# APOS

american psychosocial oncology society



15th ANNUAL CONFERENCE Tucson, Arizona FEBRUARY 22 - 24, 2018

"Emerging Models of Collaborative Cancer Care: Advancing Psychosocial Science and Practice in Oncology"





**Badges:** Your name badge admits you to attend Conference activities for which you are registered. **You must wear your name badge at all times while you are in the conference area**, to identify yourself as an APOS attendee.



**The APOS Registration Desk** is located at the Canyon Foyer. The Registration Desk is open during these hours:

•	Wednesday, February 21, 2018:	6:30 AM – 6:00 PM
•	Thursday, February 22, 2018:	6:30 AM – 6:00 PM
•	Friday, February 23, 2018:	6:30 AM – 6:00 PM
•	Saturday, February 24, 2018:	6:30 AM – 1:00 PM



The APOS Speaker Ready Room is open on the below dates and times for presenters to upload slides. The meeting organizers ask that all speakers upload their slides 4 hours prior to their scheduled presentation time. The Speaker Ready Room is in the **Primrose**.

•	Wednesday, February 21, 2018:	7:30 AM – 5:00 PM
•	Thursday, February 22, 2018:	7:00 AM – 5:00 PM
•	Friday, February 23, 2018:	7:00 AM – 5:00 PM
•	Saturday, February 24, 2018:	7:30 AM – 11:00 AM



If you would like to join APOS, you can log onto our website at <a href="https://www.apos-society.org">www.apos-society.org</a> and register online. You may also contact the APOS office at 615-432-0090 for more information.

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The spectacular and irreplaceable Dr. Jimmie Holland died suddenly on Sunday, December 24, 2017 at age 89. Characteristically, Jimmie remained fully engaged and productive in her work up until her death. For nearly half a century, Jimmie worked tirelessly and brilliantly to establish and expand a global movement in psychosocial oncology. Her countless accomplishments included: serving as the inaugural chief of the psychiatry service at Memorial Sloan Kettering Cancer Center, the first academic leadership position of its kind; being the founder of the American Psychosocial Oncology Society (APOS) in 1986 and the International Psycho-Oncology Society (IPOS) in 1984; and editing both the authoritative textbook Psycho-Oncology and the leading journal for our field, Psycho-Oncology. Most importantly for our field, Jimmie leaves behind an unprecedented legacy of training and mentoring hundreds of psycho-oncologists who will perpetuate her passion for scientific rigor and compassionate clinical care of people touched by cancer.

For the APOS community, our society would simply not exist without Jimmie. We will miss her terribly and remain deeply committed to honor her legacy. We look forward to celebrating her life and legacy at this conference and in the years to come.





Be a catalyst for thought leadership and innovation











Advancing the science and practice of psychosocial care for people affected by cancer.

# WE'VE GONE SOCIAL!

Did you know that APOS is more than an annual conference? Although our conference is the most prominent extension of us, the society offers wonderful things all year long! From webinars to relevant articles, we're your go to place for all things psychosocial oncology. APOS is not just a membership-based society, it's a community and one that you're a valuable part of. Stay in the know, be part of the conversation and let's stay connected!



We're on Facebook. Let's be friends!



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Want to REALLY be connected? Link in!



Visit our website often for recent news!



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**#APOS2018** 



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# **BE SURE TO VISIT OUR CONFERENCE EXHIBITORS!**





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# Save the Date

# **APOS 16th Annual Conference**

February 28, 2019 – March 2, 2019 Sheraton Atlanta Hotel Atlanta, Georgia



# ONE DAY CONFERENCE DOUBLE THE IMPACT





This one-day conference, taking place at New York University, will focus on

"Acceptance Based
Therapies Throughout the
Cancer Trajectory"

Save the Date!
September 28, 2018

Stay tuned for details: apos-society.org





The HealthWell Foundation provides financial assistance to underinsured patients with chronic or life-altering medical conditions to help with:

- Prescription Copays
- Medicare and other Health Insurance Premiums, Deductibles & Coinsurance
- Pediatric Treatment Costs

- Travel Costs
- Vitamins and Supplements
- Counseling Services

















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# **CONFERENCE SCHEDULE:**

# WEDNESDAY, FEBRUARY 21

#### Registration

6:30 AM - 6 PM | Canyon Foyer

#### **Speaker Ready Room**

7:30 AM - 5 PM | Primrose

#### **Yale R25 Distress Screening Program Breakfast**

Invitation only breakfast

8 AM - 9 AM | Murphey I and Murphey II

#### **Psychosocial Oncology Institute: Biomedical Aspects of Cancer**

8 AM - 10:15 AM | Indigo

#### **Psychosocial Oncology Institute: Psychosocial Oncology**

8 AM - 10:15 AM | Palo Verde

#### **Exhibit Setup**

8 AM - 5 PM | Pavilion

#### **Yale R25 Distress Screening Program**

9 AM - 5:00 PM | Acacia and Cottonwood

#### **Yale R25 Distress Screening Program**

10:15 AM - 10:30 AM | Terrace Level Foyer

#### Workshops

Lunch will be delivered to workshops at 11:30 AM

10:30 AM - 1:45 PM

- Symptom Management | Aster I
- Acceptance & Commitment Therapy | Aster II
- Dyadic Interventions for Patients with Cancer and Their Informal Caregivers: Implementing the Best Evidence into Practice | Finger Rock | & II
- Principles and Practices for Assessment and Treatment of Body Image Concerns in the Oncology Setting
   Indigo
- Psychopharmacology Workshop | Lantana
- Clinical Pediatric Psychosocial Interventions | Verbena

#### **Oncology Update**

2 PM - 6 PM | Canyon II, IV

#### **Coffee Break**

3 PM - 3:30 PM | Terrace Level Foyer



## THURSDAY, FEBRUARY 22

#### Registration

6:30 AM - 6 PM | Canyon Foyer

# **SIG Meeting: Communications Committee**

Annual in-person meeting of the communication committee. Old and new members welcome! 7 AM - 8:30 AM | Aster I

#### **Speaker Ready Room**

7:30 AM - 5 PM | Primrose

#### Welcome with APOS President, Donald L. Rosenstein, MD

8:30 AM - 9 AM | Canyon II, IV

#### **Opening Plenary: Dr. Michael Sharpe**

Better Care for Depression: A New Frontier in Cancer Care 9 AM - 10 AM | Canyon II, IV

#### **Coffee Break**

10 AM - 10:15 AM | Canyon Foyer

#### Thursday Morning Symposia/Podium Session

10:15 AM - 11:45 AM

- Evaluation and Management of the Suicidal Patient With Cancer | Canyon I
- Podium Session: Psychosocial Interventions | Canyon II, IV
- The Caregiver Collaborative: Innovative Models for Developing and Integrating the Central Role of the Caregiver Into the Standard of Cancer Care | Canyon III
- Resilience as the Other End of the Distress Continuum: Conceptual and Practical Models for Promoting Resilience in Collaborative Cancer Care | Murphey I and Murphey II

#### **SIG Meeting: Pediatric**

Greetings to APOS Pediatric SIG members! We are a growing group of interdisciplinary professionals committed to advancing the practice and science of psychosocial care for children living with cancer and their family members. This SIG aims to promote: • Awareness of pediatric oncology clinical and research resources • International networking and collaboration • Best practices for incorporating psychosocial care into practice in clinics, hospital-based programs and private practice. We will be thrilled to have you be a part of our Pediatric Special Interest Group!

11:45 AM - 1 PM | Canyon III

#### **SIG Meeting: Health Equity and Cultural Diversity**

Come join us as we determine goals and activities for the health equity special interest group! For anyone concerned about health equity, you are invited to grab a boxed lunch and join us for a working meeting. Looking forward to seeing you and to hearing your ideas!

11:45 AM - 1 PM | Aster II

#### **Networking Lunch with Exhibits and Posters**

11:45 AM - 1 PM | Pavilion



#### **Professional Education Committee**

Interested in Joining the Professional Education Committee? Join us today for an introductory meeting! 11:45 AM - 1 PM | Cottonwood

#### SIG Meeting: Psychiatric Oncology/Psychopharmacology

11:45 AM - 1 PM | Aster I

#### Grant Session with Paul Jacobsen, PhD

This session will provide attendees with information about current funding opportunities at NCI and other funding organizations related to psychosocial oncology research.

12 PM - 1 PM | Canyon III

#### **APOS ANNUAL BUSINESS MEETING OF MEMBERS**

1 PM - 2 PM | Canyon II, IV

#### **Awards Ceremony**

2 PM - 3 PM | Canyon II, IV

Networking Poster Session I and Exhibits with Hors d'oeuvres 3 PM – 4 PM | Pavilion

#### Thursday Afternoon Symposia/Podium Session

4 PM - 5:30 PM

- Challenges, Sustaining Factors, Rewards, and Training Recommendations: Findings From a Qualitative Study of 20 Psychologists With Experience Working in Oncology | Canyon I
- Emerging Models and Methods of Implementing Psychosocial Care for Cancer Caregivers | Canyon II, IV
- Podium Session: Collaborative/Interdisciplinary Care | Canyon III
- Toward Preventing Depression in the Year After Breast Cancer Diagnosis | Murphey I and Murphey II

#### **Jimmie Holland Legacy Reception**

Thu 6 PM - 7:30 PM | Sonoran

## FRIDAY, FEBRUARY 23

Wellness Workshop: Gentle Yoga

Rise, shine and get ready for the day!

6 AM - 6:45 AM | Cottonwood



6:30 AM - 6 PM | Canyon Foyer

#### **Speaker Ready Room**

7:30 AM - 5 PM | Primrose

#### **SIG Meeting: Spirituality**

All current and prospective Spirituality SIG members welcome! Looking forward to connecting, socializing, and discussing projects for the upcoming year! We plan to discuss an interdisciplinary approach for integrating spiritual care in our work.

7 AM - 8:30 AM | Aster I

#### **SIG Meeting: Caregivers**

This is the annual in-person meeting of the Caregivers SIG. The goal of this meeting is to increase networking opportunities for Caregiver SIG members and to update key resources for psychosocial oncology providers who serve caregivers of cancer patients.

7 AM - 8:30 AM | Aster II

#### SIG Meeting: eHealth

Please join us for the eHealth SIG meeting. We invite brief informal presentations of your work in eHealth and connected health initiatives. We will be discussing future SIG initiatives.

7 AM - 8:30 AM | Finger Rock I

#### **SIG Meeting: Integrative Health**

The integrative health SIG meeting will occur at 7am on Friday, February 23. Please come and share your ideas and help us create our goals for the next year.

7 AM - 8:30 AM | Finger Rock II

#### **Research Committee: Grant Writing Session**

7 AM - 8:30 AM | Verbena

#### **Continental Breakfast**

7:45 AM - 8:45 AM | Canyon Foyer

#### Plenary Session: Dr. Sandy Buchman

Bridging Silos: Delivering Integrated Care to Patients with Cancer in Ontario, Canada 8:30 AM - 9:30 AM | Canyon II, IV

#### **Coffee Break**

9:30 AM - 9:45 AM | Canyon Foyer



#### Friday Morning Symposia/Podium Session

9:45 AM - 11:15 AM

- Exploring Best Methods to Screen for and Address Religious/Spiritual Distress in Cancer Patients | Canyon I
- Symptom Management in Latinas With Breast Cancer and Their Informal Caregivers | Canyon II, IV
- Podium Session: Emotional/Psychological Concerns | Canyon III
- Implementing the Collaborative Care Model to Deliver Population-Based Psychosocial Oncology Care |
   Murphey I and Murphey II

Lunch on Your Own / Networking with Exhibitors and Posters (should this be the same title for Thursday too? 11:15 AM - 12:15 PM | Pavilion

#### **Meet the Experts Luncheon**

This is a ticketed event. Tickets can be purchased at the registration desk.

11:15 AM - 12:15 PM

- Working on an Inter-Disciplinary Team- Role Definition and Division of Labor | Murphey II
- Ethnic and Cultural Considerations in Psychosocial Oncology | Finger Rock I
- Pediatric, Adolescent, and Young Adult Considerations in Psychosocial Oncology | Finger Rock II
- Integrative Care: Mind, Body, Spirit | Sonoran
- The Cancer Caregiver | Finger Rock III

#### **SIG Meeting: Bereavement**

11:15 AM - 12:15 PM | Aster I

#### Friday Afternoon Symposia/Podium Session

12:25 PM - 1:55 PM

- Ostomy Telehealth for Cancer Survivors A Program of Collaborative Research | Canyon I
- Translational Psychosocial Oncology Research Across the Lung Cancer Continuum | Canyon II, IV
- Podium Session: Pediatric/AYA and Family Concerns | Canyon III
- We're All in This Together: Creating Clinical Collaboration | Murphey I and Murphey II

#### **Best of the Best Oral Presentations**

2PM - 3PM | Canyon II, IV

- Characterizing Parenting Concerns in Adults With Cancer
- High Levels of Holding Back Associated With Higher Caregiver Strain and Psychological Distress Among Caregivers of Patients with Advanced Cancer and Pain
- Fear of Cancer Recurrence Among Gynecologic Cancer Survivors
- Role of Affect and Cognition on Cervical Health Behaviors
- Spirituality, Distress, and Quality of Life After Lung Cancer Diagnosis
- Physical Inactivity and Alcohol Use Predict Shorter Survival after a Diagnosis of Gastrointestinal Cancer
- Exploring Perceived Roles in Support for Young Adult Cancer Patients: Patients, Parents and Partners
- Improving Healthcare Provider Education and Care Delivery for the Psychosocial Needs of Cancer Survivors

#### Networking with Posters and Exhibits, Inclusive of Hors d'oeuvres

3 PM - 4 PM | Pavilion

#### Friday Evening Symposia/Podium Session

4 PM - 5:30 PM

- Growing Pains: How Experts Develop and Advocate for Expansion of a Psycho-Oncology Program | Canyon I
- The Merck Foundation Alliance to Advance Patient-Centered Cancer Care: Decreasing Disparities in Cancer
   Care for Underserved Patients Through Collaborative Care and Community Partnerships | Canyon II, IV
- Funding Research in Psychosocial Oncology: Advice From the Front Lines | Canyon III
- Podium Session: Tests and Measures in Psychosocial Oncology | Murphey I and Murphey II

#### **Fellows Reception**

This is an invitation only event. 6 PM - 7:30 PM | Finger Rock III

## SATURDAY, FEBRUARY 24

#### Registration

6:30 AM - 1 PM | Canyon Foyer

#### **Speaker Ready Room**

7:30 AM - 12 PM | Primrose

#### Plenary Session: Dr. Deborah Mayer

The Survivorship Tsunami: How Will We Be Able to Deliver Psychosocial Care to Those in Need? 8:30 AM - 9:30 AM | Canyon II, IV

#### **Saturday Morning Symposia**

9:30 AM - 11 AM

- Cancer is a Family Affair: An Evidence-Based Family Program for Patients, Caregivers and Children |
   Canyon I
- Translational Health Equity Research: Emerging Models of Collaborative Cancer Care, Science, and Training | Canyon II, IV
- "CAN WE TALK?" The Whole is More Than the Sum of the Parts; Be Our Supervisors as We Utilize the Multi-Disciplinary Team in Clinically Challenging Situations | Canyon III
- Podium Session: Symptom Management | Murphey I and Murphey II

#### **Coffee Break**

11 AM - 11:30 AM | Canyon Foyer

#### Saturday Afternoon Symposia/Podium Session

11:30 AM - 1 PM

- Recognition and Optimal Management of Anxiety in Radiation Oncology | Canyon I
- Compassion Fatigue in Oncology Professionals' Practice: Concept, Consequences, and Capacity | Canyon II, IV
- Surviving and Thriving: Pilot Interventions to Promote Psychological Well-Being, Resilience, and Posttraumatic Growth in AYAs | Canyon III
- Podium Session: Challenges and Unmet Needs Among Cancer Patients After Diagnosis | Murphey I and Murphey II
- Gliomas
- The Day-To-Day Process of Smoking Cessation after Cancer Diagnosis: A Naturalistic, Prospective Study



# Learning Objectives

# **Emerging Models of Collaborative Cancer Care: Advancing Psychosocial Science and Practice in Oncology**

- 1. Describe evidence-based interdisciplinary models of cancer care to improve access to quality psychosocial oncology services, particularly patient navigation, survivorship care, and distress management.
- 2. Translate scientific findings into quality whole-patient psychosocial cancer care via collaboration among researchers, practitioners, and advocacy groups, with special attention to vulnerable populations, including ethnic, racial, and cultural minorities, aging and pediatric U.S. populations.
- 3. Identify components of a survivorship model essential to whole patient care.
- 4. Define ethical approaches to patient care in challenging situations based on area of specialization.



**Meeting Evaluation:** All meeting attendees are urged to complete an evaluation of the meeting. Attendees who are requesting CE credit for the meeting are required to complete the evaluation. This form is available online only. You may complete the evaluation on-line at <a href="http://www.apos-society.org">http://www.apos-society.org</a>, the evaluation will be available following the close of Saturday's sessions. All evaluations must be completed by March 26, 2018. (I think that date was from last year when the conference was a week earlier. We usually give a month to complete.

**Continuing Education and Disclosures:** Attendees will be eligible to receive the credit hours listed below for attending the 15<sup>th</sup> APOS Annual Conference, February 22-24, 2018. To obtain CE credits for the conference, you must complete the post-conference meeting evaluation. All disclosures are available at the APOS Registration Desk and online at <a href="https://www.apos-society.org">www.apos-society.org</a>.

There will be a \$50.00 charge for registrants to obtain CE credits. CE instructions will be available at the meeting registration desk and on the APOS website (<a href="www.apos-society.org">www.apos-society.org</a>). Upon completion of the post-conference evaluation, your CE certificate will be emailed to your email on file with APOS. If you need to receive APA credits, you will also have to complete the Education Hours before receiving your certificate.

#### Satisfactory completion

Participants must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. Once you have completed the online evaluation, you can print your certificate and one is emailed to you. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

#### **Physicians and Nurses**

Accreditation Statement - In support of improving patient care, this activity has been planned and implemented by Amedco and the American Psychosocial Oncology Society (APOS). Amedco is jointly accredited by the American Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement - Amedco designates this live activity for a maximum of 21.50 *AMA PRA Category 1 Credits*<sup>TM</sup> for physicians and 21.50 contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

#### **Psychologists**

This course is co-sponsored by Amedco and APOS. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 21.50 hours.

#### **Social Workers**

Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) <a href="https://www.aswb.org">www.aswb.org</a>, through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 6/24/2016 to 6/24/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course may receive up to 21.50 clinical continuing education clock hours.

#### **ADA Statement**

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

#### Grievances

If you would like to file a grievance, complaints or have questions, please contact Dawn Keglor at <a href="Missance-base-society.org">DKEGLOR@APOS-SOCIETY.ORG</a>

# **APOS BOARD OF DIRECTORS**



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Invited Director, Association of Oncology Social Work (AOSW) Liaison, February 2017 – February 2019

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# **APOS 2018 PROGRAM COMMITTEE**

# 2018 Conference Chair

**Beth Dixon, PsyD**Cleveland Clinic Taussig Cancer Institute

### **Subcommittee Chairs**

**Sharla Wells-Di Gregorio, PhD** *Ohio State University Wexner Medical Center* 

Carly Paterson, MPH, PhD, RN
Patient-Centered Outcomes Research Institute (PCORI)

Lora Thompson, PhD
H. Lee Moffitt Cancer Center

Yasmin Asvat, PhD University of Chicago Medicine

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University of Arizona

Cheryl Krauter, MA
Private Practice Psychotherapist, Writer, Speaker



2018 Holland Distinguished Leadership Award: Julia H. Rowland, PhD



**Julia H. Rowland, PhD** is a long-time clinician, researcher and teacher in the area of psychosocial aspects of cancer. She has worked with and conducted competitively funded research among both pediatric and adult cancer survivors and their families, published broadly in psycho-oncology and co-edited, along with Jimmie Holland, the ground-breaking text, Handbook of Psychooncology.

Dr. Rowland received her PhD in Developmental Psychology from Columbia University and completed a post-doctoral fellowship at Memorial Sloan-Kettering Cancer Center in psychosocial oncology. While at MSKCC, where she held joint appointments in pediatrics and neurology, Dr. Rowland helped to develop and was the first Director of the Post-Treatment Resource Program, an innovative resource that (while since renamed the Resource for Life After Cancer program) continues to provide a full range of non-medical services to patients and their families after the end of treatment.

In 1990, Dr. Rowland moved to Washington, DC to become founding Director of the Psycho-Oncology Program at Georgetown University and the Lombardi Cancer Center. Nine years later, in September of 1999, she was recruited to the National Cancer Institute to become the first, full-time Director of the Office of Cancer Survivorship. In this role she sought to build the size and visibility of the Office of Cancer Survivorship and to champion research identifying and addressing the long-term and late consequences of surviving cancer.

After an 18-year run, Dr. Rowland officially retired from federal service the end of September 2017. Currently, she serves as the Senior Strategic Advisor to Smith Center for Healing and the Arts, a small non-profit organization that has been providing psychosocial and integrative services to cancer survivors and their families for over 20 years in the heart of downtown Washington, D.C.



# 2018 Distinguished Public Service Award: Kimlin Tam Ashing, PhD



**Kimlin Tam Ashing, PhD**, is Professor, and Founding Director of the Center of Community Alliance for Research and Education (CCARE) at City of Hope Medical Center. She is a licensed Psychologist and received her doctorate in Clinical Psychology from UC, Boulder. She uses team science with advocacy and civil society engagement to speed-up and ensure best practices so that communities can gain from health research and those affected by cancer can benefit psychooncology interventions – especially underserved, immigrant and ethnic minority communities.

With over 80 articles and book chapters; her scholarship examines how culture, ethnicity, socio-ecological, structural and systemic contexts influence health and patient centered outcomes including quality of care, survival, distress, symptoms, survivorship and quality of life. She is a Population, Behavioral Scientist working to develop and implement evidenced based, culturally, clinically and community responsive health improvement interventions. In 2017, she coauthored Detecting and Living with Breast Cancer: for Dummies, Wiley, NY

Dr. Ashing holds national leadership roles within the African-Caribbean Cancer Consortium; National Advisory Council for the Asian Pacific Islander Native Hawaiian Cancer Survivors Network, Young Survival Coalition; Latinas Contra Cancer, Caribbean Medical Providers Practicing Abroad, Army of Women. She is Life member of the Association of Black Psychologists. She served as Board Member of American Psychosocial Oncology Society. She serves as Scientific Advisor to Los Angeles Association of Black Women Physicians, Los Angeles American Cancer Society and The Take Action of Health Initiative--a community benefits partnership among National Urban League, Anthem and Pfizer. She received the Fox Award for advancing the discipline of Psychooncology by the International Psychooncology Society and serves on their Human Rights Taskforce. She sits on the Minority in Cancer Research Council of the American Association of Cancer Researchers, where she co-chairs the Professional Development Committee.

As a woman of color raised in a multicultural (Chinese and Afro-Caribbean), multilingual home, and youngest of 8 siblings, she saw the salience of culture and context. She is the mother of three phenomenal multicultural children. As the daughter of two former cancer survivors, she is compassionate and passionate about addressing the rising global cancer epidemic. She targets disparities by working to improve health outcomes for ethnic minority, poor, immigrant, and underserved persons.



# 2018 Outstanding Clinical Care Award: Wendy Pelletier MSW, RSW



Wendy Pelletier, MSW, RSW, began her career in pediatric psychosocial oncology in 1984 as a member of the Psychosocial Resources Team, pediatric oncology specialty, at the Tom Baker Cancer Centre and Alberta Children's Hospital in Calgary, Canada.

Over the past 32 years her clinical work and research interests have focused on many areas relevant to this changing field. Her earlier work in the late 1980's and early 1990's was centered on cognitive, behavioral, and pharmaceutical interventions for coping with procedural pain in children with cancer. By mid-1990 she became interested in the foundational work in the field of (psychosocial) pediatric hematopoietic stem cell transplantation (HSCT).

Over the past 20 years, she has specialized in pediatric psychosocial care for children and their families undergoing transplant; studying the ethical considerations for minor sibling HSCT donors as well as developing protocols for assessment and surveillance of these donors. Family decision-making in hematopoietic stem cell transplantation has also been a clinical and research interest.

Her most recent work has included an international interdisciplinary collaborative effort involving stakeholders and experts committed to developing evidence-based standards for *Pediatric Psychosocial Care of Children with Cancer and Their Families*. The Mattie Miracle Cancer Foundation funded this 3-year project. The 15 standards, based on a systematic review of relevant literature, using AGREE II methodology were published in December of 2015 in Pediatric Blood & Cancer.

Her focus of research and clinical work is understanding the influence a childhood cancer diagnosis has on a parental partnership, and the psychosocial issues families face across the cancer trajectory, including palliative care and bereavement care. She also has had clinical experience in working with families around decisions to consent to autopsy in their children and has keen interest in studying the emerging field of tumor banking post-mortem. Her work with the Bioethics Committee within the Children's Oncology Group has involved considerations of this important work as well.



# 2018 New Investigator Award: Kelly Trevino, PhD



Dr. Kelly Trevino is an Assistant Professor of Psychology in Medicine in the Division of Geriatrics and Palliative Medicine at Weill Cornell Medicine. She has a PhD in clinical psychology and completed fellowship training in geriatric psychology at the VA Boston Healthcare System and psychosocial oncology at the Dana-Farber Cancer Institute.

Her research examines the nature and predictors of distress in patients with cancer and their caregivers and care received at the end-of-life. As a current recipient of the Paul B. Beeson Career Development Award in Aging Research funded by the National Institute on Aging and the American Federation for Aging Research, Dr. Trevino is developing and evaluating an anxiety intervention for older adults with cancer and their caregivers.

She has also obtained foundation and internal grant funding to examine the implementation of psychological interventions to cancer patients and to develop web-based resources to promote distress management and advance directive completion in cancer patients. Her work has been recognized with the Spirituality and Health New Investigator Award from the Society of Behavioral Medicine Spirituality and Health Special Interest Group (2016) and with an American Society of Clinical Oncology Merit Award (2012).



# 2018 Outstanding Education and Training Award: Barbara Andersen PhD



Barbara L. Andersen, PhD, obtained her B.S. in psychology, magna cum laude in 1973 from the University of Illinois. She continued at Illinois for her Ph.D. and completed her internship at the Neuropsychiatric Institute at UCLA. In 1980, she joined the faculty in the Department of Psychology at the University of Iowa as an Assistant Professor. In 1985, she was promoted to Associate Professor, with a joint appointment in the Department of Obstetrics and Gynecology. Dr. Andersen joined the Ohio State University (OSU) faculty in 1989, was promoted to Professor in 1991 and is now appointed Distinguished Professor of Psychology.

Dr. Andersen has received numerous awards, including ones for teaching [Burlington Award in Teaching (1985), Distinguished Lecturer Award (2003)]. She has taught psychometrics, practicum, and behavioral medicine courses and played a key role in developing the health concentration at OSU, teaching the core course in behavioral medicine and a specialty seminar in cancer. Dr. Andersen received a NIH/NCI K award in part because of her mentorship successes. She has multiple undergraduates in her laboratory and has supervised thesis students (18), masters' students (9), doctoral students (25), and mentored post docs and faculty, PhDs and MDs, from psychology and other disciplines (School of Public Health, Departments of Obstetrics-Gynecology, Surgery, and Medical Oncology, and Colleges of Dentistry and Nursing).

Most recently, she and her colleagues (Brittany Brothers, Kristen Carpenter, Georita Frierson, Marlena Ryba, Rebecca Shelby, and Lisa Thornton) led 6 NCI funded training institutes for mental health oncology providers (N=160+) to learn the biobehavioral intervention. With this, she has contributed the first, and thus far only, dissemination/implementation research in cancer control. The observations and data have contributed to understanding how oncology therapists can make changes and bring empirically supported treatment into their clinical practices and moreover, how their efforts can be sustained and make significant clinical differences for their patients.



# APOS Fellows Class of 2018

# Joseph Greer, PhD



#### Joseph Greer, PhD

Program Director,
Center for Psychiatric
Oncology & Behavioral
Sciences,
Massachusetts General
Hospital Cancer Center

**Assistant Professor** 

Harvard Medical School

#### **Current Position:**

Dr. Joseph Greer is the Program Director of the Center for Psychiatric Oncology & Behavioral Sciences and the Associate Director of the Cancer Outcomes Research Program at the Massachusetts General Hospital Cancer Center. He is also an Assistant Professor of Psychology at Harvard Medical School.

#### **Research and Clinical Expertise:**

Dr. Greer's research focuses on the development and testing of supportive care interventions for patients with cancer. As the principal investigator and collaborator on numerous grant-funded projects, he is studying the application of cognitive-behavioral therapy (CBT) to treat anxiety in patients with advanced cancer; nurse-delivered behavioral interventions to improve breathlessness in patients with lung cancer; the use of mobile technology to promote symptom management and adherence to oral chemotherapy medications; and the benefits of early palliative care integrated with standard oncology care. Dr. Greer has published over 85 scholarly papers, reviews, chapters, and commentaries related to this work. He has received funding from the National Institutes of Health, American Cancer Society, Patient Centered Outcomes Research Institute, and philanthropic donations. Dr. Greer's program of research is greatly informed by his clinical practice at the MGH Cancer Center where he provides CBT for patients and their families.



# APOS Fellows Class of 2018

#### ISABEL SCHUERMEYER, MD



Staff Psychiatrist

Cleveland Clinic Taussig

Cancer Institute

Dr.Schuermeyer is a psychiatrist who is board certified in Consultation-Liaison psychiatry (previously psychosomatic medicine) and has worked at the Cleveland Clinic since completing fellowship in 2005. While in fellowship she started working in the field of Psychosocial Oncology and helped develop the Interdisciplinary Psychosocial Oncology team at the Taussig Cancer Center.

Dr.Schuermeyer is a clinician who treats patients with cancer along with either new onset psychiatric symptoms or exacerbation of an underlying psychiatric illness. Her focus has been on a team-based approach, including the oncology team, given the risk of interactions between psychiatric medicines and cancer treatments. Her research interests are end of life decisions, determining capacity and working within an interdisciplinary team. She is a past-president of American Psychosocial Oncology Society and has been involved with the American Psychiatric Association.

Dr.Schuermeyer is active in teaching psychiatry residents and fellows, as well as palliative medicine fellows. When not at work, she is busy being a soccer mom, talking her husband out of buying a truck to haul more beehives, making soap, and attempting to keep her kids out of trouble.



APOS is the only multidisciplinary organization in the United States dedicated to the psychosocial aspects of cancer treatment.

APOS membership consists of 500+ multidisciplinary practitioners and scientists from psychiatry, psychology, social work, nursing, oncology, clergy, patient advocacy, and social and behavioral health scientists who collaborate to apply clinical, translational, behavioral and psycho-oncological research into psychosocial oncology practice.

#### **APOS** Member Benefits:

- Free participation in the APOS Webinar Series and free access to past recorded webinars as well!
- Online subscription to Psycho-Oncology, John Wiley & Sons, Inc., 12 issues (minimum)/year
- Reduced rates for conferences and symposia sponsored by APOS
- Access to the members-only website, which includes the following:
  - An online searchable membership directory for up-to-date member contact information
  - Opportunity to join and network with Special Interest Groups
  - Access to APOS Annual Conference Presentations
  - Professional fellowship and education opportunities
  - Publication discounts
  - Online continuing education materials, and more!
- Member Listservs for the entire APOS membership and for Special Interest Groups (SIGs)
- Opportunity to serve on APOS committees (all members) and be elected to office (Full members)
- Bi-monthly member newsletter
- Practice guidelines
- Opportunity to build bridges to, and a network with, other similar and complementary organizations and professions
- Opportunity to subscribe, for reduced members-only rates, to the Taylor and Francis journal, Journal of Psychosocial Oncology, six issues
- Opportunity to subscribe, for reduced members-only rates, to the Cambridge Press journal, Palliative and Supportive Care, four issues
- Opportunity to subscribe, for reduced members-only rates, to the Springer journal, Journal of Cancer Survivorship, four issues

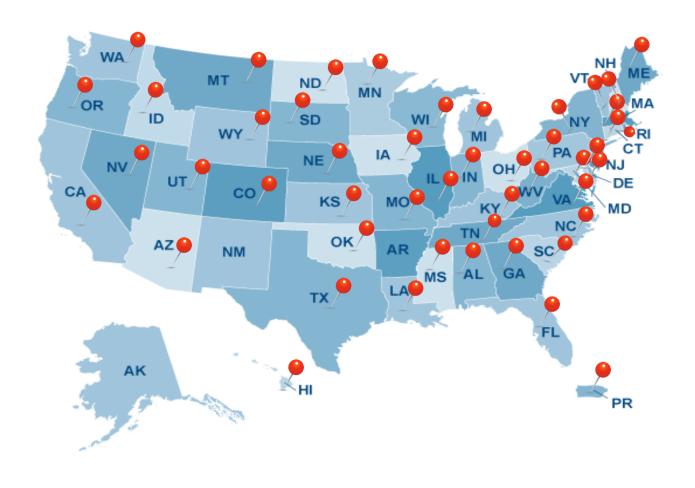


**Full Member (\$199)** – Curriculum Vitae Required with Application. If your CV is not received, your application will be processed for Associate membership

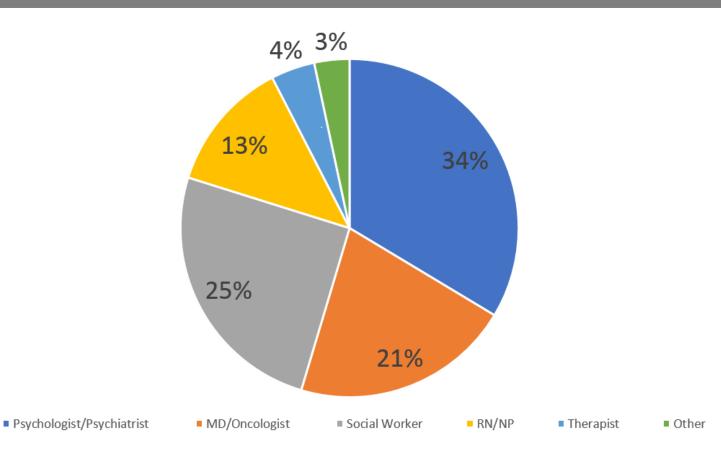
Associate Member (\$199) – No Curriculum Vitae Required with Application

Member-in-Training (\$132) – Letter from Advisor/Department Chair Required with Application

## STATES REPRESENTED WITH APOS MEMBERSHIP



## **APOS MEMBERSHIP BY DISCIPLINE**





# Mentoring Program

#### What is it?

The APOS Mentorship Committee is developing its first mentorship program! It's an opportunity for members who are advanced in their careers to connect with students and early professionals on issues related to professional development, diversity issues, and personal growth.

# Why join?

To share experiences, build community, and cultivate relationships within APOS. This is a unique chance for veteran members to share new ideas and lessons learned with a new generation of psychosocial oncology professionals.

#### How does it work?

Sign up today to become a mentor, a mentee, or both! APOS will utilize a seamless integration of technology to match clinical/research interests. You will be matched based on your discipline, professional interests (e.g., research, clinical work), and preferred method and frequency of communication. The APOS Mentorship Committee will help you get started by providing materials to guide your early conversations. Mentoring conversations will take place via your preferred mode of communication (email, phone, Skype/FaceTime), not to mention the all-important face-to-face opportunities at our annual meeting. You and your mentor/mentee get to determine when and how you would like to connect during the next 12 months.

For more information on becoming a mentor/mentee:

https://apos-society.org/early-career/apos-mentoring-program





Advancing the science and practice of psychosocial oncology.

# **AGENDA**

#### **ANNUAL BUSINESS MEETING OF MEMBERS**

February 22, 2018 | 1:00 PM – 2:00 PM MST Canyon II,IV

The Westin La Paloma Resort & Spa | Tucson, Arizona

<u>Time</u>	<u>Topic</u>	<u>Presenter</u>
1:00 PM	Call to Order and Welcome	Donald Rosenstein
1:10 PM	Approval of 2017 Business Meeting Minutes	APOS Full Members
1:12 PM	Introduction of 2018 APOS Fellows	Brad Zebrack
1:20 PM	Treasurer's Report	Victoria Kennedy
	Committee and SIG Group Updates	
1:30 PM	a. Membership	Gwen Wyatt
1:32 PM	b. Research	Cecile Lengacher
1:34 PM	c. Communications	Allison Applebaum
1:36 PM	d. Professional Education	Sharla Wells-Di Gregorio
1:38 PM	e. Mentoring	Joel Marcus
1:40 PM	f. SIGs Update	Elizabeth Archer-Nanda
1:45 PM	APOS Leadership	
	<ul> <li>Board of Directors Incoming and Outcoming</li> </ul>	Donald Rosenstein &
	b. Parthenon Management Group, Dawn Keglor	Isabel Schuermeyer
1:55 PM	Closing Comments and Adjournment	Donald Rosenstein



"The hardest part of my cancer journey has been telling my 9 and 11 year-old daughters that I have cancer."

What programs do you offer for the children of your adult cancer patients?

CLIMB® - Children's Lives Include Moments of Bravery, is a six-week emotional group-support program for children ages 6-11 that helps to normalize feelings of sadness, anxiety, fear and anger for children and stimulates improved communication between the children and their parent with cancer.

Get your program started today! Visit us at Booth #9 in the Exhibit Hall

The Children's Treehouse Foundation®
Inspiring emotional support for children of parents with cancer

(303) 322-1202

Save the Date

APOS 16th Annual Conference

February 28, 2019 – March 2, 2019
Sheraton Atlanta Hotel

Atlanta, Georgia