinar series has covered a diverse range of topic areas, including funding for psychosocial programs, Acceptance & Commitment Therapy with cancer patients, anti-depressant medication use in cancer patients, and understanding and supporting grief across the cancer trajectory, just to name a few. Webinar recordings are available for download (free to APOS members!) or for purchase by non-APOS members.

## **Webinar and Webinar Recording without CE's**

APOS Members – No cost | Non-Members – \$45/each

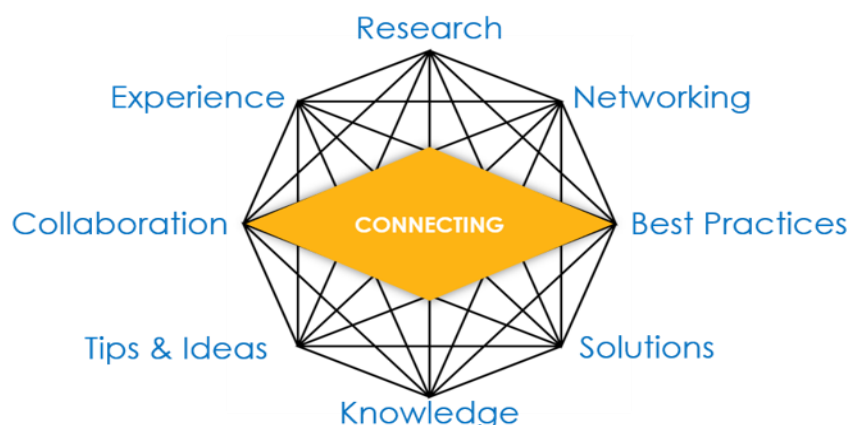
## **Webinar and Webinar Recording with CE's**

APOS Members – \$40 | Non-Members – \$90/each



# SIGs

(Special Interest Groups)



**Attention APOS Members! Did you know that APOS has an array of Special Interest Groups to help connect you with other like-minded APOS members? Build your collaborative network by signing up for a SIG group today!**



**Bereavement**



**Cancer Caregiver**



**E-Health**



**Health Equity and Cultural Diversity**



**Integrative Health**



**Sexual and Reproductive Health**



**Psychiatric Oncology**



**Spirituality**



**Pediatrics**



# Get INVOLVED

## Join a Committee!



**Mentorship**



**Communications**



**Membership**



**Professional  
Education**



**Research**



**Conference  
Program**

APOS has many thriving committees seeking volunteers!  
Do you want to make a difference with the field of  
psychosocial oncology and APOS?

**This is the place to start!**

Email [info@apos-society.org](mailto:info@apos-society.org) with your interest today!