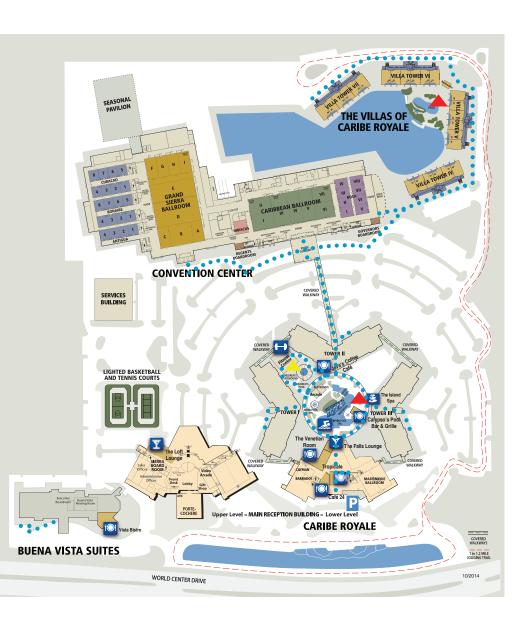
CONFERENCE GUIDE

Across the Lifespan:
Achieving Equity in
Psychosocial Oncology from
Pediatrics to Geriatrics











Stay in the know with course and session details, speaker information, a customizable schedule and more!

Full screen and mobile versions are available on the Itinerary Planner at www.apossociety.org with the option to download the app!



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Joel Marcus, PsyD

"The Psychosocial Oncology Society has provided me a home. It is from this organization that I have found the tools and the support to attempt to help patients and their families. The American Psychosocial Oncology Society continues to broaden my horizons, professionally and personally. As we are a newer Society I want to make sure that those who come after me will have the same if not enhanced experience. These are in part some of the reasons that I support the future fund"

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Badges

Your name badge admits you to attend Conference activities for which you are registered. You must wear your name badge at all times while you are in the conference area, to identify yourself as an APOS attendee.

Registration Desk Hours

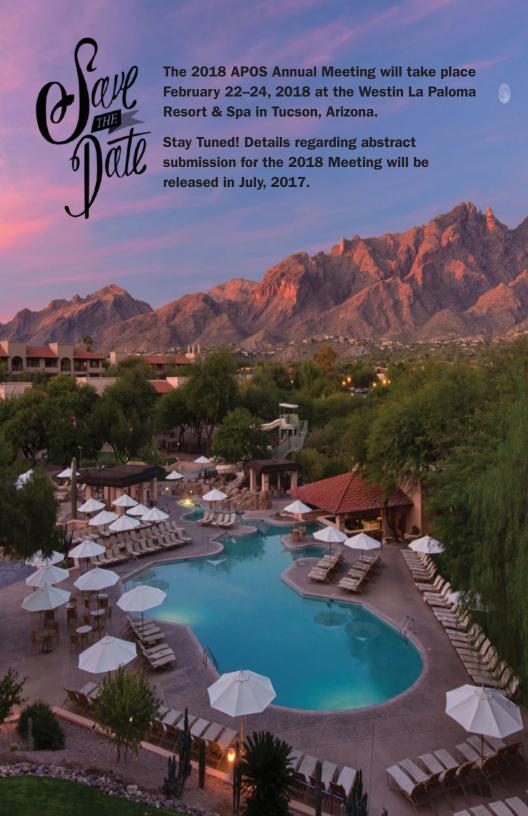
Conference Registration is located in the Caribbean Registration Desk. The Registration Desk is open during these hours:

•	Wednesday, February 15	7:00 AM – 6:00 PM
•	Thursday, February 16	7:00 AM - 6:00 PM
•	Friday, February 17	7:00 AM - 6:00 PM
•	Saturday, February 18	7:00 AM - 1:00 PM

The APOS Speaker Ready Room is open on the below dates and times for presenters to upload slides. The meeting organizers ask that all speakers upload their slides 24 hours prior to their scheduled presentation time. The Speaker Ready Room is located in the Regents Boardroom.

 Wednesday, February 15 	7:30 AM – 5:00 PM
 Thursday, February 16 	7:00 AM – 6:00 PM
 Friday, February 17 	7:00 AM – 5:00 PM
 Saturday, February 18 	7:30 AM - 11:00 AM

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Please note, due to print deadlines there may be additional exhibitors or supporters not listed in this program.

APOS offers sincere gratitude to all of our 2017 14th Annual Conference supporters!

	OSHEDSEE AI F	I GEAITOE
Tuesday, February 1	4, 2017	
8:00 AM - 5:00 PM	Board of Directors Meeting	Hibiscus
6:00 PM - 7:30 PM	Screening for Psychosocial Distress Program Reception - R25 (By Invitation)	Boca Patio
Wednesday, Februar	ry 15 , 2017	
7:00 AM - 6:00 PM	Registration Caribbear	n Registration
8:00 AM – 5:00 PM	Screening for Psychosocial Carib Distress Program (By Invitation)	obean VI & VII
8:00 AM - 5:00 PM	Full Day Workshops	
🐧 🕒 🕑 W1. Restoring	Balance Self-Care Workshop	Boca I
W2. Meaning 0	Centered Psychotherapy in Cancer	Boca V
W3. Effectively	Communicating With Older Adults With Cancer	Boca III
8:00 AM - 5:00 PM	Psychosocial Oncology Institute (separate registration required)	Boca VII-VIII
8:00 AM - 12:00 PM	Morning Workshops	
W4. Communica	ting With Adolescents at End of Life:	Boca II
Ethical Diler	nmas and Practical Solutions	
	Therapists of Critically III Patients: Creative	Boca VI
and Therape	eutic Expressions of Loss and Recovery	
12:00 PM – 1:00 PM	Lunch Break for Workshop, POI and	Caribbean I
	Distress Screening Participants	
1:00 PM - 5:00 PM	Afternoon Workshops	
W6. Enhancing Acc	ess to Help for Cancer-Related Sexual Problems	Boca II

Clinicians and Researchers Deal With Compassion Fatigue

5:30 PM - 7:00 PM

Poolside

Boca IV

Boca VI

P W7. Art Therapy as an Evaluation Tool for Children With Cancer

W8. Effective Strategies for Helping Psychosocial Oncology

Thursday, February 16, 2017

7:00 AM – 6:00 PM	Registration Ca	tion Caribbean Registration	
7:00 AM – 7:30 AM	Wellness Workshop – Gentle Yoga	Hibiscus	
7:00 AM - 8:30 AM	Cancer Caregivers – Special Interest G	roup Boca I	
8:30 AM - 9:00 AM	Welcome	Caribbean IV-V	
Speaker: Steve Cole	Opening Plenary Session f the Cancer Genome e, PhD, Professor of Medicine and Psychologes, David Geffen School of Medicine at U		
10:00 AM - 10:15 AM	Networking Break in Exhibits	Caribbean I-III	
	Symposia tion Skills Training: Helping Clinicians te With Patients Across the Lifespan	Caribbean V	
e 2. How to Impl	rove the Diagnosis and Treatment of Depression in Older Patients With Cance	Caribbean IV	
♠ ♠ P 3. Consideration A Considera	tions for Training in Psycho-Oncology: Caribbe Core Aspects of Successful Programs		
4. Using a Het	euristic Approach to Explore Symptoms and Caribbean Vi Self-Management in Adolescents and Young		
12:00 PM - 1:00 PM	Lunch on Your Own		
12:00 PM - 1:00 PM	APOS Professional Education Committee Meeting	Boca VI	
12:00 PM - 1:00 PM	APOS Membership Committee Meeting	g Boca III	
12:00 PM - 1:00 PM	Pediatrics – Special Interest Group	Boca I	
12:00 PM - 1:00 PM	Sexual and Reproductive Health – Special Interest Group	Boca II	
12:00 PM - 1:00 PM	Bereavement - Special Interest Group	Boca V	

Thursday, February 1	.6, 2017	
1:00 PM - 2:00 PM	Oral Poster Presentations	Caribbean VI
2:00 PM - 3:00 PM	APOS Business Meeting	Caribbean IV-V
3:00 PM – 4:00 PM	Poster Session I and Exhibits	Caribbean I-III
4:00 PM – 5:00 PM	Awards	Caribbean IV-V
5:00 PM - 5:15 PM	Networking Break in Exhibits	Caribbean I-III
5:15 PM - 6:45 PM	Symposia	
5. AcceptanceCancer Population	and Commitment Therapy for ulations	Caribbean IV
(A) (G) (P) 6. Caring for A Cancer Care	II Ages: A Lifecourse Perspective on egiving	Caribbean VI
7. Advances in	Clinical Care Models for Transitioning 'Young Adult Patients With Cancer	Caribbean VII
Mentoring Ir	h Equity Scholars Program: A Training and nitiative Dedicated to Increasing Diversity and Psycho-Oncology to Address Health Disparitie	
7:00 PM – 8:30 PM	APOS Fellows Reception (By Invitation)	Hibiscus
Friday, February 17,	2017	
7:00 AM - 6:00 PM	Registration Caribbe	ean Registration
7:00 AM - 7:30 AM	Wellness Session – Mindfulness Meditation	H ibiscus
7:00 AM - 8:30 AM	E-Health – Special Interest Group	Boca I
7:00 AM - 8:30 AM	Psychiatric Oncology – Special Interest Gro	oup Boca II
7:00 AM - 8:30 AM	Helpful Tips for Successful Grant-Writing	Boca VIII
	Plenary Session portunities at the Cancer and Aging Interface then, MD, Walter Kempner Professor of Medicin	Caribbean IV-V ne,

9:30 AM – 9:45 AM Networking Break in Exhibits Caribbean I-III

Duke University Medical Center

Friday, February 17, 2017

9:45 AM - 11:15 AM Symposia

(2)	9.	The ABC's of AYAs	Caribbean VI
(A) (C) (C)	10.	Research Skills: MGH Workshop on Methods in	Caribbean VII
		Supportive Oncology Research	

- 11. Translation of Cancer Stress Management Research to Caribbean V
 Target Disparities and Improve Access in the Era of
 Mandated Distress Screening
- 12. The Role of E-Health in Delivering High Value, Equitable Caribbean IV

 Psychosocial Cancer Care: Reports From the Cutting Edge

11:15 AM - 12:15 PM Lunch on Your Own

11:15 AM - 12:15 PM Meet-the-Expert Lunches

 Pediatric, Adolescent and Young Adult Considerations in 	Boca IV
Psychosocial Oncology	
Geriatric Considerations in Psychosocial Oncology	Boca V
 Models of Distress Screening in Psychosocial Oncology 	Boca VII
 Ethnic and Cultural Considerations in Psycho-Oncology 	Boca VI
Sexual Health and Fertility in Cancer	Boca II

12:25 PM – 1:55 PM Plenary Session

Caribbean IV-V

Boca III

Pediatric Psychosocial Standards of Care: Development, Implementation and Future Directions

Speakers:

Lori Wiener, PhD, DCSW, FAPOS, accompanied by

mHealth Interventions in Psychosocial Oncology

Vicki Sardi-Brown, PhD, LPC and Peter Brown

Melinda and Lee Marchiano (Childhood Cancer Survivor and Parent Advocate)

Andrea Patenaude, PhD

Moderator: Julia Rowland, PhD

2:00	PM – 3:30 PM	Poster Session II and Exhibits	Caribbean I-III
3:30	PM – 5:00 PM	Symposia	
A	13. NCI's R25E	Mechanism: To Support Professional	Caribbean VII
	Training and	d Patient Education	
(14. Population	Based Patient-Reported Outcomes Among	Caribbean VI
	Older Adult	s With Cancer	
A	15. Inequities i	n Tobacco Treatment for Cancer Patients:	Caribbean V
	Who is not	Getting Care and Why?	
A G	16. Planning Ah	nead: Decisional Capacity, Advance Directives,	Caribbean IV
	and the De	velopment of Innovative Approaches to	
	Advance Ca	are Planning in Adults With Cancer	

5:00 P	M – 5:15 PM	Networking Break in Exhibits	Caribbean I-III
5:15 P	M – 6:45 PM	Symposia	
A	17. Incorpor Researc	ating the Patient's Voice in Psycho-Oncology h	Caribbean VII
(2)	_	the Psychosocial Needs of Adolescents and	Caribbean IV

Young Adults on and off Treatment

19. The Emerging Clinical Conversation About Physician Caribbean V

Assisted Death

(1) (2) 20. APOS Presidential Reflections: From Clinical Care to Policy Caribbean VI

6:30 PM – 11:30 PM Complimentary shuttles Convention Center Lobby to Disney Springs

Saturday, February 18, 2017

Friday, February 17, 2017

7:00 AM – 12:00 PM Registration Caribbean Registration

7:30 AM - 8:30 AM Integrative Medicine - Special Interest Group Boca /

8:30 AM - 10:00 AM Podium Sessions

21. Methodology and Measurement Caribbean IV
 22. Adjustment and Decision-Making Caribbean VI

23. Age-Related Differences and Economic Effects of Cancer Caribbean VII

(A) (G) 24. End of Life and Bereavement Caribbean V

10:00 AM – 10:15 AM Networking Break in Exhibits Caribbean Foyer

10:15 AM – 11:15 AM Closing Plenary Session Caribbean IV-V

Trauma and Resilience: An Elementary Approach Speaker: George Bonanno, PhD, Professor of Clinical Psychology, Columbia University

11:30 AM - 1:00 PM Podium Session

© 25. Care Delivery
Caribbean IV
26. Caregivers and Community Roles
Caribbean VI
27. End of Life and Bereavement
Caribbean VI
28. Collaborative Care
Caribbean VII

1:00 PM – 1:15 PM Closing Remarks Caribbean V



Learning Objectives

Psychosocial Cancer Care Across the Lifespan:
Achieving Equity in Psychosocial Oncology from Pediatrics to Geriatrics

- Identify at least one evidence-based strategy, which may include innovative uses of data and technologies, for improving access to quality psychosocial cancer care, particularly patient navigation, survivorship care, and distress management for underserved and medically vulnerable patients of all ages and their families.
- 2. Translate at least one scientific finding into quality whole-patient psychosocial cancer care via collaboration among researchers, practitioners and advocacy groups, with special attention to vulnerable populations across the lifespan and including ethnic, racial, and cultural minorities, aging and pediatric U.S. populations.
- Identify at least one practice-based advocacy or policy initiative that
 promotes health equity across the lifespan in psychosocial oncology
 nationally through integrating findings from psychosocial oncology
 clinical, biological, or biobehavioral research.
- 4. Identify at least one strategy for strengthening ethnic, racial, and cultural diversity among psychosocial oncology professionals.

Continuing

Meeting Evaluation: All meeting attendees are urged to complete an evaluation of the meeting. Attendees who are requesting CE or CME credit for the meeting are required to complete the evaluation. This form is available online only. You may complete the evaluation on-line at http://www.apossociety.org. All evaluations must be completed by March 17, 2017.

Continuing Education and Disclosures: Attendees will be eligible to receive the credit hours listed below for attending the 14th APOS Annual Conference, February 15-18, 2017. To obtain CE credits for the conference, you must complete the post-conference meeting evaluation. All disclosures are available at the APOS Registration Desk and online at www.apos-society.org.

There will be a \$50.00 charge for scientific registrants to obtain CME or CE credits. CME/CE instructions will be available at the meeting registration desk and on the APOS website (www.apos-society.org). Upon completion of the post-conference CE/CME evaluation and attestation, your CE/CME certificate will be emailed to your email on file with APOS.

Satisfactory Completion: Participants must complete an evaluation form in order to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available.

Physicians: Accreditation Statement - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Amedoo and the American Psychosocial Oncology Society. Amedoo is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement - Amedco designates this live activity for a maximum of 23.0 AMA PRA Category 1 Credits $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONTINUING EDUCATION UNITS CONTINUED

Nurses: Amedco is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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Psychologists: This course is co-sponsored by Amedco and the American Psychosocial Oncology Society. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. Maximum of 23.0 hours.

Social Workers: Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 6/24/2016 to 6/24/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits.

Social workers participating in this course may receive up to 23.0 clinical continuing education clock hours.

Professional Counselors in these 37 states can submit ASWB = AK, AL, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

MFT's in these 25 states can submit ASWB = AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, ME, MO, NC, NE, NH, NM, NV, OK, PA, TN, TX, UT, VA, WI, WY

ADA Statement: ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

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Congratulations 2017 APOS Award Recipients

HOLLAND DISTINGUISHED LEADERSHIP AWARD: DEANE L. WOLCOTT, MD



Dr. Deane Wolcott trained in Adult Psychiatry at UCLA where he subsequently served on the full time faculty for 12 years. At UCLA he worked closely with the BMT, HIV/AIDS, chronic dialysis, and solid organ transplant services. He then worked for almost 20 years for Salick Health Care/Aptium Oncology.

Dr. Wolcott led the Aptium Oncology corporate consulting group to the UK NHS and served as Director of Business Development for its UK subsidiary Aptium Cancer Care. He was the Founding Director of Oncology Supportive Care

Services at the Samuel Oschin Cancer Center, Cedars-Sinai Medical Center in Los Angeles, where he returned as Director in 2010 prior to the recruitment of its current Director, Scott Irwin, MD, PhD, in 2015.

As Founding Director, Dr. Wolcott created the first fully integrated interdisciplinary supportive care program in the Country. In addition to this innovative outpatient model, he also created a new deeply respectful way for professionals to communicate and support each other. Dr. Wolcott had a robust impact on supportive care programs internationally.

Despite having major national and international responsibilities for Salick/Aptium Oncology, including leading the development of psychosocial oncology services, he was a board member and ultimately president of APOS at a critical time in its development. His leadership was pivotal for the health and growth of the organization. In addition to being a former APOS president and Chair of the Annual Meeting Program Committee, he is presently Chair of the E-Health SIG.

Dr. Wolcott is internationally recognized for expertise in models for the delivery of comprehensive, multidisciplinary, patient-centered, high value psychosocial oncology/oncology supportive care services, optimizing the coordination of supportive care services and symptom management/palliative care services across all disease stages and care environments, and optimizing the role of advanced health information technology in the delivery of comprehensive oncology supportive care services.

OUTSTANDING CLINICAL CARE AWARD: KAUSER AHMED. PHD



Kauser Ahmed, PhD, is a clinical psychologist and the Associate Director/Training Director at the Simms/Mann-UCLA Center for Integrative Oncology, where she is responsible for the oversight of clinical care of patients and families touched by cancer since 2002. In addition to her work as a gifted clinician, she has been a highly skilled supervisor/mentor and instrumental in the development and implementation of innovative psycho oncology clinical services for patients and families.

Dr. Ahmed has played a critical role in establishing the psycho social assessment and treatment protocols for many of the oncology clinics at UCLA, and has created award winning interdepartmental psychoeducational programs to meet the needs of pre-surgical patients, adult and AYA survivors and minor children of parents with cancer. At UC San Diego Moores Cancer Center, she proposed and received philanthropic funding for a navigation program to assist patients and families across the cancer continuum.

Lastly, as the Training Director at the Simms Mann Center at UCLA, she developed and implemented the core curricula of a nationally recognized multidisciplinary psycho oncology training program. Since 2004, she has supervised the teaching/training of over 70 pre and post-doctoral clinical psychology students, MSW oncology students and chaplaincy interns, many of whom have gone on to their own careers as clinicians and researchers in psychosocial oncology. Dr. Ahmed is deeply grateful to her students, mentors and especially the patients and families who have shared their lives with her, and from whom she has the great privilege to learn every day.

Dr. Ahmed received her BA in Comparative Literature from Brown University and her doctorate in Clinical Psychology from the University of Denver. She completed her predoctoral clinical internship at UCLA Neuropsychiatric Hospital.

OUTSTANDING EDUCATION AND TRAINING AWARD: WILLIAM PIRL, MD, MPH, FAPOS & JENNIFER TEMEL, MD



Dr. William Pirl is the Associate Director of the Sylvester Comprehensive Cancer Center, where he leads Cancer Support Services, and an Associate Professor of Psychiatry at the University of Miami's Miller School of Medicine. He received his MD at Harvard Medical School and MPH at the Harvard School of Public Health. He completed residency at Massachusetts General Hospital (MGH) and fellowship at

Memorial Sloan Kettering Cancer Center. Prior to Sylvester, Dr. Pirl was Director of the Center for Psychiatric Oncology at the MGH Cancer Center.

Dr. Pirl is PI of an NCI-funded R25, the MGH Workshop on Methods in Supportive Oncology Research. This intensive 6-day workshop trains junior investigators in essential methods in supportive oncology research and provides mentorship for writing an entire research protocol/proposal. In addition to outstanding evaluations, participants have been significantly more likely to secure research funding after the workshop. Dr. Pirl's own research interests include the impact of depression on cancer outcomes and how the emotions of patients and their oncologists influence each other and predict future treatment. His research has been funded by the National Cancer Institute and the American Cancer Society. Dr. Pirl was President of APOS in 2013.



Dr. Jennifer Temel is an Associate Professor of medicine at Harvard Medical School and Director of the Cancer Outcomes Research Program at the Massachusetts General Hospital (MGH) Cancer Center. She is the Clinical Director of Thoracic Oncology at the MGH Cancer Center and provides oncology care for patients with lung and esophageal cancer.

Her research focuses on improving palliative, supportive and end of life care for patients with cancer and their families. She has received funding from the National Cancer Institute, the National Institute of Nursing Research, the American Society of Clinical Oncology and the American Cancer Society to study novel methods of improving the care of cancer patients. One of the main focuses of her research involves studying the integration of palliative and oncology care in patients with advanced cancers. Her work in this area has been published in the New England Journal of Medicine and the Journal of Clinical Oncology.

Dr. Temel was awarded a National Cancer Institute mid-career development award to mentor others in palliative and end of life care in oncology. She also serves as the co-Principal Investigator on a National Cancer Institute grant to conduct a workshop on methods in supportive oncology research for junior faculty.

NEW INVESTIGATOR AWARD: JADA G. HAMILTON, PHD, MPH



Dr. Jada Hamilton is an Assistant Member at Memorial Sloan Kettering Cancer Center, and Assistant Attending Psychologist in the Behavioral Sciences Service, Department of Psychiatry and Behavioral Sciences at Memorial Hospital in New York, NY. Prior to joining the faculty of Memorial Sloan Kettering, Dr. Hamilton received a BA in Genetics and Psychology from Ohio Wesleyan University (2004), an MA and PhD in Social and Health Psychology from Stony Brook University (2006, 2009), and

an MPH from the Mailman School of Public Health at Columbia University (2010). Dr. Hamilton also completed a postdoctoral fellowship as part of the National Cancer Institute's Cancer Prevention Fellowship Program.

Dr. Hamilton's research examines psychosocial aspects of cancer prevention and control, including how people perceive, respond to, and make decisions regarding health risk information revealed by emerging genetic and genomic testing technologies. The goal of her program of behavioral research is to translate advances in genetic and genomic medicine into improvements in patient care and public health. For example, with a current project funded by an American Cancer Society Mentored Research Scholar Grant (MRSG-16-020-01-CPPB), Dr. Hamilton is examining the process and outcomes of advanced cancer patients' decisions to learn and communicate secondary germline findings arising from tumor genomic profiling to their families. Through this work, Dr. Hamilton aims to identify opportunities for improving communication and informed decision making between cancer patients, families, and clinicians regarding secondary germline findings that can arise from the use of precision medicine approaches such as tumor genomic profiling.

APOS SERVICE AWARD: FRANCINE PARNES, MA, JD



Francine Parnes, MA, JD, has been an award-winning journalist who has written extensively for leading news organizations including The *New York Times* and *The Associated Press*. She was also a reporter and editor for 10 years at *The Denver Post*, where she shared in a Pulitzer Prize as a member of the staff that covered the Columbine High School shootings.

More recently, Ms. Parnes has focused on serving the readership by addressing important issues in health and well-

being. She co-edited a volume for clinicians, "Bereavement Care for Families," published by Routledge in 2014, with a former chief of psychiatry at Memorial Sloan Kettering Cancer Center.

As a cancer survivor, Ms. Parnes serves on an advisory board for the Department of Psychiatry & Behavioral Sciences at Memorial Sloan Kettering Cancer Center. As a primary caregiver, she attends to her family's ongoing medical challenges. Approximately eight years ago, she took on fulltime responsibilities as caregiver and medical advocate for her elderly parents in-home, overseeing their care and multiple serious diagnoses, including cancer. She has also assumed responsibility for the family business.

Among her community care commitments, Ms. Parnes has planned and hosted approximately 75 New York City harbor cruises for medical groups and centers. These charitable outings have served as a forum for education and liaison among physicians, mostly specializing in cancer. For her additional community service, Ms. Parnes received an award from the Elizabeth Birt Center for Autism Law and Advocacy in 2012.

Before starting her career in journalism, Ms. Parnes was an attorney in New York and Los Angeles. She graduated from Loyola Law School in Los Angeles, where she was Articles Editor of the *Law Review*. Earlier she received master's degrees in languages and literature at the University of Michigan – Ann Arbor, where she was a teaching fellow.

Ms. Parnes came to appreciate the significance of the achievements of APOS primarily through her deep admiration of Dr. Jimmie Holland's pioneering groundwork in psycho-oncology. As a caregiver, Ms. Parnes recognizes APOS' important role in offering patients psycho-social support as they navigate the maze of cancer care.

Welcome

APOS Fellows Class of 2017

BARRY BULTZ, PHD



Dr Barry Bultz is Professor and Head of the Division of Psychosocial Oncology, and holds The Daniel Family Leadership Chair in Psychosocial Oncology at the Cumming School of Medicine, University of Calgary. He is also Professor of Psychiatry in the Cumming School of Medicine. He is also the Director of the multidisciplinary Department of Psychosocial Oncology at the Tom Baker Cancer Centre.

Dr. Bultz is an active member of many collaborative research initiatives, holds several grants and has published over 100

papers. He serves on a number of editorial boards for cancer-related journals. Dr. Bultz carries the message of the importance of attention to the emotional needs of the patient into many areas in the health care system. He advocates for the importance of recognizing the impact of cancer related distress on the patient's experience. He has championed, advocated, published and presents frequently on the importance of Screening for Distress and has promoted "Distress" being branded the "6th Vital Sign."

Dr. Bultz is a co-founder and Past President of the Canadian Association of Psychosocial Oncology (CAPO). From 2003 to 2006, Dr Bultz served as an Invited Director of the Board of the American Psychosocial Oncology Society. From 2012 to 2014, Dr. Bultz served as President of the International Psycho-Oncology Society. He is a Fellow of the Canadian Psychological Association. He received the Award of Excellence in Medicine and Health from the Canadian Cancer Society – Alberta Division, and the Award of Excellence from the Canadian Association of Psychosocial Oncology. In 2016 he was the recipient of the Arthur M. Sutherland Award from the International Psycho-Oncology Society. In 2016, he also was honoured with the Alberta Order of Excellence, the Province's highest honour bestowed upon Albertans who have served with excellence and distinction and whose contributions have made a lasting impact.

MICHELLE FINGERET. PHD



Dr. Michelle Fingeret initiated her psychosocial oncology career following the acquisition of her PhD in Clinical Psychology from the University of Texas A&M in 2004. In 2007, she was appointed as Assistant Professor within the MD Anderson Cancer Center in the Department of Behavioral Science with in the Division of Cancer Population Sciences, and later promoted to Associate Professor in 2013. Also, Dr. Fingeret received additional appointments as an Assistant Professor in 2007 in the Departments of Head & Neck Surgery and Plastic Surgery, and as Associate Professor in 2013.

Dr. Fingeret's research background and clinical expertise are in the areas of body image, psychosocial oncology, and quality of life for cancer survivors. The multidisciplinary research she has been conducted includes both small and large research studies, many of which have been funded through institutional grants, the National Institutes of Health, and the American Cancer Society. Much of her work involves collaborating with investigators across the United States in various fields such as surgical oncology, reconstructive surgery, and biomedical engineering. Her research is centered on identifying the nature and extent of body image concerns in different cancer populations, identifying risk factors associated with poor psychological adjustment to alterations in body image, and developing psychotherapeutic interventions to alleviate body image suffering in the oncology setting. In addition to her research activities, she is the founder and director of the Body Image Therapy Service. This unique program provides psychological counseling to patients experiencing distress related to body image changes resulting from cancer treatment at MD Anderson Cancer Center.

Dr. Fingeret has been a co-author on 42 peer-reviewed original research articles, 4 invited articles, 5 book chapters, and 10 published abstracts. In terms of conference presentations, she has presented at 4 symposia, 5 invited workshops, and more than 50 scientific exhibitions. Equally impressive, Dr. Fingeret has made a serious commitment to teaching courses within her institution, training programs, mentoring initiatives, and clinical and teaching supervision.

As for APOS, she has been a member of the Annual Scientific Program Committee since 2009, Marketing Chair from 2010-2011, Treasurer from 2011-2012, and President Elect/President/Past President from 2013-present. Dr. Fingeret helped to develop and launch the APOS Webinar Series as well as the APOS Future Fund. As President, she presided over the APOS/IPOS World Congress of Psycho-Oncology. During these past three years, she also carefully steered APOS through a difficult transition of identifying a new management firm without disruptions to APOS' daily operations.

BARBARA GIVEN, PHD, RN, FAAN



Barbara Given is one of the most consistently well-funded nursing researchers in oncology nursing. She has successfully obtained funding from the National Institutes for Health for more than 30 years. Her areas of investigation include long-term cancer home care, family caregivers, cancer nursing intervention, adherence with oral cancer medication and cancer symptom management. Her research has employed Interactive Voice Response systems to monitor symptoms of patients in their homes, and to provide them with evidence-

based information to manage their symptoms using a Symptom Management Toolkit her team developed.

She is one of the charter members of the Midwest Nursing Research Society and the Oncology Nursing Society. She was honored at Michigan State University as a University Distinguished Professor (2001), was the Associate Dean for Research College of Nursing (2007-2012) and Director of the PhD program College of Nursing (2007-5/2015). She is currently the Interim Associate Dean for Research and the PhD Program. She serves on the Sparrow Health System Governing Board where she is the Chair. She is a Visiting Professor at Vanderbilt.

Honors include: the Council for the Advancement of Nursing Science (CANS) Outstanding Nurse Scientist Award (2016), Burdette Kunkel Behavioral Research Achievement Award, presented by the Behavioral Cooperative Oncology Group (2014), Distinguished Oncology Nursing Lectureship from the James Cancer Hospital at The Ohio State University Comprehensive Cancer Center (2013), Sparrow Nurses Lifetime Achievement Award (2013), ONS Distinguished Service Award (2006), Oncology Nursing Society (ONS)/Schering Excellence in Cancer Nursing Research Award (2002), Friends of the National Institute for Nursing Research Pathfinder Distinguished Researcher Award (2001), the Lifetime Achievement Award from the MSU College of Nursing Alumni Association (2000), The Cancer Nursing's Research Article Award was named in her honor (2013). She began her work with Sparrow Hospital in January 1966.

CECILE LENGACHER, PHD, RN, FAAN



Dr. Cecile Lengacher is an internationally recognized nurse scientist, with expertise in bio-behavioral clinical trial intervention research including psycho-oncology, psychoneuroimmunology, and complementary alternative medicine (CAM), emphasizing the link between physiological and behavioral outcomes for cancer survivors. She is a Professor and Director of the Pre-Doctoral Fellowship Program at the USF College of Nursing and for the past 19 years serves as a faculty member of the Moffitt Cancer Center

Outcomes and Behavioral Program in the Population Sciences Division, and Integrative Medicine, and Breast Cancer Clinical Programs.

Nationally, she is honored as a Fellow of the American Academy of Nursing and has participated as a member of the NIH BMIO Scientific Review Study Section, along with being a reviewer for several journals including *Psycho-Oncology*. She has extensive experience in leading bio-behavioral multidisciplinary teams to test the efficacy of MBSR on psychological, physical, and biological outcomes among cancer survivors and caregivers for multiple NCI and other funded grants. She has published over 120 peer-reviewed papers published in peer-reviewed journals, including *Psycho-Oncology*, and numerous book chapters, monographs, and technical reports that include the effects of CAM therapy intervention research on symptoms and quality of life while examining the biological mechanisms of action, natural killer cells, stress hormones, cytokines, telomeres, and genes.

Her research has advanced the scientific evidence of behavioral intervention research and symptom science to improve the quality of life among cancer survivors and caregivers. She has clearly made significant contributions to the science of psychosocial oncology by presenting her research findings internationally at IPOS annual meetings and at every APOS scientific meeting since 2005. For a decade she has been a member of the APOS Scientific Review Committee; she has also served on the Program Committee and as Co-Chair of the IPOS/APOS 2015 Scientific Review Committee, along with serving on the Research committee and Secretary of the APOS Board since 2015.

MARYLAND PAO. MD



Dr. Maryland Pao is the Clinical Director and Deputy Scientific Director of the National Institutes of Health Intramural Research Program at the National Institutes of Health. She serves as Chief of the Psychiatry Consultation Liaison Service in the Hatfield Clinical Research Center. A native of Bethesda, she attended Wellesley College before completing a BA/MD program at Johns Hopkins University School of Medicine. She completed Pediatric and Psychiatric Residency training as well as a Child and Adolescent Psychiatry Fellowship at

Johns Hopkins Hospital. Boarded in Pediatrics (1994, 2001), she is currently certified in General Psychiatry, Child and Adolescent Psychiatry and Psychosomatic Medicine.

Her research interests are in the complex interactions between medical and psychiatric symptoms in pediatric oncology, pediatric HIV and other primary immunodeficiencies and in the impact of these diseases on a person's development. She studies distress and its correlates in medically ill children including suicidal thoughts and behaviors. She has published more than 120 research articles and chapters, and co-edited the *Quick Reference for Pediatric Oncology Clinicians: The Psychiatric and Psychological Dimensions of Pediatric Cancer Symptom Management, 2nd edition, Oxford University Press, Oxford, 2015. She helped develop the ASQTM (Ask Suicide-Screening Questions), a suicide screening tool for pediatric emergency departments, and <i>Voicing My CHOiCESTM*, an advance care planning guide for adolescents and young adults.

Dr. Pao has been a member of APOS since 2008. A leader in promoting the field of pediatric psychosomatic medicine, she is a recipient of the 2012 AACAP Simon Wile Award for leadership in Consultation. She is on the Clinical Faculty at Georgetown University, George Washington University and at Johns Hopkins University Schools of Medicine.

"HEALTH EQUITY IN CANCER CARE IS A DEDICATED FOCUS OF APOS. AS A WOMAN OF COLOR AND A COMMUNITY-MINDED PSYCHO-ONCOLOGIST, I AM GRATEFUL TO JOIN WITH MY FELLOW APOS LEADERS AND MEMBERS IN INFUSING HEALTH EQUITY RESEARCH AND PRACTICE, AND NURTURING THE NEXT GENERATION OF DIVERSE PSYCHO-ONCOLOGISTS."

Dr. Kimlin Ashing APOS Board of Directors, Director of Mentoring



WELCOME APOS HEALTH EQUITY SCHOLARS!

Tracy Crane, MS, RDN *University of Arizona*

Leah Fortson, MAFuller Graduate School of Psychology

Rina Fox, MS, MPHNorthwestern University

Michael Mejia University of Kentucky

Sarah Mills, MS, MPH
SDSU/UCSD Joint Doctoral Program in Clinical Psychology



The APOS Screening for Psychosocial Distress Program in Partnership with Yale School of Nursing is a two-year educational program designed to prepare cancer care clinicians to develop and implement a comprehensive distress screening program in their practice environments.

Welcome to all Distress Screening Program Participants!

Ellen Nieman

Amy Bower Amy Madnick Anjanette Cureton Ann Fankell **Ashley Sprouse Ashraf Mohamed** Autumn Bragg **Barbara Hale Becky Ernst** Caroline Macuiba **Caryn Stewart Catherine Gibbs Chad Dingman Christine Restivo-Pritzl Christine Rodriguez Christine Esquivel** Colleen Van Essen **David Rapkin Dawn Blake-Holmes** Dawn Radsek **Devika Jutagir**

Genise Davis Gina Baldacci Ginger Fidel **Heather Duncan Heather Dubois** Jeanne Chartier **Jeffrey Gross** Jenna Kiel Jennifer Hydeman Jennifer Reynaert Jill Setork Joan Scales JoAnna Ouan June Foss **Kelly Huggins Kristen Nicastro** Laura Beasley Laura Devine **Leah Smith Leslie Blatt Linda Roberts** Marilyn Omabegho Marisa Azevedo Baker

Meg Cardoni Megan Pailler Michael Ryan **Nancy Cullinan** Nelida San Gabriel Nicole Peterson Patricia Murphy Patricia McGettigan Paulomi Campbell Rachelle Collins Rachelle Portner Rebecca Crane-Okada Renee Kurz **Rissy Smith Robert Casey Rose Vick Ruth Zimmers** Sara Phillips Sheri Goldstrohm Ta-Chueh Hsu Teal Fitzpatrick **Ted Varkas Teletia Taylor** Theresa Abts

Dianne Shumay

Eliabeth Jernigan

Dina Hankin





Advancing the science and practice of psychosocial care for people affected by cancer.

MEMBERSHIP HAS IT PERKS!

- Reduced rates for conferences and symposia sponsored by APOSI
- Free participation in the APOS Webinar Series and free access to past recorded webinars as well.
- Access to the members-only website, which includes an online searchable membership directory, professional fellowship and education opportunities, online continuing education materials and much more.
- Member Listservs for the entire APOS membership and for Special Interest Groups.
- Opportunity to serve on APOS committees (all members) and be elected to office (Full members).
- Bi-monthly member newsletter.
- Amazing networking opportunities.
- Opportunity to be listed as a care provider in the online referral listing and through the APOS Toll-Free Helpline.
- AND THE LIST GOES ON!



WE'RE CHANGING THE GAME.

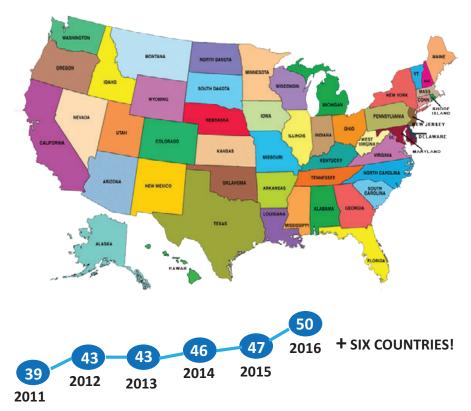
APOS is the ONLY multidisciplinary organization in the United States dedicated to researching and treating the psychosocial aspects of cancer.

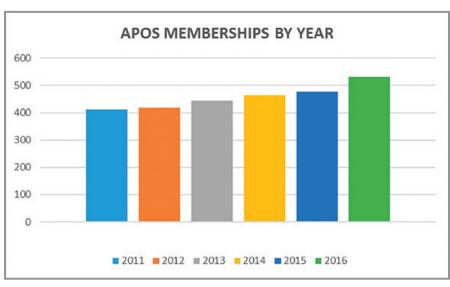
- Providing a forum for professionals and individuals.
- Raising the level of awareness of health professionals and the public.
- Developing and implementing educational programs for health professionals, patients, and the public.
- Developing a research agenda to be used as a guide for scientific study in the field.
- Developing standards of care and exploring innovative methods.
- Promoting education and training of health.
- Addressing the special needs of children, the elderly, and the underserved.
- AND MUCH MORE!



- Full Member (\$199) Curriculum Vitae Required with Application. If your CV is not received, your application will be processed for Associate membership
- Associate Member (\$199) No Curriculum Vitae Required with Application
- Member-in-Training (\$132) Letter from Advisor/Department Chair Required with Application

STATES REPRESENTED WITH APOS MEMBERSHIP





APOS MEMBERSHIP BY DISCIPLINE

Discipline	2011	2012	2013	2014	2015	2016
Psychologist	148	137	125	128	126	165
Physician, Psychiatrist	67	51	54	54	40	57
Physician, Oncologist	6	3	6	6	0	7
Physician, Other	21	12	18	18	0	28
Social Worker	48	41	41	40	35	47
Nurse	37	37	36	35	30	42
Research	42	48	44	35	37	40
Counselor, Clergy/Pastoral	7	3	2	2	2	4
Counselor, Mental Health	30	23	24	26	14	22
Therapist, Marital/Family	7	5	11	11	3	4
Social Scientist/ Sociologist	16	9	8	10	7	11
Therapist, Art	2	2	1	1	1	2
Therapist, Sex	3	3	0	0	0	4
Patient Advocate	5	0	3	3	0	4
Other	19	16	17	18	12	22

^{*}Some members identified multiple disciplines or did not submit this information.





Kelly Trevino

Deane Wolcott

Rebecca Lehto

Lori Wiener

Mary Hughes

Allison Applebaum

AGENDA

ANNUAL BUSINESS MEETING OF MEMBERS

February 16, 2017 · 2:00 PM – 3:00 PM EST Caribbean I-III, Caribe Royale Hotel and Convention Center, Orlando Florida

<u>Topic</u> Call to Order and Welcome	Presenter Isabel Schuermeyer
Approval of 2016 Business Meeting Minutes	Members
APOS Leadership a. Board of Directors Incoming and Outcoming b. Parthenon Management Group, Dawn Keglor	Isabel Schuermeyer & Michelle Fingeret
Introduction of 2017 APOS Fellows	William Pirl
Introduction of 2017 Health Equity Scholars	Kimlin Ashing
Treasurer's Report	Victoria Kennedy
Committee and SIG Group Updates a. Membership b. Research c. Communications d. Professional Education e. Psychiatric Oncology SIG	Gwen Wyatt Joe Greer Allison Applebaum Teresa Deshields Leeza Parks

Strategic Planning and Membership Survey Results Donald Rosenstein [Open Forum]

Adjournment and Meet and Greet with Incoming Leadership

f. Bereavement and Spirituality SIG

k. Sexual and Reproductive Health SIG

g. Cancer Caregiver SIG

i. Integrative Medicine SIG

h. E-Health SIG

i. Pediatrics SIG

APOS COMMITTEES AND SIG GROUP MEETINGS

E-Health

Chair: Deane Wolcott, MD Friday, February 17, 2017 7:00 AM – 8:30 AM

Boca I

Integrative Medicine

Chairs: Rebecca Lehto, PhD, MSN, RN; Lora Thompson, PhD Saturday, February 18, 2017 7:30 AM – 8:30 AM Boca I

Spirituality

Chair: Kelly Trevino, PhD Friday, February 17, 2017 7:00 AM – 8:30 AM Boca II

Bereavement

Chair: Wendy Lichtenthal, PhD Thursday, February 16, 2017 12:00 PM – 1:15 PM Boca V

Cancer Caregivers

Chair: Allison Applebaum, PhD Thursday, February 16, 2017 7:00 AM – 8:30 AM Boca I

Pediatrics

Chair: Lori Wiener, PhD, DCSW, FAPOS
Thursday, February 16, 2017
12:00 PM – 1:15 PM
Boca I

Psychiatric Oncology

Chair: Eliza Park, MD Friday, February 17, 2017 7:00 AM – 8:00 AM Boca III

Sexual and Reproductive Health

Chair: Mary Hughes, RN Thursday, February 16, 2017 12:00 PM – 1:15 PM Boca II



Wednesday, February 15, 2017 8:00 am - 5:00 pm **Caribe Royale Hotel and Convention Center**

APOS is pleased to host the second annual interactive Psychosocial Oncology Institute taught by leaders in psychosocial oncology. The APOS Psychosocial Oncology Institute is designed for students, interns, fellows, early career professionals, (nurses, physicians, social workers, psychologists, chaplains) as well as healthcare professionals switching their focus to oncology. Participants earn CEU's in a relevant and enlightening setting! This year's featured clinical topics that will improve patient care, include:



Cancer 101: Adults

Deane Wolcott, MD, FAPOS, Cedars-Sinai Samuel Oschin Comprehensive Cancer Institute





Ethical Challenges in Psycho-Oncology

Teresa L. Deshields, PhD, ABPP, Siteman Cancer Center Fay Hlubocky, PhD, University of Chicago





Interventions for Psychological Problems: Adults Joseph A. Greer, PhD, Massachusetts General Hospital/Harvard Medical School



Interventions for Psychological Problems: Pediatrics and Young Adults: Lori Wiener, PhD, DCSW, FAPOS, National Cancer Institute Stacy Flowers, PsyD, Nationwide Children's Hospital



Interventions for Symptom Management

Sharla Wells-DiGregorio, PhD, The Ohio State University Wexner Medical Center





Psychosocial Screening and Assessment: Adult Paul Jacobsen, PhD, National Cancer Institute

Psychosocial Screening and Assessment: Pediatric/Adolescent and Young Adults Anne Kazak, PhD, Nemours Children's Health System









FOR DETAILS VISIT: APOS-SOCIETY.ORG/PROFESSIONALS/PSYCHOSOCIAL-ONCOLOGY-INSTITUTE

TUESDAY, FEBRUARY 14, 2017

APOS Board of Directors Meeting (By Invitation) 8:00 AM – 5:00 PM Hibiscus

Screening for Psychosocial Distress Program 6:00 PM - 7:30 PM Reception - R25

Boca Patio

WEDNESDAY, FEBRUARY 15, 2017

Registration 7:00 AM – 6:00 PM Caribbean Registration Desk

Screening for Psychosocial Distress Program 8:00 AM – 12:00 PM (By Invitation)

Caribbean VI & VII

Funded by an NCI grant, this cancer education program is a joint project between the Yale School of Nursing and APOS. This two-year educational program will prepare cancer care clinicians to develop and implement a comprehensive distress screening program in their practice environments.

Psychosocial Oncology Institute*
Boca VII-VIII

8:00 AM - 5:00 PM

A full day, interactive institute taught by leaders in psychosocial oncology. The APOS Psychosocial Oncology Institute is designed for students, interns, fellows, early career professionals, (nurses, physicians, social workers, psychologists, chaplains) as well as healthcare professionals switching their focus to oncology.

*Separate registration is required.

Workshop 1
Boca I

8:00 AM - 5:00 PM

5000

🙆 🕝 P Restoring Balance Self-Care Workshop

Chair/Speaker: Paul Thielking, MD, Huntsman Cancer Hospital

This workshop is primarily intended for clinicians, but is relevant to all groups that experience work-related stress and are at risk of burnout or compassion fatigue. Physician and nursing burnout is a significant problem that can contribute to job and career turnover, reduced workplace productivity, and decreased quality of patient care (Wallace, 2009). Burnout rates in internal medicine and pediatric residents is estimated to be around 75% (Fahrenkopf 2008, Shanafelt 2002), and is around 50% with physicians in practice (Dyrbye 2014). In the palliative care setting, burnout rates seem to be even higher,

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Workshop 1 (continued)
Boca I

8:00 AM - 5:00 PM

with one recent study showing rates of 60% among physicians and 66% among non-physician providers (Kamal 2015). There is strong evidence supporting the use of mindfulness based group interventions to decrease burnout, decrease stress, and enhance engagement and sense of meaning at work (Krasner, 2009, Fortney, 2013, West, 2014). Over the past year, Dr. Thielking has developed a one-day self-care retreat for health care professionals to reduce burnout and enhance wellness. This retreat has been offered at the University of Utah to groups of primary care physicians and to non-physician clinicians in an oncology setting. This "Restoring Balance" retreat involves a professional quality of life assessment, didactic teaching, guided mindfulness exercises, facilitated group discussion, and time for personal reflection and sharing. There is an emphasis on gaining insight into personal styles of coping with stress, developing new tools to increase resilience, and enhancing a sense of meaning and purpose in professional life. The retreat concludes with each participant developing a written self-care plan.

Workshop 2 Boca V 8:00 AM - 5:00 PM

Chair/Speaker: William Breitbart, MD, Memorial Sloan Kettering Cancer Center

Speaker: Allison Applebaum, PhD, Memorial Sloan Kettering Cancer Center

This is an experiential workshop which provides an overview of a novel counseling intervention for patients with advanced cancer entitled, "Meaning Centered Psychotherapy for Cancer Patients." Participants will be introduced to the topics of meaning and spirituality as they relate to cancer care and the experience of patients with cancer. The basic concepts of Meaning Centered Psychotherapy will then be described. Meaning Centered Psychotherapy is based on the concepts of meaning as derived from the work of Viktor Frankl, MD, and adapted for use in cancer populations by our team at Memorial Sloan Kettering Cancer Center. Two forms of Meaning Centered Psychotherapy have been developed: Meaning Centered Group Psychotherapy (8 weekly 1 ½ hour sessions; Individual Meaning Centered Psychotherapy (7 weekly 1 hour sessions). Both interventions are manualized and randomized controlled trials are currently being conducted. Data from these studies will be presented as well. During the workshop, participants will have the opportunity to participate in experiential exercises utilized in Meaning Centered Psychotherapy. In addition, a detailed description of the intervention and the content of each session will be provided.

Workshop 3 Boca III 8:00 AM - 5:00 PM

(b) Effectively Communicating With Older Adults With Cancer

Chair/Speaker: Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center

Speakers: Andy Roth, MD, Memorial Sloan Kettering Cancer Center
Jimmie Holland, MD, FAPOS, Memorial Sloan Kettering Cancer Center

The Institute of Medicine report states that by 2030, 20% of the population will be over 65. Currently, almost two-thirds of cancer survivors in this country are elderly. Despite these percentages, few training programs teach communication skills which focus on the unique needs of older cancer patients. Attendees of this workshop will participate in three communication skills modules:

- 1) Geriatric Communication 101. This module encompasses foundational geriatric communication skills which address issues such as: the impact of ageism, unique decision making issues, neurosensory deficits (auditory, visual), and physical problems.
- 2) Communicating with Older Cancer Patients with Mild Cognitive Deficits. This module speaks to the intersection of mild cognitive impairment and cancer with aging. Current cancer treatments such as radiation and chemotherapy may increase the risk of mild cognitive impairment in older cancer patients. This module focuses on identifying mild cognitive impairment and effectively communicate with those with mild cognitive deficits.
- 3) Collaborative Decision Making with Older Cancer Patients and their Families. Decision-making is key in geriatric oncology as the costs vs. benefits of cancer treatments must be carefully weighed against the patient's values and tolerance of treatment morbidity. This module teaches collaborative decision-making skills to effectively discuss treatment options within a family context.

Each module starts with a didactic presentation which reviews the relevant literature, outlines applicable communication skills, and presents an exemplary video demonstrating the communication sequence. Attendees are then split into small groups where they discuss model specific patient cases and practice the communication skills demonstrated in the didactic presentation. These modules are designed for psycho-social care professionals, nurses, and oncologists.

Workshop 4
Boca II

8:00 AM - 12:00 PM

Communicating with Adolescents at End of Life: Ethical Dilemmas and Practical Solutions

Chair: Lori Wiener, PhD, DCSW, FAPOS, National Cancer Institute

Speakers: Maryland Pao, MD, National Institutes of Health Julia Kearney, Memorial Sloan Kettering Cancer Center

Discussing advanced illness and end-of-life with adolescents and young adults (AYAs) is difficult due to complexities of family and medical systems, developmental issues and the challenges of addressing grief of patients, families and staff. Ethical dilemmas often present as barriers to good palliative communication. We will examine ethical considerations in the care of AYAs at end of life through the lens of a well-established framework for disentanglement of ethical and psychological factors when conflicts arise between patients, families and/or clinicians. Developmentally appropriate, palliative-care focused communication skills will be reviewed. Interdisciplinary, collaborative models of palliative care will be considered for a range of healthcare settings. Participants will learn and practice skills for introduction of ACP and engagement of AYAs and their families through role play, using Voicing My CHOiCES. Several additional clinical tools will be shared. Cases, including those that have been presented to ethics committees, will be systematically explored within this framework. With knowledge of medical ethics and adolescent development, and by first making a "situational diagnosis" to disentangle ethical and psychological issues, participants can learn much needed skills for effective, compassionate, evidence-based palliative communication with AYAs at end of life.

Workshop 5 Boca VI 8:00 AM - 12:00 PM

Doca v

Supervising Therapists of Critically III Patients: Creative and Therapeutic Expressions of Loss and Recovery

Chair/Speaker: Norman Fried, PhD, Winthrop University Hospital

The experience of psychological trauma for patients with life threatening illnesses (and their families) includes a sense of emotional disempowerment and a spiritual and physical disconnection from others. Dying patients, either in the hospital or in hospice care, rarely speak in direct language about their psychological needs for power and connection at the end of life. Rather, they speak in symbolism; through metaphor, storytelling, letter writing or poetry. Understanding the messages that dying patients are trying to convey will help all medical and mental health professionals treat the patient and his family with greater honesty, power and dignity. More importantly, understanding the lessons the patients are trying to teach to their families can help make the

Workshop 5 (continued)
Boca VI

8:00 AM - 12:00 PM

survivor's therapeutic journey more meaningful, tolerable and successful. Through in-depth case illustrations that combine "real world" experiences with the terminally ill patients with clinical research and theory, this workshop will examine ways that psychotherapists, counselors and family members can effectively work together with the dying child. Excerpts from the presenter's book, *The Angel Letters, Lessons That Dying Can Teach Us About Living* (Ivan R. Dee Press, 2007) will be offered to more clearly elucidate ways that all professionals can therapeutically impart the love, power and dignity that patients require at the end of life.

Lunch for Workshop, POI and Distress Screening 12:00 PM – 1:00 PM Participants
Caribbean I

Screening for Psychosocial Distress Program Caribbean VI & VII

1:00 PM - 5:00 PM

Workshop 6
Boca II

1:00 PM - 5:00 PM

O Enhancing Access to Help for Cancer-Related Sexual Problems

Chair: Leslie Schover, PhD, Will 2 Love, LLC

Speaker: Jennifer Reese, PhD, Fox Chase Cancer Center

Although over 60% of cancer survivors end up with severe, long-term sexual dysfunction, only 20% get professional help. Barriers include busy clinics, lack of training for oncology professionals in managing sexual problems, a stigmatized topic, limited insurance coverage, superficial patient education materials, and lack of specialty care for sexual problems in most cancer treatment settings. Patients from underserved or rural communities, or from minority subcultures are even less likely to get adequate care. The workshop will focus on practical ways to increase access for men and women with cancer, and their intimate partners, to accurate information on sexual side effects, self-help strategies, and guidance on getting expert professional care. A stepped-care system will be outlined, including how to find or develop educational materials, resource links, and referral networks for triaging patients (handout); how to use online or in-person cognitive-behavioral sex therapy to prevent or overcome sexual dysfunction (handout, case presentations); and guiding patients in choosing among options for medical treatment (handout, case presentations). Skills training will include: How and when to bring up the topic of sex in oncology treatment settings (role-plays,

Workshop 6 (continued) Boca II

1:00 PM - 5:00 PM

case examples); options for questionnaire assessment (handouts, discussion); multidisciplinary treatment algorithms for the most common sexual problems after cancer (handouts, case examples); ways to engage a partner in sexual rehabilitation (case examples, role-plays); cultural competence (case examples, role-plays) and the utility of peer counseling or support group modalities (data presentation). Participants will receive a therapist manual.

Workshop 7 Boca IV

1:00 PM - 5:00 PM

Art Therapy as an Evaluation Tool for Children With Cancer

Chair/Speaker: Olimpia Petzold, University of Zulia -Venezuela, Université Libre de Bruxelles-Belgium

This workshop is a 4-hour interactive activity where a variety of learning modalities is used, such as team exercises, examples case, inter –intra personal activities and experimentation with some art mediums with the purpose of showing, how Art Therapy can be used as an evaluation tool. It is not often easy to identify the impact of the cancer in the personal lives of young patients, since they do not tend to express their emotions verbally. It is highly relevant to know how use strategies to meet the patient's needs through a pleasant method, not aversive for children and teenagers living with this harsh reality. During the workshop, the participants will know the main objectives (cognitive, emotional and behavior) and the basic steps to follow in an Art Therapy session using as reference an Art Therapy Program developed at Pediatric Specialties Hospital in Venezuela.

At the same time, participants will have a close approach to the different arts technics such as: drawing, painting, modeling, masks, writing a story and collage used to evaluate the needs and the experience of disease in children and teenagers with cancer. Finally, participants will learn that Art Therapy may be an evaluation method that uses images to facilitate the communication in the therapeutic setting. It will facilitate a more effective intervention.

Workshop 8 Boca VI 1:00 PM - 5:00 PM

P Effective Strategies for Helping Psychosocial Oncology Clinicians and Researchers Deal With Compassion Fatigue

Chair/Speaker: Norman Fried, PhD, Winthrop University Hospital

Psychosocial Oncology Researchers and Clinicians often encounter difficult patients with emotional and/or physical challenges, yet few training programs offer focused instruction on working with the effects these children and families have on the professional. This is particularly true for professionals whose patients suffer from complicated grief and trauma related issues, such as critical and chronic illness, end-of-life decisions, and changes in family structure. This results in situations where professionals may be exposed to patients' pre-existing personal and psychological issues in the clinic, hospital or laboratory. Such exposure can lead to the development of "Compassion Fatigue" in the researcher or clinician. Compassion Fatigue is the convergence of Primary PTSD, Secondary PTSD, vicarious traumatization and cumulative stress (burn out) in the lives of helping professionals and other care providers. Simply put, when helping others precipitates a compromise in the well-being of the teacher, compassion fatigue ensues. This workshop will explore and identify the distinctions between every day burn out from compassion fatigue. Strategies for protecting ourselves from CF will be discussed, and techniques for regaining emotional and physical well-being will be offered. In addition, guided relaxation and supervision of difficult cases will be offered.

Opening Reception Poolside

5:30 PM - 7:00 PM

The Opening Reception, complimentary to conference registrants, will feature live music, hors d'oeuvres and a cash bar. Guest tickets are \$25, and can be purchased at the registration desk.

Registration
Caribbean Registration Desk

7:00 AM - 6:00 PM

Wellness Workshop – Gentle Yoga* Hibiscus 7:00 AM - 7:30 AM

Sponsored by the Integrative Medicine Department at the UF Health Cancer Center – Orlando Health

Gentle Yoga: Wake up your body and mind! This gentle yoga class will include movements to warm up your joints, release tightness and tension in your muscles and alleviate other discomforts in your body. The deep breathing practice and progressive relaxation techniques are some of the safest and most effective ways to manage stress, relieve pain, regain and maintain health and attain peace of mind.

The instructor is Nancy Sinton, Yoga Therapist, Integrative Medicine Department at the UF Health Cancer Center – Orlando Health and Founder of Breathlink Yoga Therapy.

*Attendees are requested to bring a yoga mat. Towels will be provided by the hotel.

Cancer Caregivers – Special Interest Group (SIG) 7:00 AM – 8:30 AM Boca I

This SIG focuses on issues relating to caregivers of patients with cancer. There is growing recognition that comprehensive care for patients with cancer involves attending to the psychosocial needs of their informal caregivers, and caregivers represent an underserved population directly affected by cancer. The mission of the Cancer Caregiver SIG is to help work toward assuring that nationally, no cancer caregiver experiencing significant burden as a result of this critical role goes unidentified and deprived of necessary psychosocial services.

Opening Session Caribbean IV-V

8:30 AM - 10:00 AM

Welcome from 2017 APOS Scientific Conference Committee Chair Kevin Stein, PhD, FAPOS Emory University

Welcome from APOS President Isabel Schuermeyer, MD, Cleveland Clinic Taussing Cancer Institute



Opening Plenary

🚺 🕒 P Neural Regulation of the Cancer Genome

Steve Cole, PhD, Professor of Medicine and Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine at UCI A

Does stress affect cancer? And if so, what can we do about it? This talk provides an update on medical and laboratory research on how the nervous system influences cancer. A range of new strategies are being developed to protect the health and well-being of cancer patients from the adverse molecular impacts of stress.

The Opening Plenary is generously sponsored by: WILEY



Networking Break in Exhibits Caribbean I-III

10:00 AM - 10:15 AM

Symposium 1 Caribbean V

10:15 AM - 11:45 AM

Communication Skills Training: Helping Clinicians Communicate With **Patients Across the Lifespan**

Chair: Patricia Parker, Memorial Sloan Kettering Cancer Center

- 1.1 Palliative Communication Skills Training for Pediatric Nurse Practitioners: A Novel Program With Booster Sessions Julia Kearney, Memorial Sloan Kettering Cancer Center
- 1.2 Communication Skills Training for Oncology Nurses to Improve Adult Patient-Oncology Nurse Communication Smita Banerjee, PhD, Memorial Sloan Kettering Cancer Center
- 1.3 Improving How We Communicate With Older Adults With Cancer: Communication Skills Training Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center

Symposium 2 Caribbean IV

10:15 AM - 11:45 AM

How to Improve the Diagnosis and Treatment of Anxiety and Depression in Older Patients With Cancer

Chair: Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center Discussant: Jimmie Holland, MD, FAPOS, Memorial Sloan Kettering Cancer Center

- 2.1 Exploring the Conceptualization of Depression in Older Adults With Cancer
 - Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center
- 2.2 Managing Anxiety From Cancer (MAC): Initial Development of a Psychological Intervention for Anxiety in Older Adults With Cancer and Their Caregivers
 - Kelly Trevino, Weill Cornell Medical College
- 2.3 A Telephone Psychotherapy to Help Achieve Wisdom in Older Cancer Patients: The Care Project Andy Roth, MD, Memorial Sloan Kettering Cancer Center

Symposium 3 Caribbean VII

10:15 AM - **11:45** AM

Considerations for Training in Psycho-Oncology: Review of Core Aspects of Successful Programs

Chair: Meagan Dwyer, PhD, University of Kansas Medical Center

- 3.1 Development of a Psycho-Oncology Core Curriculum for Multidisciplinary
 Training/Certification
 Sharla Wells Di Gregorio, PhD The Ohio State University
 - Sharla Wells-Di Gregorio, PhD, The Ohio State University
- 3.2 Recommendations for Best Ethics Practices in Psycho-Oncology Supervision and Training Programs

 Amanda Kracen, PhD, Webster University
- 3.3 A Combined Psychosocial Oncology & Palliative Medicine Fellowship at the Ohio State University (OSU) James Cancer Hospital: Content, Objectives, Teaching Methods, and Evaluation Sharla Wells-Di Gregorio, PhD, The Ohio State University
- 3.4 Development of an Advanced Graduate and Internship Psychology Training Program in Psychosocial Oncology at the University of California, San Diego Moores Cancer Center Veronica Cardenas, PhD, University of California, San Diego Moores Cancer Center
- 3.5 A Tiered Didactic & Group Supervision Model for Beginning a Psycho-Oncology Training Program Meagan Dwyer, PhD, University of Kansas Medical Center

Symposium 4 Caribbean VI

10:15 AM - 11:45 AM

Using a Heuristic Approach to Explore Symptoms and Symptom-Self-Management in Adolescents and Young Adults With Cancer

Chair: Jeanne Erickson, PhD, RN, University of Wisconsin

- 4.1 Development of a Heuristics-Based Ipad App, the Computerized Symptom Capture Tool (C-SCAT) to the Explore Symptom Experiences of Adolescents and Young Adults With Cancer Lauri Linder, PhD, RN, University of Utah
- 4.2 Symptoms and Symptom Clusters Identified by Adolescents and Young Adults (AYAs) Using C-SCAT Suzanne Ameringer, PhD, RN, Virginia Commonwealth University
- 4.3 Symptom Self-Management Strategies Used by Adolescents and Young Adults (AYAs) With Cancer Kristin Stegenga, PhD, RN, CPON, Children's Mercy Hospital
- 4.4 Why Use a Heuristic Approach for Symptom Assessment and Management?

 Nancy Woods

APOS Professional Education Committee Meeting 12:00 PM – 1:15 PM Boca VI

The Professional Education Committee, led by the Director of Professional Development/Education, develops and sponsors activities to further the professional development of APOS members. This includes educational activities outside the annual meeting such as the APOS webinar series, a core curriculum on psycho-oncology, and more. Interested in joining this dynamic group? Come to the meeting for more details!

APOS Membership Committee Meeting Boca III

12:00 PM - 1:15 PM

The Membership Committee, led by the Director of Membership, recruits and retains APOS members by consistently seeking new and relevant ways to make the member experience beneficial. This committee also reviews all new member applications and makes final recommendations to the APOS Board of Directors. This is a great group to join if you want to be involved in contributing to the APOS membership. Come to the meeting for more details!

Pediatrics – Special Interest Group (SIG)
Boca I

12:00 PM - 1:15 PM

Greetings to APOS Pediatric SIG members! We are a growing group of interdisciplinary professionals committed to advancing the practice and science of psychosocial care for children living with cancer and their family members. This SIG aims to promote:

- · Awareness of pediatric oncology clinical and research resources
- Networking and collaboration
- Best practices for incorporating psychosocial care into practice in clinics, hospital based programs and private practice.

We are thrilled to have you be a part of our Special Interest Group! Please feel free to join us.

In the meantime, Did you know? There is a website for pediatric psychosocial oncology professionals that provides resources for patients and families, training opportunities and new research? Check it out and feel free to send your own profile in so you can be better connected to your colleagues.

http://pediatrics.cancer.gov/psycho-oncology

Sexual and Reproductive Health – Special Interest Group (SIG) Boca II

12:00 PM – 1:15 PM

The Sexuality and Reproductive SIG is open to those interested in helping patients live with cancer and/or treatment side effects that affect sexuality and reproduction acutely or chronically.

Bereavement – Special Interest Group (SIG)
Boca V

12:00 PM - 1:15 PM

The APOS Bereavement SIG invites conference attendees interested in clinical practice, education, and research related to death, dying, grief and bereavement in adults and pediatrics to join us. New members welcome!

Oral Poster Presentations Caribbean VI

1:00 PM - 2:00 PM

This session highlights the best of the best posters that exemplify the conference theme, "Across the Lifespan: Achieving Equity in Psychosocial Oncology From Pediatrics to Geriatrics."

1:00 PM - 1:05 PM

© T20. Across the Cancer Continuum and Lifespan: Patient Reported Outcome Measures, Quality of Life, and Mental Health Utilization Beth Dixon, PsyD, Cleveland Clinic Taussig Cancer Institute

1:06 PM - 1:11 PM

G F18. Do Patient Characteristics Determine Cancer Screening Recommendations for Community Dwelling Older Adults? Eva Kahana, PhD, Case Western Reserve University

1:12 PM - 1:17 PM

F59. Health Equity and Socioeconomic Disparities in Aging Female HSCT Survivors

Linda McLellan, MSW, Cleveland Clinic Taussig Cancer Institute

1:18 PM - 1:23 PM

P T37. Developing a Novel and Comprehensive Teen and Young Adult
Psychosocial Program

Rachel Corke, Memorial Sloan Kettering Cancer Center

1:24 PM - 1:29 PM

Problem-Solving Skills and Cancer Related Communication Problems
Among Teens With Cancer
Adrienne Viola, Rutgers University

1:30 PM - 1:35 PM

P64. What about Boys? A Review of Barriers to Gardasil® Uptake as Reported by Boys, Young Men, and Their Parents Kate Dibble, MA, University of Connecticut

1:36 PM - 1:41 PM

11. Relationships of Vision Function and Ocular Symptoms With Quality of Life Among Head and Neck Cancer (HNC) Patients
Hsiao-Lan Wang, PhD, University of South Florida

1:42 PM - 1:47 PM

T25. Psychological Distress, Minority Stress, and Psychosocial Resources Among Sexual Minority Breast Cancer Survivors Charles Kamen, PhD, University of Rochester Medical Center

1:48 PM - 1:53 PM

F56. Social Support Needs of Young Metastatic Breast Cancer Patients
 Amanda Ginter, PhD, Towson University

1:54 PM - 1:59 PM

 F51. Development of a Brief Self-Administered mHealth Assessment Tool for Cancer-Related Distress and High-Risk Behavior David Finitsis, PhD, Hartford Hospital

♠ = Adult Track • ♠ = Geriatric Track • ♠ = Pediatric/AYA Track

APOS Business Meeting Caribbean IV - V

2:00 PM - 3:00 PM

All APOS members are welcome to join the APOS President and Board of Directors for the Annual Business Meeting of Members.

See page 32 for the Annual Business Meeting Agenda.

Poster Session I and Exhibits Caribbean I-III

3:00 PM - 4:00 PM

Awards Caribbean IV-V

4:00 PM - 5:00 PM

Join us for the presentation of the APOS awards: Holland Distinguished Leadership Award, Distinguished Public Service Award, Outstanding Clinical Care Award, New Investigator Award, and the Outstanding Education and Training Award. See pages 17-21 for award recipient biographies.

The Holland Award is generously sponsored by:



Networking Break in Exhibits Caribbean I-III

5:00 PM - 5:15 PM

Symposium 5 Caribbean IV

5:15 PM - 6:45 PM

Acceptance and Commitment Therapy for Cancer Populations

Chair: Dianne Shumay, PhD, UCSF Helen Diller Family Comprehensive Cancer Center

Discussant: Matthew Loscalzo, PhD, City of Hope National Medical Center

- 5.1 An Acceptance and Commitment Therapy Group Intervention for Cancer Survivors Experiencing Anxiety at Re-Entry *Joanna Arch, University of Colorado Boulder*
- 5.2 Acceptance and Commitment Therapy for Adherence to an Erectile Rehabilitation Program After Radical Prostatectomy: Results From a Pilot Randomized Control Trial
 - Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center
- 5.3 Implementation of a Brief ACT-Based Intervention for Veterans With Prostate Cancer: Initial Results and Description of a Future Clinical Trial Benjamin Felleman, PhD, VA San Diego Healthcare System
- 5.4 Finding Your Direction with COMPASS: Group Acceptance and Commitment Therapy for Cancer Patients and Survivors

 Dianne Shumay, PhD, UCSF Helen Diller Family Comprehensive Cancer Center

Symposium 6 Caribbean VI

5:15 PM - 6:45 PM

Caring for All Ages: A Lifecourse Perspective on Cancer Caregiving

Chair: Erin Kent, National Cancer Institute

Co-Chair: Rachel Cannady, American Cancer Society

Discussant: Ronda Talley, PhD, Western Kentucky University

6.1 Caring for Children With Cancer
Abby Rosenberg, MD, MS, Seattle Children's Hospital

6.2 Informal Cancer Caregivers & Patient Reported Outcomes: Zooming In and Zooming Out

Kristin Litzelman, PhD, University of Wisconsin - Madison

6.3 Characterizing Caregivers of Older Patients Undergoing Cancer Treatment Margaret Bevans, PhD, RN, AOCN®, FAAN, National Institutes of Health

Symposium 7
Caribbean VII

5:15 PM - 6:45 PM

Advances in Clinical Care Models for Transitioning Adolescent/ Young Adult Patients With Cancer

Chair: Steven Hardy, Children's National Health System

- 7.1 The Role of the Electronic Medical Record and Appropriate
 Documentation in Providing Developmentally-Sensitive Care:
 Recommendations From an Adolescent/Young Adult Oncology Program
 Julie Germann, PhD, Children's Medical Center Dallas/UTSW
- 7.2 Long-Term Follow-Up for Young Adult Survivors of Pediatric Cancer: Successful Transition of Care

 Dina Hankin, PhD, Children's Hospital and Research Center
- 7.3 Development of an Adolescent and Young Adult (AYA) Cancer Program: Meeting the Needs of a Vulnerable Age Group From Diagnosis Through Survivorship

Kristin Bingen, PhD, Medical College of Wisconsin

Symposium 8 Caribbean V

5:15 PM - 6:45 PM

APOS Health Equity Scholars Program: A Training and Mentoring Initiative Dedicated to Increasing Diversity and Inclusion in Psycho-Oncology to Address Health Disparities

Chair: Kimlin Ashing, City of Hope National Medical Center

- 8.1 Rural Cancer Survivorship Care: Acceptability of Telehealth Platforms Among Survivors of Early-Stage Lung Cancer Michael Mejia, University of Kentucky
- 8.2 Symptom Clusters in Latina Breast Cancer Survivors Tracy Crane, PhD, The University of Arizona
- 8.3 Exploring Measurement Issues With English- and Spanish-Speaking Hispanics/Latinos in Psycho-Oncology Research Rina Fox, PhD, Northwestern University
- 8.4 Exploring Differences in Distress in Breast and Gynecologic Cancer Survivors Marshalee George, PhD, Johns Hopkins University School of Medicine

APOS Fellows Reception (By Invitation)
Hibiscus

7:00 PM – 8:30 PM

APOS welcomes the Class of 2017 APOS Fellows! All APOS Fellows are encouraged to attend to celebrate with us.

Registration
Caribbean Registration Desk

7:00 AM - 6:00 PM

Wellness Session – Mindfulness Meditation Hibiscus

7:00 AM - 7:30 AM

Sponsored by the Integrative Medicine Department at the UF Health Cancer Center – Orlando Health

Mindful Meditation: Join us as we combine gentle movements and breathing techniques to prepare the mind for meditation as we work towards eliminating the clutter of the mind. A great way to start your day!

The instructor is Nancy Sinton, Yoga Therapist, Integrative Medicine
Department at the UF Health Cancer Center – Orlando Health and Founder of
Breathlink Yoga Therapy.

Helpful Tips for Successful Grant-Writing Boca VIII

7:00 AM – 8:30 AM

The APOS Research Committee will be hosting a session for junior investigators to learn useful strategies for improving grant-writing skills. Leading researchers from nursing, psychology, and social work will share helpful tips for successfully obtaining federal pilot and career development awards.

The session is open to all APOS Conference participants, and we highly encourage early-career and aspiring investigators to attend.

E-Health – Special Interest Group (SIG) Boca I

7:00 AM – 8:30 AM

E-Health and m-Health technologies are rapidly becoming an important resource in the delivery of oncology supportive care services. The literature is rapidly advancing that e-Health and m-Health based services can improve patient reported outcomes, health care services delivery, and health care utilization. Please join our SIG meeting to share your interests, report on current and planned use of e/m-Health in your organization, and to network with other leaders. For information or to schedule a brief presentation you are welcome to contact Deane Wolcott at deane.wolcott@cshs.org.

Also please plan to attend the APOS E-Health SIG Symposium on Friday, February 17th from 9:45 AM - 11:15 AM in the Caribbean IV.

Psychiatric Oncology – Special Interest Group (SIG) 7:00 AM – 8:30 AM Boca III

The newly-created Psychiatric Oncology Special Interest Group (SIG) welcomes members from all disciplines who have an interest in diagnosis and treatment of psychiatric disorders and neuropsychiatric complications encountered in patients with cancer. The SIG is open to all APOS members who are interested in the intersection of oncology, psychiatry, neuropsychology, and psychopharmacology. Please join us for our first official meeting to share ideas for how to make the SIG most useful to you!

Plenary Caribbean I<u>V-V</u>

8:30 AM - 9:30 AM



Challenges and Opportunities at the Cancer and Aging Interface

Harvey Cohen, MD, Walter Kempner Professor of Medicine, Duke University Medical Center

Cancer is largely a disease of aging. Incidence and mortality rise progressively with age with the result that over ½ of cancer diagnoses, 50% of cancer deaths, and 60% of

cancer survivors are over the age of 65. With the increase in the aging of the population, these numbers will increase further in the coming years. As with pediatric patients, elderly cancer patients differ from younger adult patients in a number of ways important for clinical care. These include: physiologic changes, heterogeneity of health status and function, multimorbidity, geriatric syndromes, differing presentations of common diseases, higher rates of adverse drug events, and differing goals of care. Comprehensive Geriatric Assessment has been applied to geriatric oncology patients to provide a better understanding of the status of individual patients including physical and cognitive vulnerability, and to better plan care. The older cancer survivor similarly presents complex issues that require a multidisciplinary approach to optimize outcomes, since the late effects of cancer and its treatment are compounded by age related changes noted above.

Networking Break in Exhibits Caribbean I-III

9:30 AM - 9:45 AM

Symposium 9 Caribbean VI

9:45 AM - 11:15 AM

The ABC's of AYAs

Chair: Lauren Lux, LCSW, University of North Carolina at Chapel Hill

- 9.1 Dilemmas in Pediatric Psychopharmacology for Pediatric Psycho-Oncology Maryland Pao, MD, National Institutes of Health
- 9.2 "We Currently Have a Silo Approach Towards Survivorship Care:" A Better Way to Caring for Adolescents and Young Adults With Cancer and Beyond Pandora Patterson, PhD, Canteen Australia
- 9.3 What do You Mean I am Not Going to Survive My Cancer? Helping Adolescents and Young Adults Confront Mortality Lori Wiener, PhD, DCSW, FAPOS, National Cancer Institute
- 9.4 Caring for Adolescents and Young Adults Living With Cancer: Exploring Unique and Unmet Needs and Their Implications for Practice and Research Lauren Lux, LCSW, University of North Carolina at Chapel Hill

Symposium 10 Caribbean VII

9:45 AM - 11:15 AM

Research Skills: MGH Workshop on Methods in Supportive Oncology Research

Chair/Speaker: William Pirl, MD, MPH, FAPOS, Sylvester Cancer Center

Symposium 11 Caribbean V

9:45 AM - 11:15 AM

① Translation of Cancer Stress Management Research to Target Disparities and Improve Access in the Era of Mandated Distress Screening

Chair: Shawna Ehlers, PhD, Mayo Clinic Cancer Center

- 11.1 Psychosocial Interventions to Reduce Cancer Health Disparities Qian Lu, MD, PhD, University of Houston
- 11.2 Stress Biology in Cancer and Using Stress Management Intervention to Modulate Stress-Related Biobehavioral Processes and Clinical Health Endpoints: Examples From Research in Women Undergoing Primary Treatment for Breast Cancer Michael Antoni, PhD, University of Miami
- 11.3 Improving Adoption and Reach of Cognitive Behavioral Stress Management to Treat Cancer Distress via "Real World" Implementation Trials Shawna Ehlers, PhD, Mayo Clinic Cancer Center

Symposium 12 Caribbean IV

9:45 AM - 11:15 AM

① The Role of E-Health in Delivering High Value, Equitable Psychosocial Cancer Care: Reports From the Cutting Edge

Chair: Deane Wolcott, MD, SOCCI Cedars-Sinai Medical Center Discussant: Leslie Schover, PhD, Will 2 Love, LLC

- 12.1 E-Solutions for Ensuring the Patient and Caregiver Voice in Cancer Care Vicki Kennedy, LCSW, Cancer Support Community
- 12.2 A Decision Support Tool for Young Women With Breast Cancer Choosing Whether to Have Genetic Testing for BRCA1 and BRCA2 Chloe Grimmett, PhD, University of Southampton
- 12.3 Assessing Outcomes in Cancer Care Using ePROMS (Electronically Collected Patient Reported Outcome Measures) to Address the Value Equation

 Shehzad Niazi, MD, Mayo Clinic
- 12.4 Leveraging Electronic Distress Screening: Building Equity and High-Value Psychosocial Care

 Michael Ryan, PsyD, Henry Ford Health System

Meet-the-Expert Lunches or Lunch on your Own 11:15 AM – 12:15 PM

1. Pediatric, Adolescent and Young Adult Considerations in Psychosocial Oncology

Boca IV

Anna Muriel, MD, MPH, Dana-Farber Cancer Institute Maryland Pao, MD, National Institutes of Health John Salsman, PhD, Wake Forest School of Medicine Lori Wiener, PhD, DCSW, FAPOS, National Cancer Institute Brad Zebrack, PhD, MSW, MPH, FAPOS, University of Michigan

Geriatric Considerations in Psychosocial Oncology Boca V

Christian Nelson, PhD, Memorial Sloan Kettering Cancer Center Andy Roth, MD, Memorial Sloan Kettering Cancer Center

3. Ethnic and Cultural Considerations in Psycho-Oncology Boca VI

Brian Rivers, PhD, H. Lee Moffitt Cancer Center and Research Institute Susan Vadaparampil, PhD, H. Lee Moffitt Cancer Center and Research Institute

4. Sexual Health and Fertility in Cancer Boca II

Kristine Donovan, H. Lee Moffitt Cancer Center and Research Institute Jennifer Reese, PhD, Fox Chase Cancer Center Leslie Schover, PhD, Will 2 Love, LLC

5. mHealth Interventions in Psychosocial Oncology Boca III

Charles Given, PhD, Michigan State University Joe Greer, PhD, Massachusetts General Hospital Deane Wolcott, MD, SOCCI Cedars-Sinai Medical Center

6. Models of Distress Screening in Psychosocial Oncology Boca VII

Karen Clark, MA, City of Hope National Medical Center Teresa Deshields, PhD, Siteman Cancer Center, Barnes-Jewish Hospital Vicki Kennedy, LCSW, Cancer Support Community Jim Zabora, PhD, Johns Hopkins Center to Reduce Cancer Disparities

The Meet the Experts Luncheon is a ticketed events available for preregistration at the price of \$25 per person. Please see Registration Desk for availability. Plenary Caribbean IV-V 12:25 PM - 1:55 PM



Pediatric Psychosocial Standards of Care: Development, Implementation and Future Directions

Lori Wiener, PhD, DCSW, FAPOS, Co-Director, Behavioral Health Core, National Cancer Institute

Participants: Vicki Sardi-Brown, PhD; Peter Brown, MBA; Melinda and Lee Marchiano, Andrea Patenaude, PhD; Julia Rowland, PhD

The Mattie Miracle Cancer Foundation, working with pediatric oncology psychosocial experts collaborated to develop a comprehensive set of evidence-based standards for the psychosocial care of children, published in full in a special issue of Pediatric Blood and Cancer. These standards have been endorsed by many groups and are being implemented at pediatric cancer centers in this country and abroad. This Town Hall session will provide perspective on the role of standards to address unmet psychosocial needs by a childhood cancer survivor and parent advocates. Ongoing research on psychosocial services offered in U.S. institutions, reports of early implementation efforts and billing considerations will be shared. Discussion will engage the audience in thinking about how to proceed with implementation efforts in their communities and nationally.

Poster Session II and Exhibits Caribbean I-III

2:00 PM - 3:30 PM

Symposium 13 Caribbean VII

3:30 PM - 5:00 PM

NCI's R25E Mechanism: To Support Professional Training and Patient Education

Chair: William Redd, PhD, Icahn School of Medicine at Mount Sinai Co-Chair: Matthew Loscalzo, LCSW, City of Hope National Medical Center

- 13.1 Meaning Centered Psychotherapy Training for Cancer Care Providers William Breitbart, MD, Memorial Sloan Kettering Cancer Center
- 13.2 Innovative Supportive Care Training Models to Promote Culture Change Karen Clark, MA, City of Hope National Medical Center
- 13.3 Training in Cognitive-Behavioral and Related Interventions for Cancer Supportive Care Clinicians Yeraz Meschian, PhD, Icahn School of Medicine at Mount Sinai
- 13.4 Training Providers in CBT Plus Hypnosis An Evidence-Based Fatigue Intervention

 Guy Montgomery, PhD, Icahn School of Medicine at Mount Sinai

Symposium 14 Caribbean VI

3:30 PM - 5:00 PM

© Population Based Patient-Reported Outcomes Among Older Adults With Cancer

Chair: Keith Bellizzi, PhD, MPH, University of Connecticut

Discussant: Julia Rowland, PhD, National Cancer Institute / NIH / DHHS

14.1 The SEER-MHOS Linked Data Resource: A Data Linkage for Assessing Physical and Psychosocial Health of Older Americans With and Without Cancer

Erin Kent, PhD, National Cancer Institute

- 14.2 A Prospective Study Examining the Impact of Cancer on Age-Related Health Conditions of Older Cancer Survivors

 Keith Bellizzi, PhD, MPH, University of Connecticut
- 14.3 The Prognostic Value of Pre-Diagnosis Health-Related Quality of Life on Survival: A Prospective Cohort Study of Older Americans With Lung Cancer

 Laura Pinheiro, MPH, University of North Carolina at Chapel Hill

Symposium 15 Caribbean V

3:30 PM - 5:00 PM

Inequities in Tobacco Treatment for Cancer Patients: Who is Not Getting Care and Why?

Chair: Elyse Park, PhD, Massachusetts General Hospital Co-Chair: Donna Greenberg, MD, FAPOS, Massachusetts General Hospital Discussant: Jamie Ostroff, PhD, Memorial Sloan Kettering Cancer Center

- 15.1 Tobacco Treatment for Patients With Severe Mental Illness and Cancer Kelly Irwin, MD, Massachusetts General Hospital
- 15.2 Smoking Cessation Program Needs Among Black and Hispanic Cancer Patients
 Giselle Perez, PhD, Massachusetts General Hospital
- 15.3 Tobacco Assistance for Recently Diagnosed Cancer Patients: Who Does Not Receive Assistance?

 Elyse Park, PhD, Massachusetts General Hospital

Symposium 16 Caribbean IV

3:30 PM - 5:00 PM

Planning Ahead: Decisional Capacity, Advance Directives, and the Development of Innovative Approaches to Advance Care Planning in Adults With Cancer

Chair: Eliza Park, MD, University of North Carolina

Discussant: Donald Rosenstein, MD, University of North Carolina

16.1 Identification and Assessment of Oncology Patients at Risk for Impaired Decision-Making Eliza Park, PhD, University of North Carolina

- 16.2 Four Integrated Interventions to Engage Patients and Families in Goals of Care and End of Life Planning
 Natalie Schnaitmann, LCSW, City of Hope National Medical Center
- 16.3 Building a Medical-Legal Partnership That Addresses the Advance Care Planning Needs of Cancer Patients

 Cindy Rogers, MA, University of North Carolina at Chapel Hill

Networking Break Caribbean Foyer 5:00 PM - 5:15 PM

Symposium 17 Caribbean VII

5:15 PM - 6:45 PM

Incorporating the Patient's Voice in Psycho-Oncology Research

Chair: Joseph Greer, PhD, Massachusetts General Hospital

- 17.1 Decision Support for Symptom Self-Management During Cancer Treatment
 Mary Cooley, PhD, Dana-Farber Cancer Institute
- 17.2 Patient Centered Research may Require Patient Input Susan McMillan, PhD, University of South Florida
- 17.3 Patient, Family, and Stakeholder Engagement in a PCORI-Funded Study Jamie Jacobs, Massachusetts General Hospital
- 17.4 Proactive Psychiatry Consultation and Case Management for Patients With Cancer and Serious Mental Illness and Their Caregivers: A Pilot Study

Amy Corveleyn, MSW, LICSW, Massachusetts General Hospital

Symposium 18 Caribbean IV

5:15 PM - 6:45 PM

Meeting the Psychosocial Needs of Adolescents and Young Adults On and Off Treatment

Chair: Gwendolyn Quinn, PhD, H. Lee Moffitt Cancer Center and Research Institute

Co-Chair: Kristine Donovan, PhD, H. Lee Moffitt Cancer Center and Research Institute

Discussant: Janella Hudson, PhD, H. Lee Moffitt Cancer Center and Research Institute

- 18.1 Exploring the Impact of AYA Concerns About Genetic Risk on Family Building Decisions
 Susan Vadaparampil, PhD, H. Lee Moffitt Cancer Center and Research Institute
- 18.2 Overview of Formative Research: Emergent Themes
 Gwendolyn Quinn, PhD, H. Lee Moffitt Cancer Center and Research
 Institute
- 18.3 Building a Collaborative, Multidisciplinary AYA Program

 Damon Reed, MD, H. Lee Moffitt Cancer Center and Research Institute
- 18.4 Correlates of Psychosocial Service Use in AYA Cancer Patients

 Kristine Donovan, PhD, H. Lee Moffitt Cancer Center and Research

 Institute

Symposium 19 Caribbean V 5:15 PM - 6:45 PM

(1) (c) The Emerging Clinical Conversation About Physician Assisted Death

Chair: Richard Key, MD, University of Texas at Austin Dell Medical School

- 19.1 Assessment of Eligibility

 Elie Isenberg-Grzeda, University of Toronto
- 19.2 Ethical, Legal & Policy Implications for Medical Assistance in Dying (MAID)
 Sally Bean, MA, Sunnybrook Health Sciences Centre

Symposium 20 Caribbean VI

5:15 PM - 6:45 PM

(1) (1) APOS Presidential Reflections: From Clinical Care to Policy

Chair: Deane Wolcott, MD, SOCCI Cedars-Sinai Medical Center Discussant: Jimmie Holland, MD, Memorial Sloan Kettering Cancer Center

- 20.1 The Promise of Interdisciplinary Professionalism

 Donald Rosenstein, MD, University of North Carolina
- 20.2 Effective Strategies for Promoting Psychosocial Care as Part of Routine Cancer Care: Lessons Learned From Healthcare Delivery Research Paul Jacobsen, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute
- 20.3 Alchemizing Clinical, Research and Educational Skills for Leadership in Biopsychosocial Oncology Matthew Loscalzo, LCSW, City of Hope National Medical Center
- 20.4 Challenges for Psychiatrists in Psychosocial Oncology William Pirl, MD, Sylvester Cancer Center

Complimentary shuttles to Disney Springs Convention Center Lobby

6:30 PM - 11:30 PM

APOS Attendees can enjoy complimentary transportation to Disney Springs! Disney Springs is an outdoor shopping, dining, and entertainment complex at the Walt Disney World Resort. The shuttles will depart each hour from the Convention Center Lobby at the Caribe Royal.

Registration Caribbean Registration 7:00 AM - 12:00 PM

Integrative Medicine – Special Interest Group (SIG) 7:00 AM – 8:30 AM Boca I

The APOS Integrative Medicine SIG will be hosting an on-site meeting and invite all interested attendees to participate. Planned discussion will include goal setting and activity planning for our next calendar year.

Podium Session 21 Caribbean IV

8:30 AM - 10:00 AM

© Geriatric/Aging Adults: Methodology and Measurement

Chair: Alla Sikorskii, PhD, University of Arizona

- 21.1 Rehabilitation Research Priorities for Older Adults With Cancer: A Delphi Study With Implications for Psychosocial Oncology Lynne Padgett, PhD, American Cancer Society
- 21.2 Meta-Ethnography on Loneliness in Older Cancer Survivors: Layers of Silencing Trisha Raque-Bogdan, PhD, University of Denver
- 21.3 Depressive Symptom Profiles of Younger and Older Adult Patients in Oncology: A Confirmatory Latent Profile Analysis

 Rebecca Saracino, MA, Yale University School of Medicine
- 21.4 Psychometric Properties of a 47-Item Distress Screening Tool for Older Caregivers of Cancer Patients

 Alexandra Zaleta, PhD, Cancer Support Community

Podium Session 22 Caribbean VI

8:30 AM - 10:00 AM

Pediatrics/AYA: Adjustment and Decision-Making

Chair: Lori Wiener, PhD, DCSW, FAPOS, Behavioral Health Core, National Cancer Institute

- 22.1 Hope as a Predictor of Adjustment Following Pediatric Cancer Diagnosis: Implications for Intervention

 Julie Germann, PhD, Children's Medical Center Dallas/UTSW
- 22.2 Exploring Health-Related Empowerment in Young Adults Living With Advanced Cancer
 Rosalind Garland, RN, McGill University
- 22.3 A Web-Based Positive Emotions Intervention for Young Adult Cancer Survivors: Preliminary Results From the EMPOWER Study John Salsman, PhD, Wake Forest School of Medicine
- 22.4 A Longitudinal Study of Cancer Risk Management for Reproductive Age BRCA Mutation Carriers: Family Formation as "Another Platter on the Smorgasbord of BRCA Crap" Allison Werner-Lin, PhD, University of Pennsylvania

Podium Session 23 Caribbean VII

8:30 AM - 10:00 AM

Adults: Age-Related Differences and Economic Effects of Cancer

Chair: Michelle Fingeret, PhD, University of Texas MD Anderson Cancer Center

- 23.1 Mental Health Comorbidity Costs and Healthcare Utilization in a Non-Elderly Population With Breast Cancer Diana Jeffery, Department of Defense, Defense Health Agency
- 23.2 Financial Stress and Cancer Among Older and Younger Working-Aged Adults

 Kathleen Murphy, American Institutes for Research
- 23.3 The Protective Role of Perceived Social Support Against Cancer Caregiver Distress: Moderating Effects of Age Hannah-Rose Mitchell, MPH, University of Miami
- 23.4 Adult Attachment Matters in Our Quality of Life and Neuroendocrine Health: Dyadic Investigation of Cancer Patients and Caregivers Amanda Ting, MA, University of Miami

Podium Session 24 Caribbean V

8:30 AM - 10:00 AM

(A) (G) Adults: End of Life

Chair: Joel Marcus, PsyD, Cleveland Clinic Taussig Cancer Institute

- 24.1 Psychological and Parental Functioning of Widowed Fathers Due to Cancer: The First Two Years

 Justin Yopp, PhD, University of North Carolina
- 24.2 Using a Values Assessment as a Bridge to Advance Care Planning: Results of 1,286 Patient Reports Susan Ash-Lee, LCSW, Rocky Mountain Cancer Centers
- 24.3 Does Psychosocial Oncology Have a Greater Role in Aid-in-Dying Prescriptions Than Assessing Decisional Capacity?

 Anne Coscarelli, PhD, Simms/Mann-UCLA Center for Integrative Oncology
- 24.4 Key Informants' Perspectives on Medical Marijuana Use in Oncology Ilana Braun, MD, Dana-Farber Cancer Institute

Networking Break Caribbean Foyer

10:00 AM - 10:15 AM

Closing Plenary Caribbean IV-V

10:15 AM - 11:15 AM



① ③ Trauma and Resilience: An Elementary Approach

George Bonanno, PhD, Professor of Clinical Psychology, Columbia University

Psychological resilience has become a popular concept, and as a result has taken on myriad and often overlapping meanings. To be a useful framework for

psychological research and theory, Bonanno et al. (2015) argued that the study of resilience must explicitly reference each of four constituent temporal elements: (a) baseline or pre-adversity functioning, (b) the type of aversive circumstances, (c) post-adversity resilient outcomes, and (d) predictors of resilient outcomes. To illustrate these elements, I described research from my lab using latent trajectory modeling to identity prototypical trajectories of outcome, including the most common trajectory, the resilience. We observed these trajectories in response to a range of PTEs, including bereavement, terrorist disaster, military combat, spinal cord injury, bio-epidemic, and cancer surgery. I will also describe our research on predictors of the resilience trajectory and devote particular attention to our research on various components of flexibility in coping and emotion regulation, as well as other resilience-promoting factors.

Podium Session 25 Caribbean IV

11:30 AM - 1:00 PM

(c) Geriatric/Aging Adults: Care Delivery

Chair: Charles Given, PhD, Michigan State University

- 25.1 Age Moderates Neurocognitive Deficits Among Allogeneic Hematopoietic Cell Transplant Recipients

 Aasha Hoogland, PhD, H. Lee Moffitt Cancer Center and Research Institute
- 25.2 Age Influences Oral Oncolytic Dosing, Retention, and Symptom Management Intervention Outcomes

 Alla Sikorskii, PhD, University of Arizona
- 25.3 Trends in Inpatient Palliative Care Consultation Services for Older Adults
 Rebecca Saracino, MA, Yale University School of Medicine
- 25.4 Impact of Psychiatric Comorbidities on Cost of Care and Healthcare Utilization in Multiple Myeloma (MM) Patients

 Shehzad Niazi, MD, Mayo Clinic

Podium Session 26 Caribbean VI

11:30 AM - 1:00 PM

Pediatrics/AYA: Caregivers and Community Roles

Chair: Erin Kent, PhD, National Cancer Institute

- 26.1 Psychosocial Risk and Predictors of Mood in Parents of Children With Cancer Anna Muriel, MD, MPH, Dana-Farber Cancer Institute
- 26.2 Creation of a Community-Supported AYA Cancer Coalition: The Fort Worth Adolescent Young Adult Oncology Coalition

 Laura Howe-Martin, PhD, UT Southwestern Medical Center
- 26.3 Caregivers of Preadolescent Childhood Cancer Survivors: Psychological Correlates of Intention Not to Vaccinate Against Human Papillomavirus (HPV)
 Jessica Simmons, St. Jude Children's Research Hospital
- 26.4 The Essential Role of Community-Based Support in Benefiting Young People Who Have a Family Member With Cancer Pandora Patterson, PhD, Canteen Australia

Podium Session 27 Caribbean V

11:30 AM - 1:00 PM

Pediatrics/AYA: End of Life and Bereavement

Chair: Maryland Pao, MD, National Institutes of Health

- 27.1 The Impact of a Family Bereavement Camp: Use of Qualitative Data Analysis to Determine Need and Develop Quantitative Program Evaluation

 Julie Germann, PhD, Children's Medical Center Dallas/UTSW
- 27.2 Meaning-Centered Grief Therapy for Parents Bereaved by Cancer: Open Trial Findings Wendy Lichtenthal, PhD, Memorial Sloan Kettering Cancer Center
- 27.3 An Online Gratitude Intervention to Promote Well-Being in Young Adults With Advanced Cancer

 Katharine Adelstein, PhD, RN, Vanderbilt University School of Nursing
- 27.4 Bereavement Debriefings: Enhancing Grief Management Strategies and Staff Wellness

 Patty Prince, LCSW, National Institutes of Mental Health

Podium Session 28 Caribbean VII 11:30 AM - 1:00 PM

Adults: Collaborative Care

Chair: Carolyn Messner, PhD, LCSW, MSW, Cancer Care, Inc.

- 28.1 The American Cancer Society Survivorship Guidelines: From Systematic Review to Dissemination Tools

 Lynne Padgett, PhD, American Cancer Society
- 28.2 Proactive Psychiatry Consultation for Patients With Severe Mental Illness and Cancer: A Pilot Study

 Kelly Irwin, MD, Massachusetts General Hospital
- 28.3 Better Outcomes for Thyroid Cancer Patients Receiving an Interdisciplinary Team-Based Care Approach (ITCA-ThyCa) Compared to Controls: Program Evaluation Results Indicating a Need for Further Integrated Care and Support

 Melissa Henry, PhD, McGill University
- 28.4 Suicidal Ideations are Prevalent in Head and Neck Cancer Patients and Predate Diagnosis: Longitudinal Study Indicating the Need for Suicide Prevention and Collaborative Care in ENT Clinics Melissa Henry, PhD, McGill University

Closing Remarks
Caribbean V

1:00 PM - 1:15 PM

POSTER SESSION I Check the mobile app for authors and abstracts.

- T1. Relationships of Vision Function and Ocular Symptoms With Quality of Life Among Head and Neck Cancer (HNC) Patients
- 12. Needle Phobia: A Neglected Subject
- T3. Understanding Family Management of Parental Advanced Cancer Using the Family Management Style Framework
- T4. Patient and Caregiver Psychosocial Well-Being During Initial Consultation to a Psycho-Oncology Service: A Comparative Analysis
- T5. The Quality of Life of Informal Cancer Caregivers in the United States: A Systematic Literature Review
- Advanced Cancer Caregiving as a Risk for Major Depressive Episodes and Generalized Anxiety Disorder
- ⚠ T7. Supporting Family Caregivers of Advanced Cancer Patients: A Focus Group Study
- ① T8. Descriptive Overview of the Psychosocial Well-Being of Cancer Caregivers Referred to a Psycho-Oncology Service
- Parental Adjustment to Childhood Cancer: The Impact of Problem Solving Skills

- T10. Impact of Family Member Presence on Decision Discussions in Metastatic Breast Cancer Oncology Visits
- T11. Communication Coaching for Family Caregivers: Outcomes From a Pilot Study
- T12. Effective Patient-Provider Communication About Sexual Concerns in Breast Cancer: A Qualitative Study of Patients and Providers
- T13. Concordance Between Patient and Provider Understanding of Intent and Nature of Treatment
- T14. Development of a Mindfulness-Based Stress Reduction Program for Spanish Speaking Hispanic Breast Cancer Survivors to Improve Cognitive Impairment (CI)
- 15. The Role of Meaning-Centered Psychotherapy in Advanced Care Planning
- T16. Use of Art Making Interventions for Pain and Quality of Life Among Cancer Patients: A Systematic Review
- T17. Social Support: Predictor of Mortality in Gastrointestinal Cancer Patients
- T18. Care for the Cancer Caregiver: A Web-Based Intervention to Address Caregiver Burden

- T19. Psychosocial Outcomes Among Parents Who Discussed Emotional Concerns With a Nurse or Oncologist Following the Loss of Their Child to Cancer
- © T20. Across the Cancer Continuum and Lifespan: Patient Reported Outcome Measures, Quality of Life, and Mental Health Utilization
- © T21. Examining Distress Level and Symptom Burden in 366 Geriatric Oncology Patients
- T22. Assessment of Psychosocial Distress in Newly Diagnosed Gastrointestinal, Breast, and Lung Cancer Patients in an Outpatient Clinic
- T23. Barriers to Participation in a Sexual Health Intervention for Men Following Treatment for Rectal and Anal Cancer
- T24. Tailoring Research Design for Patients With Severe Mental Illness and Cancer
- T25. Psychological Distress, Minority Stress, and Psychosocial Resources Among Sexual Minority Breast Cancer Survivors
- 10 T26. No Squeeze Can Defeat Me: Mammograms for Life!
- T27. Mental Health Providers' Perspectives on Access Barriers to Psychosocial Services Among Latino Cancer Patients
- 128. A Comprehensive Approach to the Reduction of Cancer Disparities

- T29. Perioperative Care of a Cancer Patient With Intellectual Disability: The Role of the Psycho-Oncologists
- ① T30. Psychosocial Clinical Triage Across the Lifespan
- ① T31. Development of Standardized Evidence-Based Therapeutic Practices Within a Large Healthcare System: Step 2
- T32. Comparing Distress Scores at Intake Based on Age and Cancer Diagnosis Status
- T33. Achieving Quality Care Through Integrated Use of Psychometric Measures
- T34. Wernicke's Encephalopathy in Outpatients Without the Complete Classic Triad of Symptoms
- T35. Correlates of Sleep Problems in Women With Suspected Gynecologic Cancer Prior to Surgery and Non-Cancer Controls
- T36. Childhood Cancer Landscape Report: From Research to Policy
- T37. Developing a Novel and Comprehensive Teen and Young Adult Psychosocial Program
- T38. Problem-Solving Skills and Cancer Related Communication Problems Among Teens With Cancer

- ① T39. Impact of a Face-To-Face Education Session on Oncology Professionals' Perceived Confidence and Competence to Communicate With Patients About Parental Cancer
- T40. Environmental and Psychosocial Benefits of and Barriers to Cervical Cancer Treatment in Kenya
- T41. Baseline Characteristics of Participants in a Pilot Randomized Controlled Trial of a Psychoeducational Intervention to Increase Uptake of Genetic Counseling Among High Risk Breast Cancer Survivors
- T42. Telehealth Quality Improvement PROJECT: Implications for Psychology
- ⚠ T43. Relationship Between Anxiety and Cognitive Performance as Measured by the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- 144. Screening for Psychosocial Distress Program
- T45. The Effectiveness of a Mindfulness-Based Cancer Care Program on Symptoms of Depression, Anxiety, Cognition, and Sleep
- ⚠ T46. Addressing Taboo Topics -Discussing the Unique Challenges of Colorectal Cancer Survivors

- T47. Intolerance of Uncertainty, Uncertainty in Illness and Information Needs in Patients With Breast Cancer and Their Partners
- T48. Evaluating Patient Preferences for Meaning-Centered Group Psychotherapy for Breast Cancer Survivors (MCGP-BCS)
- ① T49. Differences in Rates of Distress and Reported Psychosocial Needs Across Cancer Stages
- G T50. State of the Science on Heart Rate Variability Among Breast Cancer Survivors (BCS) Receiving Chemotherapy
- T51. Effects of Endocrine Therapy on Cognitive Functioning in Women Treated for Breast Cancer: A Meta-Analysis
- T52. Age and Health-Related Stigma in Advanced Lung Cancer
- ① T53. Cancer-Related Alopecia: A Qualitative Study of Adult Females
- T54. Depression and Cancer Symptom Burden in Hispanic Cancer Patients: Preliminary Finding of a Prospective Cohort Study in Puerto Rico
- ① T55. Differences in Rates of Distress and Reported Psychosocial Needs Across Eleven Cancer Types

- ① T56. Differences in Rates of Distress and Body Mass Index
- T57. A Photovoice Analysis of Quality of Life Issues Among Women With Ovarian Cancer
- T58. Pilot Study to Assess the Feasibility and Acceptability of Pharmacogenomics Research for Pain Control in Palliative Care
- ① T59. Leveraging a Palliative Care Quality Improvement Tool to Assess Appetite-Related Patient and Caregiver Needs
- T60. Health-Related Quality of Life in Older Adult Cancer Survivors
- G T61. Visual Function, Ocular Symptoms, and Health-Related Quality of Life in Head and Neck Cancer Patients After Cancer Treatment
- T62. Spirituality Buffers Effect of Cancer-Specific Stress on Cortisol Function and Health-Related Quality of Life Among Colorectal Cancer Patients
- T63. Perceived Barriers to Mental Health Care in Oncology Settings Throughout Southeastern Europe
- ① T64. Depression and Psychosocial Support Service Utilization Among Lung Cancer Patients
- ① T65. Clinical Assessment of Cognitive Function in Head and Neck Cancer

- G T66. Age Related Differences in Patient Satisfaction, Supportive Care, and Health Related Quality of Life in Cancer Patients
- T67. Prevalence and Predictors of Fear of Recurrence Among Adult Patients With Cancer
- T68. Examining Perceived and Objective Cognition in Daily Life Among Breast Cancer Survivors
- 169. Psychological Disturbances and Perception of Disease in Patients With Hematological Malignancies
- T70. Young Adult Survivors of Childhood Cancer: Identity and Disclosure
- © T71. The Relationship Social Support on Career Readiness on Community Integration in Young Adult CNS Survivors
- T72. Do We Agree on Decisional Conflict? Examining Decisional Conflict in Men With Low Grade Prostate Cancer Eligible for Active Surveillance and Their Close Allies
- T73. The Impact of Patient Role Preference on Decisional Conflict Among Newly Diagnosed Patients With Colorectal Cancer
- 174. Shared Decision Making for Cancer Treatment: Patient Preferences at a Comprehensive Cancer Center

- T75. Hope and Meaning in Life: Do Positive Psychological Factors Predict Psychological Resilience in Cancer Caregivers?
- G T76. The Mutual Effects of Spiritual Well-Being on Quality of Life in Hospice Patients With Cancer and Family Caregivers Using the Actor-Partner Interdependence Model
- T77. Clozaril Continuation and Cancer - When Neither Treatment is Optional
- T78. Cancer and Chemotherapy-Related Cognitive Dysfunction in Patients With Breast Cancer: Luria's Neuropsychological Approach
 - T79. Poster Withdrawn
- T80. Palliative Care and the Shared Emotional Distress Between Patient and Caregivers
- T81. Drawing as an Evaluation Tool in Children and Teenager With Cancer
- T82. Exercise Behaviors, Beliefs, and Barriers Among Young Adults Undergoing Hematopoietic Stem Cell Transplantation
- T83. The Negative Effect of Tailoring Behavioral Risk Factors on Intention to Screen for Colorectal Cancer

- 184. Looking Forward: Co-Designing a Psycho-Social Information Program for Patients Completing Active Treatment
- ⚠ T85. Sleep Disturbance in Pre-Blood and Marrow Transplant Patients
- ⚠ T86. Correlations Between Distress and Satisfaction With Life Among Hispanic Cancer Patients From Puerto Rico
- T87. Psychological and Physical Effects of Cancer Treatment on the Sexual Health of Adolescent and Young Adult (AYA) Cancer Survivors With Hematologic Malignancies
- T88. Assessing Childhood Cancer Management Related Symptoms
- T89. Risk Factors of Poor Social Adjustment in Long-Term Survivors of Allogeneic Hematopoietic Stem Cell Transplantation (aHSCT)
- G T90. Creative Psycho-Educational Interventions to Disseminate Treatment Information to Aging Adult Cancer Patients and Their Caregivers
- ⚠ T91. Homophily: The Role of Influential Others in Prostate Cancer Treatment Decision Making

POSTER SESSION II Check the mobile app for authors and abstracts.

- F1. Psychological and Physical Symptom Improvement After a 6-Week Personalized Physical Activity Program (PPAP) Among Head and Neck Cancer (HNC) Patients
- Perceived Social Support Effectiveness: A Dyadic Predictor of Psychosocial Distress in Patients Undergoing Autologous Hematopoietic Stem Cell Transplant (HSCT)
- A F3. Changing Tides in Research: Use of Online Participant Recruitment to Examine Cancer Caregivers' Distress
- F4. Cancer Caregiver Distress, Depression, and Anxiety: The Mediating Role of Resilience
- 4th Angel Pediatric Caregiver Mentoring Program: Cleveland Clinic Pilot
- F6. How Does Cancer Stage Influence Parenting Concerns? Parenting Concerns Questionnaire Scores in Adults With Metastatic and Non-Metastatic Cancer
- F7. Use of a Technology-Based Communication Intervention in the Critical Care Setting: Nurses' Perceptions
- A F8. Cancer Clinical Studies: An Online Educational Resource
- PF9. Navigating Personal and Professional Self-Disclosure in the 21st Century Social Media World for Young Breast Cancer Survivors

- ⚠ F10. Genetic Profiles and Their Role in a Mindfulness-Based Stress Reduction Program for Breast Cancer Survivors (MBSR(BC))
- ⚠ F11. A Three Arm Randomized
 Controlled Trial on the
 Efficacy of Mindfulness
 Based Stress Reduction
 Treatment on Cognitive
 Impairment Among Breast
 Cancer Survivors
- F12. Psychological Distress and Attrition in Patients Receiving Computer-Delivered Supportive Interventions for Symptom Management During Treatment for Advanced Lung Cancer
- A F13. Adaptation of Emotion Regulation Therapy for Cancer Caregivers (ERT-C)
 - F14. Poster Withdrawn
- F15. Systematic REVIEW: Behavioral Interventions' Strategies to Improve Quality of Life in Latino Cancer Patients
- P F16. Self-Assessment for Competency and Educational Needs Among Pediatric Resident on End-Of-Life Care
- G F17. Distress Thermometer as a Predictor for Posttraumatic Stress Symptoms in Geriatric Patients With Cancer: Findings From the Patient Care Connect Program

- © F18. Do Patient Characteristics
 Determine Cancer Screening
 Recommendations for
 Community Dwelling Older
 Adults?
- F19. Coping of Hospitalization, Ailment and Treatment (COPHAT): Design and Assessment of an Instrument for Parents and Hospitalized Children and Adolescents
- P20. Meditation as Complementary Care for Ethnic Minority Breast Cancer Survivors (BCS): A Systematic Review
- P521. Neuropsychological and Psychiatric Functioning in Hispanic and Non-Hispanic Patients With Cancer Seeking Hematopoietic Stem Cell Transplantation
- F22. Smoking Cessation Interventions for Black and Hispanic Cancer Patients: A Systematic Review of Tobacco Trials
- F23. Cultural Adaptation of Meaning Centered Psychotherapy for Latinos: Providers Perspective
- G F24. Neighborhood Disadvantage and Beliefs Regarding Cancer Screening Effectiveness

- G F25. Achieving Equity by
 Addressing Recruitment
 Challenges and Successes
 in Qualitative Research With
 Older Latinos With Cancer
- P26. Development of a New Ambulatory Psycho-Oncology Program in a Community Teaching Hospital: Descriptive and Comparative Dimensions
- F27. Mcgill Body Image Concerns Scale (MBICS-HNC) for Use in Head and Neck Oncology: Full Validation Using Classical Test Theory and Rash Measurement Theory
- P28. Be an Ambassador for Psychology: Building a Psycho-Oncology Program
- A F29. Inflammation and Depression in Advanced Cancer Patients With a Pain, Fatigue, and Sleep Disturbance Symptom Cluster
- A F30. Quantifying the Complexity of Oral Oncolytic Regimens
- F31. Utility of Revised Edmonton Symptom Assessment System (ESAS-R) and Patient Reported Functional Status (PRFS) in North Indian Patients With Lung Cancer
- F32. MH-SCAN: Results From a Pilot Program to Implement Mental Health Screening, Assessment, and Navigation in a Community-Based Cancer Center

- Program to Pediatric
 Oncology Patient
- P34. Screening Pediatric Oncology Patients for Psychiatric Disorders: More Than One Challenging Conversation
- P F35. Development and Implementation of a Pilot Physical Activity Program for Adolescents and Young Adults
- F36. Smoking Health Knowledge as a Predictor of Smoking Status Among Undergraduates
- A F37. Development and Evaluation of a Holistic Surgical Head and Neck Cancer Follow-Up Clinic Using Touchscreen Technology to Focus the Post-Treatment Consultation
- A F38. Relationship Between Depression and Cognitive Performance, as Measured by the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- A F39. StressProffen: Developing and Pilot Testing a Stress Management Intervention App for Patients With Cancer
- F40. Differences in Anxiety and Depression Symptoms in Head and Neck Oncology Patients Beginning Their Cancer Care

- ♠ F41. Living the Relationship You
 Always Wanted: A Gender
 Strengths-Based Group
 Therapy Model for Couples
 Coping With Cancer

 ♠ F41. Living the Relationship You
 Always

 Always
- F42. Age Differences in Health Effects of Expressive Writing Interventions Among Chinese American Breast Cancer Survivors: Results From a Randomized Controlled Trail
- F43. Using a Psychiatry Residency Program to Address the Immediate to Short Term Psychosocial Needs of Oncology Patients
- F44. Cancer as a Precipitating Factor Among Suicide Decedents in the United States (2004-2013)
- G F45. Cancer and Dissociative Identity Disorder: Healing Through a Biopsychosocial Model of Practice
- F46. Integrating the Cellie Coping Kit for Children With Cancer Into Standard Care
- F47. Comparing Quality of Life in BMT Versus General Oncology Patients
- F48. Relationship of Weight Loss to Distress and Quality of Life in Head and Neck Cancer
- A F49. Quality of Life Among Survivors of Pelvic Exenteration for Gynecologic Cancer

- F50. Health-Related Stigma in Advanced Lung Cancer: Associations With Physical Symptoms, Psychological Symptoms, Social Support and Quality of Life
- F51. Development of a Brief Self-Administered mHealth Assessment Tool for Cancer-Related Distress and High-Risk Behavior
- F52. Psychosocial Outcomes of a Caregiver Delivered Intervention
- G F53. How do Premalignant Conditions Impact Health and Wellbeing? A Mixed Methods Systematic Review
- F54. School and Social Quality of Life in Adolescent Cancer Survivors
- F55. Distress Screening for Program Building: Similarities and Differences Among Patient Populations
- F56. Social Support Needs of Young Metastatic Breast Cancer Patients
- P57. Pink Platoon: Creating a One-Day Boot Camp to Meet the Needs of Rural Breast Cancer Survivors
 - F58. Poster Withdrawn
- F59. Health Equity and Socioeconomic Disparities in Aging Female HSCT Survivors

- F60. Differences in Treatment Equity Among Newly Diagnosed Patients With Colorectal Cancer
- G F62. Paradigm Shift: New Options for Psychosocial Support Among Older Breast Cancer Survivors Deciding About Persisting With Aromatase Inhibitors
 - F63. Poster Withdrawn
- P64. What about Boys? A Review of Barriers to Gardasil®
 Uptake as Reported by
 Boys, Young Men, and Their
 Parents
- F65. Facilitators and Barriers to Persistence With Aromatase Inhibitors in Older Breast Cancer Survivors
- P66. Bereavement Service Preferences of Surviving Family Members at the Ohio State University Wexner Medical Center
- P F67. Parent Resolution of Pediatric Cancer Diagnosis
- F68. Palliative Care and Euthanasia in Quebec, Canada: Ethical Challenges in Achieving Equity of Care for All

- F69. Lifeworld-Led Interventions With Geriatric Oncology Patients: A Case Study
- F70. Systematic Review of Tobacco Use Among Black and Hispanic Cancer Patients
- F71. Using a Business Model Approach to Translate an Evidence-Based Smoking Cessation Intervention in Cancer Care
- F72. The Cross-Cultural Adaptation of Voicing My Choices for Brazilian Young Adults Living With Cancer
- PF73. Long-Term Changes in Self-Esteem and Value Orientations After Antineoplastic Therapy in Childhood
- F74. Predicting Social Withdrawal in Pediatric Brain Tumor Survivors
- F75. Effectiveness of a Group-Based Intervention to Facilitate Posttraumatic Growth in Women With Non-Metastatic Breast Cancer
- F76. Correlations Between Distress and Functioning in Male and Female BMT Patients

- F77. Self-Efficacy and Negative Mood as Predictors of Symptom Distress Among African American Prostate Cancer Survivors
- ♠ F78. Anxiety and Intensity of Cancer-Related Physical Symptoms in Hispanic Cancer Patients From Puerto Rico
- F79. Understanding Sleep Disturbance in Patients Utilizing Psycho-Oncology Services
- F80. An Exploration of Physical versus Emotional Distress Symptoms in Patients Referred for Psycho-Oncology Services
- A F81. Comparison of Sexual Life Between People With Stable Chronic Diseases and Cancer Survivors
- F82. The Role of Stressful Life Events on the Cortisol Secretion Patterns of Breast Cancer Survivors
- F83. Process for Identification and Care Planning of High Risk Psychosocial Candidates for Blood and Marrow Transplant

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APOS membership brings together 500+ multidisciplinary practitioners and scientists from psychiatry, psychology, social work, nursing, oncology, clergy, patient advocacy, and social and behavioral health fields



READ & RESEARCH



Psycho-Oncology: Journal of the Psychological, Social and Behavioral Dimensions of Cancer



Quick reference handbooks for professionals working with adult, pediatric and geriatric cancer patients.



Psycho-Oncology textbook, published in collaboration with IPOS.



FIND YOUR FIT

Special Interest Groups (SIGs) allow cross-disciplinary professionals to collaborate and network.

- Bereavement
- Cancer Caregivers
- E-Health
- Health Equity and Cultural Diversity
- Integrative Medicine
- Pediatrics
 - Psychiatric Oncology
- Sexual & Reproductive Health
- Spirituality

Mentoring opportunities build connections for APOS members to learn from each other and further develop their careers.



CANCER SUPPORT HELPLINE

Part of the Cancer Support Helpline® (affiliated with the Cancer Support Community), APOS's Helpline (1-866-APOS-4-HELP) is a national resource to help people with cancer and their caregivers find emotional support in their own communities.